

National Secondary School Athletics Championships
2008/03/28

Result per Age

G-15

13	G-15	100 m	/ 100 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN004	582	JUSTINE PALFRAMAN	Kwazulu Natal	1	00:12.35	876	E	
NCP028	946	PHILLIPA VD MERWE	Northern Cape Province	1	00:12.49	841	E	
WCP016	1153	FRANCIS MAARTINS	Western Cape	1	00:12.65	803	E	
GAU027	374	CHANTE VAN TONDER	Gauteng	1	00:12.34	878	E	
FSA153	299	M KLEYNHANS	Free State	2	00:12.81	767	E	
FSA131	277	ANJA TALJAARD	Free State	2	00:12.50	838	E	
GAU013	360	ZANRI VD MERWE	Gauteng	2	00:12.62	810	E	
GAU003	350	SIMONE LUBBE	Gauteng	2	00:12.47	845	E	
FSA152	298	CHARNE PRINSLOO	Free State	3	00:12.81	767	E	
WCP009	1146	ANE FOURIE	Western Cape	3	00:12.67	798	E	
MPU116	907	ZHANE MATTHEUS	Mpumalanga	3	00:12.58	819	E	
MPU115	906	SULINDA HEINE	Mpumalanga	3	00:12.87	754	E	
FSA155	301	ELIZMARI KRIEL	Free State	4	00:12.62	810	E	
LIM013	702	ANITA VAN TONDER	Limpopo	4	00:12.90	748	E	
KZN005	583	PAIGE SANDERS	Kwazulu Natal	4	00:12.92	743	E	
NWP001	994	ULDIE VD MERWE	North West Province	4	00:12.95	737	E	
LIM004	693	VALENTINE MANYASA	Limpopo	5	00:13.19	689	E	
NCP023	941	S FLOORS	Northern Cape Province	5	00:13.00	727	E	
WCP034	1171	STACY WELSCH	Western Cape	5	00:12.68	796	E	
ECA016	15	SUZAAN STEYN	Eastern Cape	6	00:13.80	580	E	
MPU117	908	NONTO NKOSI	Mpumalanga	6	00:13.82	576	E	

48	G-15	100 m	/ 100 m	68:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN004	582	JUSTINE PALFRAMAN	Kwazulu Natal	1	00:12.23	908	1.3	E
GAU027	374	CHANTE VAN TONDER	Gauteng	1	00:12.42	858	1.1	E
NCP028	946	PHILLIPA VD MERWE	Northern Cape Province	2	00:12.34	878		E
GAU003	350	SIMONE LUBBE	Gauteng	2	00:12.44	853		E
FSA155	301	ELIZMARI KRIEL	Free State	3	00:12.36	873		E
GAU013	360	ZANRI VD MERWE	Gauteng	3	00:12.46	848		E
FSA131	277	ANJA TALJAARD	Free State	4	00:12.61	812		E
WCP009	1146	ANE FOURIE	Western Cape	4	00:12.58	819		E
WCP016	1153	FRANCIS MAARTINS	Western Cape	5	00:12.71	789		E
MPU116	907	ZHANE MATTHEUS	Mpumalanga	5	00:12.62	810		E
FSA153	299	M KLEYNHANS	Free State	6	00:12.88	752		E
LIM013	702	ANITA VAN TONDER	Limpopo	6	00:12.86	756		E
WCP034	1171	STACY WELSCH	Western Cape	7	00:12.86	756		E
MPU115	906	SULINDA HEINE	Mpumalanga	7	00:12.89	750		E

83	G-15	100 m	/ 100 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU013	360	ZANRI VD MERWE	Gauteng	1	00:12.24	905	0.6	E
GAU027	374	CHANTE VAN TONDER	Gauteng	2	00:12.31	886	0.6	E
GAU003	350	SIMONE LUBBE	Gauteng	3	00:12.37	871	0.6	E
KZN004	582	JUSTINE PALFRAMAN	Kwazulu Natal	4	00:12.42	858	0.6	E
NCP028	946	PHILLIPA VD MERWE	Northern Cape Province	5	00:12.50	838	0.6	E
FSA131	277	ANJA TALJAARD	Free State	6	00:12.57	821	0.6	E
FSA155	301	ELIZMARI KRIEL	Free State	7	00:12.66	800	0.6	E
WCP009	1146	ANE FOURIE	Western Cape	8	00:12.75	780	0.6	E

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104	G-15	200 m	/ 200 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN004	582	JUSTINE PALFRAMAN	Kwazulu Natal	1	00:25.16	881	0.0	E
GAU015	362	SAMANTHA BOWYER	Gauteng	1	00:25.13	885	0.1	E
GAU013	360	ZANRI VD MERWE	Gauteng	1	00:26.08	774	0.0	E
FSA155	301	ELIZMARI KRIEL	Free State	2	00:26.22	759		E
GAU003	350	SIMONE LUBBE	Gauteng	2	00:25.39	853		E
MPU116	907	ZHANE MATTHEUS	Mpumalanga	2	00:25.93	790		E
LSE005	792	MAREIKE WOLHUTER	LSEN	3	00:26.65	715		E
WCP009	1146	ANE FOURIE	Western Cape	3	00:25.81	803		E
WCP005	1142	JONELLE BURNET	Western Cape	3	00:26.26	755		E
FSA152	298	CHARNE PRINSLOO	Free State	4	00:26.32	748		E
NCP028	946	PHILLIPA VD MERWE	Northern Cape Province	4	00:25.90	793		E
MPU115	906	SULINDA HEINE	Mpumalanga	4	00:26.79	701		E
LIM012	701	GLENIZE VAN ROOYEN	Limpopo	5	00:26.82	698		E
NWP001	994	ULDIE VD MERWE	North West Province	5	00:26.96	685		E
WCP016	1153	FRANCIS MAARTINS	Western Cape	5	00:26.40	740		E
LIM004	693	VALENTINE MANYASA	Limpopo	6	00:27.16	666		E
LIM013	702	ANITA VAN TONDER	Limpopo	6	00:26.86	695		E
WCP001	1138	SHANNON ARENDSE	Western Cape	6	00:27.08	674		E
NCP023	941	S FLOORS	Northern Cape Province	7	00:27.29	655		E
NCP022	940	ANÉL BRITS	Northern Cape Province	7	00:28.18	579		E

136	G-15	200 m	/ 200 m	68:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN004	582	JUSTINE PALFRAMAN	Kwazulu Natal	1	00:25.00	902	1.8	E
GAU015	362	SAMANTHA BOWYER	Gauteng	1	00:25.08	892	1.7	E
WCP009	1146	ANE FOURIE	Western Cape	2	00:25.83	801		E
GAU003	350	SIMONE LUBBE	Gauteng	2	00:25.41	850		E
GAU013	360	ZANRI VD MERWE	Gauteng	3	00:25.48	842		E
MPU116	907	ZHANE MATTHEUS	Mpumalanga	3	00:26.09	773		E
FSA155	301	ELIZMARI KRIEL	Free State	4	00:26.17	764		E
NCP028	946	PHILLIPA VD MERWE	Northern Cape Province	4	00:25.76	809		E
WCP005	1142	JONELLE BURNET	Western Cape	4	00:26.14	767		E
LSE005	792	MAREIKE WOLHUTER	LSEN	5	00:26.80	700		E
MPU115	906	SULINDA HEINE	Mpumalanga	5	00:26.14	767		E
LIM012	701	GLENIZE VAN ROOYEN	Limpopo	6	00:26.84	696		E
LIM013	702	ANITA VAN TONDER	Limpopo	6	00:26.65	715		E
FSA152	298	CHARNE PRINSLOO	Free State	7	00:26.87	694		E
NWP001	994	ULDIE VD MERWE	North West Province	8	00:27.00	681		E

166	G-15	200 m	/ 200 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU013	360	ZANRI VD MERWE	Gauteng	1	00:24.79	930		E
GAU003	350	SIMONE LUBBE	Gauteng	2	00:24.92	913		E
GAU015	362	SAMANTHA BOWYER	Gauteng	3	00:24.95	909		E
KZN004	582	JUSTINE PALFRAMAN	Kwazulu Natal	4	00:25.01	901		E
WCP009	1146	ANE FOURIE	Western Cape	5	00:25.62	825		E
FSA155	301	ELIZMARI KRIEL	Free State	6	00:26.18	763		E
MPU116	907	ZHANE MATTHEUS	Mpumalanga	7	00:26.47	733		E
NCP028	946	PHILLIPA VD MERWE	Northern Cape Province	8	00:26.66	714		E

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21	G-15	400 m	/ 400 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LSE005	792	MAREIKE WOLHUTER	LSEN	1	00:58.07	831	E	
GAU008	355	PETUNIA OBISI	Gauteng	1	00:57.29	873	E	
GAU010	357	ANRI STEYN	Gauteng	1	00:57.23	876	E	
ECA015	14	LIZE-ANN STEYN	Eastern Cape	2	00:57.62	855	E	
WCP002	1139	CHARNE AUGUSTYN	Western Cape	2	00:59.18	776	E	
WCP011	1148	SUNET JACOBS	Western Cape	2	00:57.77	847	E	
FSA132	278	MARLI ODENDAAL	Free State	3	00:59.38	766	E	
LIM012	701	GLENIZE VAN ROOYEN	Limpopo	3	00:59.53	759	E	
GAU004	351	THATO MAKHAFOLA	Gauteng	3	00:58.52	808	E	
WCP019	1156	TAMLYN ANDREWS	Western Cape	4	00:61.26	683	E	
NWP002	995	SHIREEN WELMAN	North West Province	4	00:60.11	733	E	
MPU105	896	ROCHELLE BOON	Mpumalanga	4	00:61.73	664	E	
LIM006	695	MAHLATSE MODIBA	Limpopo	5	00:65.53	526	E	
KZN007	585	HAAPPINESS MTHEMBU	Kwazulu Natal	5	00:62.09	650	E	
KZN008	586	NOKWANDA MBATHA	Kwazulu Natal	5	00:64.76	552	E	
LIM005	694	KARABO MASHABELA	Limpopo	6	00:65.48	527	E	
LIM003	692	MAKOBOTSENG LEBOTSA	Limpopo	6	00:65.00	543	E	

61	G-15	400 m	/ 400 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA015	14	LIZE-ANN STEYN	Eastern Cape	1	00:56.52	917	E	
WCP011	1148	SUNET JACOBS	Western Cape	2	00:56.80	901	E	
GAU008	355	PETUNIA OBISI	Gauteng	3	00:56.81	900	E	
GAU010	357	ANRI STEYN	Gauteng	4	00:56.81	900	E	
GAU004	351	THATO MAKHAFOLA	Gauteng	5	00:57.06	886	E	
FSA132	278	MARLI ODENDAAL	Free State	6	00:58.35	817	E	
WCP002	1139	CHARNE AUGUSTYN	Western Cape	7	00:59.06	782	E	
LSE005	792	MAREIKE WOLHUTER	LSEN	8	00:59.50	761	E	

125	G-15	800 m	/ 800 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA134	280	FELICIA MOFOKENG	Free State	1	02:18.14	821	E	
LIM014	703	ADELE VERMAAK	Limpopo	1	02:19.39	794	E	
ECA015	14	LIZE-ANN STEYN	Eastern Cape	2	02:18.15	821	E	
GAU005	352	MASABATA MATOANE	Gauteng	2	02:19.90	783	E	
GAU004	351	THATO MAKHAFOLA	Gauteng	3	02:18.16	820	E	
GAU030	377	DORICIA LE ROUX	Gauteng	3	02:20.13	779	E	
FSA133	279	LEBOHANG DHLAMINI	Free State	4	02:18.17	820	E	
WCP011	1148	SUNET JACOBS	Western Cape	4	02:22.42	733	E	
MPU120	911	MARIKE VERMAAK	Mpumalanga	5	02:18.78	807	E	
MPU114	905	CHARLIZE GROVE	Mpumalanga	5	02:23.02	722	E	
FSA135	281	SYLVIA DIBAKWANE	Free State	6	02:22.79	726	E	
MPU108	899	MARIKE DE JAGER	Mpumalanga	6	02:23.60	711	E	
WCP004	1141	SUZANNE BROODRYK	Western Cape	7	02:23.65	710	E	
NWP014	1007	M MENTZ	North West Province	7	02:25.41	678	E	
LIM015	704	CAROLINE YENDELL	Limpopo	8	02:24.44	695	E	
NWP003	996	CHANTEL CATO	North West Province	8	02:32.38	565	E	
ECA009	8	NOKUBONGA SAMELA	Eastern Cape	9	02:38.54	477	E	
KZN011	589	HAPPINESS TEMBE	Kwazulu Natal	10	02:50.36	334	E	

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154	G-15	800 m	/ 800 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA015	14	LIZE-ANN STEYN	Eastern Cape	1	02:13.63	928	E	
FSA134	280	FELICIA MOFOKENG	Free State	2	02:14.10	916	E	
FSA133	279	LEBOHANG DHLAMINI	Free State	3	02:14.26	912	E	
GAU004	351	THATO MAKHAFOLA	Gauteng	4	02:16.33	862	E	
GAU005	352	MASABATA MATOANE	Gauteng	5	02:17.51	835	E	
GAU030	377	DORICIA LE ROUX	Gauteng	6	02:17.81	828	E	
MPU120	911	MARIKE VERMAAK	Mpumalanga	7	02:17.82	828	E	
LIM014	703	ADELE VERMAAK	Limpopo	8	02:17.83	828	E	

32	G-15	1500 m	/ 1500 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU007	354	MARINDA NEL	Gauteng	1	05:02.22	668	E	
GAU012	359	SILVIA TSETLANYANE	Gauteng	1	04:46.97	810	E	
GAU005	352	MASABATA MATOANE	Gauteng	2	04:48.10	799	E	
MPU120	911	MARIKE VERMAAK	Mpumalanga	2	05:02.23	668	E	
FSA134	280	FELICIA MOFOKENG	Free State	3	04:50.51	774	E	
FSA133	279	LEBOHANG DHLAMINI	Free State	3	05:02.39	667	E	
ECA012	11	NOMVUSELELO SITSHAKA	Eastern Cape	4	05:05.53	641	E	
MPU114	905	CHARLIZE GROVE	Mpumalanga	4	05:02.57	665	E	
WCP028	1165	CHANE STADLER	Western Cape	5	05:09.11	612	E	
GAU009	356	MAMPIELO SIBANDA	Gauteng	5	05:02.57	665	E	
KZN010	588	MBALI MOEKOENA	Kwazulu Natal	6	05:04.41	650	E	
NWP004	997	LAUNE MEYER	North West Province	6	05:21.59	522	E	
NCP027	945	DALEEN-MARIE STEYN	Northern Cape Province	7	05:23.99	505	E	
WCP017	1154	LU-MAE MALAN	Western Cape	7	05:06.29	635	E	

67	G-15	1500 m	/ 1500 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU005	352	MASABATA MATOANE	Gauteng	1	04:43.68	846	E	
FSA133	279	LEBOHANG DHLAMINI	Free State	2	04:44.80	833	E	
GAU007	354	MARINDA NEL	Gauteng	3	04:45.03	831	E	
FSA134	280	FELICIA MOFOKENG	Free State	4	04:45.26	828	E	
GAU009	356	MAMPIELO SIBANDA	Gauteng	5	04:49.67	783	E	
MPU120	911	MARIKE VERMAAK	Mpumalanga	6	04:52.09	759	E	
MPU114	905	CHARLIZE GROVE	Mpumalanga	7	04:59.32	693	E	
GAU012	359	SILVIA TSETLANYANE	Gauteng	8	05:36.92	423	E	

36	G-15	90 m Hekkie	/ 90 m Hurdles	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP031	1168	TANYA VD BERG	Western Cape	1	00:13.27	851	0.5	E
GAU002	349	MARYKE BRITS	Gauteng	1	00:12.98	923	0.3	E
FSA137	283	LIRISKA BOTHA	Free State	2	00:13.08	897		E
GAU001	348	ELIZNA BOTHA	Gauteng	2	00:13.58	782		E
FSA153	299	M KLEYNHANS	Free State	3	00:13.63	772		E
GAU019	366	MELISSA HARMSE	Gauteng	3	00:13.33	837		E
FSA136	282	SUME OTTO	Free State	4	00:13.72	754		E
MPU110	901	ANNUSCHKA DU PLESSIS	Mpumalanga	4	00:13.92	715		E
WCP003	1140	GERGIA BIET	Western Cape	5	00:14.19	666		E
MPU103	894	AMANDIA ALBERTS	Mpumalanga	5	00:13.90	719		E
WCP027	1164	MARISKA SMIT	Western Cape	6	00:14.00	700		E
MPU113	904	JUNE GEYSER	Mpumalanga	6	00:14.41	628		E
ECA005	4	MERISSA JANSE V RENSBURG	Eastern Cape	7	00:14.46	620		E
NWP005	998	MARIETJIE NEL	North West Province	7	00:14.46	620		E
LIM001	690	SHANON ECKMAN	Limpopo	8	00:14.74	575		E

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77	G-15	90 m Hekkie	/ 90 m Hurdles	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU002	349	MARYKE BRITS	Gauteng	1	00:12.95	930	0.0	E
FSA137	283	LIRISKA BOTHA	Free State	2	00:13.15	880		E
WCP031	1168	TANYA VD BERG	Western Cape	3	00:13.22	863		E
GAU019	366	MELISSA HARMSE	Gauteng	4	00:13.28	849		E
GAU001	348	ELIZNA BOTHA	Gauteng	5	00:13.47	806		E
FSA153	299	M KLEYNHANS	Free State	6	00:13.93	713		E
FSA136	282	SUME OTTO	Free State	7	00:14.11	680	0.0	E
MPU103	894	AMANDIA ALBERTS	Mpumalanga	8	00:14.15	673		E

118	G-15	300 m Hekkie	/ 300 m Hurdles	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA137	283	LIRISKA BOTHA	Free State	1	00:44.47	775		E
GAU019	366	MELISSA HARMSE	Gauteng	1	00:44.57	769		E
WCP009	1146	ANE FOURIE	Western Cape	2	00:45.42	718		E
NWP005	998	MARIETJIE NEL	North West Province	2	00:45.57	709		E
GAU026	373	ALMARIE VD WALT	Gauteng	3	00:46.63	651		E
WCP031	1168	TANYA VD BERG	Western Cape	3	00:45.66	704		E
LIM009	698	MARINA SWANEPOEL	Limpopo	4	00:45.68	703		E
NWP006	999	MICHELLE BURGER	North West Province	4	00:46.80	642		E
LIM011	700	LEONETTE VAN RENSBURG	Limpopo	5	00:47.42	610		E
GAU031	378	DANTE MULLER	Gauteng	5	00:46.70	647		E
ECA017	16	HELGE WILLEMSE	Eastern Cape	6	00:47.37	613		E
WCP018	1155	LIZE MAREE	Western Cape	6	00:47.57	603		E
KZN013	591	NOKWAZI NKABINDE	Kwazulu Natal	7	00:48.03	581		E
MPU103	894	AMANDIA ALBERTS	Mpumalanga	7	00:48.15	575		E
FSA136	282	SUME OTTO	Free State	8	00:48.38	564		E
WCP025	1162	ARIETTE SMIT	Western Cape	8	00:49.24	525		E

145	G-15	300 m Hekkie	/ 300 m Hurdles	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP009	1146	ANE FOURIE	Western Cape	1	00:44.16	795		E
FSA137	283	LIRISKA BOTHA	Free State	2	00:44.19	793		E
GAU019	366	MELISSA HARMSE	Gauteng	3	00:44.35	783		E
GAU031	378	DANTE MULLER	Gauteng	4	00:46.03	683		E
NWP005	998	MARIETJIE NEL	North West Province	5	00:46.28	670		E
LIM009	698	MARINA SWANEPOEL	Limpopo	6	00:46.87	638		E
WCP031	1168	TANYA VD BERG	Western Cape	7	00:47.84	590		E

4	G-15	5000 m Stap	/ 5000 m Walk	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA150	296	M BENEKE	Free State	1	29:45.91	769		H
FSA149	295	J MEIRING	Free State	2	30:01.34	745		H
WCP013	1150	ALIDA KRUGER	Western Cape	3	31:18.47	636		H
FSA151	297	TANIA STRYDOM	Free State	4	31:20.66	634		H
NWP013	1006	MICHELLE VIVIERS	North West Province	5	31:30.74	621		H
WCP007	1144	JULIANA DE KELRK	Western Cape	6	31:35.56	615		H
WCP022	1159	TRUIDI-LEE SCHOEMAN	Western Cape	7	31:40.63	608		H

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173	G-15	4X100 m Aflos	/ 4X100 m Relay	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA06	572	GAUTENG	Gauteng	1	00:48.90	992		E	
WCPA06	1353	WESTERN CAPE	Western Cape	2	00:49.90	923		E	
FSAA06	341	FREE STATE	Free State	3	00:50.14	907		E	
LIMA06	781	LIMPOPO	Limpopo	4	00:50.48	885		E	
KZNA01	679	KWAZULU NATAL	Kwazulu Natal	5	00:52.19	784		E	
NWPA06	1131	NORTH WEST	North West Province	6	00:52.54	765		E	

92	G-15	1000m Medley	/ 1000m Medley	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA12	578	GAUTENG	Gauteng	1	02:18.40	1020		H	R
WCPA12	1359	WESTERN CAPE	Western Cape	2	02:18.60	1015		H	R
FSAA12	347	FREE STATE	Free State	3	02:19.00	1005		H	R
NWPA12	1137	NORTH WEST	North West Province	4	02:19.00	1005		H	R

9	G-15	Hoogspring	/ High Jump	68:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA001	1	AIDAN BATTISON	Eastern Cape	1	1.61	779		E	
ECA013	12	NICOLE SMITH	Eastern Cape	1	1.64	816		E	
FSA154	300	MICHELLE DOUBELL	Free State	1	1.57	731		E	
KZN006	584	TONI CANHAN	Kwazulu Natal	1	1.65	828		E	
WCP006	1143	VALENTINE DA ROCIA	Western Cape	1	1.55	707		E	
WCP024	1161	ALISHA SMALL	Western Cape	1	1.55	707		E	
WCP008	1145	RONEL ERASMUS	Western Cape	1	1.55	707		E	
NWP015	1008	DANICA MITCHELL	North West Province	1	1.60	767		E	
NWP007	1000	SALOME VAN HEERDEN	North West Province	1	1.62	791		E	
GAU028	375	INGE VILJOEN	Gauteng	1	1.60	767		E	
GAU024	371	FRANCES SEELIGER	Gauteng	1	1.65	828		E	
GAU033	380	IZELLE VREY	Gauteng	1	1.55	707		E	
MPU112	903	WILNA GERMISHUYS	Mpumalanga	1	1.55	707		E	
MPU118	909	ANRE REMS	Mpumalanga	1	1.60	767		E	
MPU109	900	MONIQUE DE VILLIERS	Mpumalanga	1	1.55	707		E	

157	G-15	Hoogspring	/ High Jump	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU024	371	FRANCES SEELIGER	Gauteng	1	1.65	828		E	
KZN006	584	TONI CANHAN	Kwazulu Natal	2	1.60	767		E	
NWP015	1008	DANICA MITCHELL	North West Province	2	1.60	767		E	
NWP007	1000	SALOME VAN HEERDEN	North West Province	2	1.60	767		E	
GAU028	375	INGE VILJOEN	Gauteng	5	1.60	767		E	
WCP006	1143	VALENTINE DA ROCIA	Western Cape	6	1.60	767		E	
WCP024	1161	ALISHA SMALL	Western Cape	7	1.60	767		E	

117	G-15	Paalspring	/ Pole Vault	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP012	1149	TARHIRAH KOZAIN	Western Cape	1	2.80	795		E	
WCP026	1163	JAETTE SMIT	Western Cape	2	2.70	725		E	
GAU016	363	RAUGME BRINK	Gauteng	3	2.20	363		E	

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73	G-15	Verspring	/ Long Jump	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU002	349	MARYKE BRITS	Gauteng	1	5.90	943	E	R
GAU013	360	ZANRI VD MERWE	Gauteng	2	5.85	936	E	R
WCP015	1152	CATHRINE LOUBSER	Western Cape	3	5.32	807	E	
FSA144	290	DANELLE ERWEE	Free State	4	5.17	752	E	
ECA001	1	AIDAN BATTISON	Eastern Cape	5	5.12	733	E	
MPU103	894	AMANDIA ALBERTS	Mpumalanga	6	5.06	711	E	
GAU017	364	HANNELORE DAGUTAT	Gauteng	7	4.99	685	E	
MPU106	897	LUME BRITS	Mpumalanga	8	4.94	666	E	
KZN003	581	MARLE BENADE	Kwazulu Natal	9	4.78	606	E	
MPU113	904	JUNE GEYSER	Mpumalanga	10	4.78	606	E	
LIM010	699	JANSE VAN RENSBURG	Limpopo	11	4.77	602	E	
NWP016	1009	BENICE MITCHELL	North West Province	12	4.69	572	E	
ECA016	15	SUZAAN STEYN	Eastern Cape	13	4.59	533	E	
NWP008	1001	ROSEMARY RUSSEL	North West Province	14	4.55	518	E	
KZN009	587	M POTGIETER	Kwazulu Natal	15	4.45	479	E	

114	G-15	Driesprong	/ Triple Jump	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP015	1152	CATHRINE LOUBSER	Western Cape	1	11.12	928	0.4	E
WCP006	1143	VALENTINE DA ROCIA	Western Cape	2	11.08	926	-1.4	E
GAU017	364	HANNELORE DAGUTAT	Gauteng	3	11.03	922	-0.1	E
FSA144	290	DANELLE ERWEE	Free State	4	10.85	910	0.5	E
GAU028	375	INGE VILJOEN	Gauteng	5	10.82	908	-0.5	E
FSA132	278	MARLI ODENDAAL	Free State	6	10.32	829	0.2	E
WCP033	1170	NADINE VOLKWYN	Western Cape	7	9.93	753	-0.6	E
MPU107	898	CARMEN CROSS	Mpumalanga	8	9.88	744	-1.3	E
FSA145	291	ELSABE VOLSCHENK	Free State	9	9.37	644		E
LIM007	696	EULANDER MODISHA	Limpopo	10	9.33	637		E
FSA146	292	MARIKE CRONJE	Free State	11	9.31	633		E
ECA008	7	CARINA OOSTHUIZEN	Eastern Cape	12	9.21	613		E

164	G-15	Gewigstoot	/ Shot Put	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA138	284	LIETTE VANSCHALKWYK	Free State	1	11.18	687		E
MPU121	912	DANELLE WILLEMSE	Mpumalanga	2	11.14	682		E
KZN002	580	SIMONE MEYER	Kwazulu Natal	3	10.90	653		E
MPU119	910	MARGA VERMAAK	Mpumalanga	4	10.74	634		E
WCP029	1166	ALETTA SWART	Western Cape	5	10.67	625		E
GAU022	369	ANEL LINDE	Gauteng	6	10.56	612		E
WCP020	1157	CHRISMRIE PRINSLOO	Western Cape	7	10.50	605		E
GAU023	370	CHANE MARTIN	Gauteng	8	10.32	584		E
NWP018	1011	DONELIZE DE WINNAAR	North West Province	9	10.13	562		E
NWP010	1003	B NEL	North West Province	10	10.06	554		E
FSA139	285	BIANCA WILLEMSE	Free State	11	9.90	536		E
ECA007	6	CECILE MEYER	Eastern Cape	12	9.73	516		E
MPU111	902	ALETIA FOURIE	Mpumalanga	13	9.65	507		E
ECA010	9	ISCHKE SENEKAL	Eastern Cape	14	9.64	506		E
NCP026	944	R POTTAS	Northern Cape Province	15	9.60	501		E
NWP017	1010	ANIKA LABUSCHAGNE	North West Province	16	9.23	460		E

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31	G-15	Diskusgooi	/ Discus Throw	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN002	580	SIMONE MEYER	Kwazulu Natal	1	41.86	1047		E	
MPU121	912	DANELLE WILLEMSE	Mpumalanga	2	41.45	1015		E	
NCP026	944	R POTTAS	Northern Cape Province	3	38.10	923		E	
FSA138	284	LIETTE VANSCHALKWYK	Free State	4	36.63	885		E	
MPU119	910	MARGA VERMAAK	Mpumalanga	5	36.53	880		E	
GAU006	353	MELISSA MEYER	Gauteng	6	35.33	818		E	
GAU011	358	ANNALIE STRYDOM	Gauteng	7	33.18	719		E	
MPU111	902	ALETIA FOURIE	Mpumalanga	8	31.45	645		E	
MPU104	895	BELINDA BOER	Mpumalanga	9	30.06	588		E	
ECA010	9	ISCHKE SENEKAL	Eastern Cape	10	28.70	534		E	
NWP011	1004	MEGAN COLLINGWOOD	North West Province	11	27.96	505		E	

103	G-15	Spiesgooi	/ Javelin	68:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA006	5	ZANDRE LE ROUX	Eastern Cape	1	32.23	609		E	
ECA002	2	ADRI BOTHA	Eastern Cape	1	30.89	558		E	
FSA140	286	A BASSON	Free State	1	37.02	808		E	
FSA142	288	JANIKE KOTZE	Free State	1	38.62	885		E	
FSA143	289	JANICA GELDENHUYS	Free State	1	35.32	733		E	
FSA141	287	ASHLEY REGAL	Free State	1	32.33	613		E	
LIM001	690	SHANON ECKMAN	Limpopo	1	31.96	598		E	
LIM002	691	LOU-MARI GELDENHUYS	Limpopo	1	34.14	684		E	
WCP030	1167	CARI SWART	Western Cape	1	38.45	876		E	
WCP014	1151	ANSIE LOUBSER	Western Cape	1	32.00	600		E	
WCP023	1160	SULISMA SCHULZ	Western Cape	1	31.70	588		E	
NWP012	1005	CHRISTELLE DE KLERK	North West Province	1	34.12	683		E	
GAU018	365	CARLI GROBBELAAR	Gauteng	1	31.88	595		E	
GAU025	372	LEANDRI SWIEGERS	Gauteng	1	37.22	817		E	
MPU119	910	MARGA VERMAAK	Mpumalanga	1	33.09	642		E	

139	G-15	Spiesgooi	/ Javelin	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU025	372	LEANDRI SWIEGERS	Gauteng	1	42.84	981		E	
FSA142	288	JANIKE KOTZE	Free State	2	40.57	930		E	
WCP030	1167	CARI SWART	Western Cape	3	38.86	897		E	
NWP012	1005	CHRISTELLE DE KLERK	North West Province	4	36.34	777		E	
LIM002	691	LOU-MARI GELDENHUYS	Limpopo	5	34.85	713		E	
ECA006	5	ZANDRE LE ROUX	Eastern Cape	6	34.05	680		E	
FSA140	286	A BASSON	Free State	7	33.92	675		E	
FSA141	287	ASHLEY REGAL	Free State	8	33.59	662		E	
MPU119	910	MARGA VERMAAK	Mpumalanga	9	32.64	625		E	
FSA143	289	JANICA GELDENHUYS	Free State	10	32.57	622		E	
WCP014	1151	ANSIE LOUBSER	Western Cape	11	31.55	583		E	
LIM001	690	SHANON ECKMAN	Limpopo	12	31.34	575		E	

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15	G-17	100 m	/ 100 m	68:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP046	1183	MELISSA HEWITT	Western Cape	1	00:12.15	782	1.2	H	
GAU074	421	ALYSSA CONLEY	Gauteng	1	00:12.26	757	1.1	H	
MPU099	890	MARIZELLE SWART	Mpumalanga	1	00:12.17	777	1.7	H	
FSA052	199	CHERIE STRYDOM	Free State	2	00:12.56	694		H	
GAU081	428	BEVIN SMITH	Gauteng	2	00:12.24	761		H	
MPU088	879	JANINE FAULA	Mpumalanga	2	00:12.47	712		H	
NWP040	1033	SANDRI VOSTER	North West Province	3	00:12.55	696		H	
ECA055	53	ARLENE GOWAR	Eastern Cape	3	00:12.46	714		H	
KZN063	641	KATYN PALFRAMAN	Kwazulu Natal	3	00:12.61	684		H	
ECA064	62	ZASKIA STRUWIG	Eastern Cape	4	00:12.73	660		H	
FSA078	224	AROUCHELLE RHEEDER	Free State	4	00:12.73	660		H	
WCP035	1172	AMY ABEL	Western Cape	4	00:12.46	714		H	
ECA054	52	KEHLY GORGONZOLA	Eastern Cape	5	00:12.79	649		H	
KZN062	640	ELZAAN LYNCH	Kwazulu Natal	5	00:12.85	638		H	
WCP056	1193	LYNETTE MORGAN	Western Cape	5	00:12.65	676		H	
LIM040	728	FLORENCE MOJELA	Limpopo	6	00:13.21	574		H	
NCP047	965	LEANDRE VAN ROOYEN	Northern Cape Province	6	00:12.86	636		H	
NWP041	1034	JANINE PIETERS	North West Province	6	00:12.74	659		H	
FSA083	229	ANREKE OLIVIER	Free State	7	00:13.05	602		H	
LIM037	725	LAUREEN ELS	Limpopo	7	00:12.94	621		H	
NCP045	963	JEANINE MHIJIMA	Northern Cape Province	7	00:13.31	558		H	
KZN072	650	SAMANTHA MURISON	Kwazulu Natal	8	00:12.97	616		H	

50	G-17	100 m	/ 100 m	68:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP046	1183	MELISSA HEWITT	Western Cape	1	00:12.05	865	1.3	E	
GAU074	421	ALYSSA CONLEY	Gauteng	1	00:11.96	889	1.5	E	
GAU081	428	BEVIN SMITH	Gauteng	2	00:12.14	841		E	
MPU099	890	MARIZELLE SWART	Mpumalanga	2	00:12.07	859		E	
ECA055	53	ARLENE GOWAR	Eastern Cape	3	00:12.33	795		E	
WCP035	1172	AMY ABEL	Western Cape	3	00:12.26	812		E	
NWP040	1033	SANDRI VOSTER	North West Province	4	00:12.37	786		E	
MPU088	879	JANINE FAULA	Mpumalanga	4	00:12.39	782		E	
FSA052	199	CHERIE STRYDOM	Free State	5	00:12.41	777		E	
KZN062	640	ELZAAN LYNCH	Kwazulu Natal	5	00:12.39	782		E	
FSA078	224	AROUCHELLE RHEEDER	Free State	6	00:12.61	733		E	
KZN063	641	KATYN PALFRAMAN	Kwazulu Natal	6	00:12.41	777		E	
ECA064	62	ZASKIA STRUWIG	Eastern Cape	7	00:12.64	727		E	
ECA054	52	KEHLY GORGONZOLA	Eastern Cape	7	00:12.76	702		E	

85	G-17	100 m	/ 100 m	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU074	421	ALYSSA CONLEY	Gauteng	1	00:12.06	862	0.9	E	
WCP046	1183	MELISSA HEWITT	Western Cape	2	00:12.09	854	0.9	E	
MPU099	890	MARIZELLE SWART	Mpumalanga	3	00:12.24	817	0.9	E	
ECA055	53	ARLENE GOWAR	Eastern Cape	4	00:12.25	814	0.9	E	
GAU081	428	BEVIN SMITH	Gauteng	5	00:12.25	814	0.9	E	
WCP035	1172	AMY ABEL	Western Cape	6	00:12.45	768	0.9	E	
MPU088	879	JANINE FAULA	Mpumalanga	7	00:12.49	759	0.9	E	
NWP040	1033	SANDRI VOSTER	North West Province	8	00:12.68	718	0.9	E	

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106	G-17	200 m	/ 200 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU081	428	BEVIN SMITH	Gauteng	1	00:24.81	845	0.1	E
GAU074	421	ALYSSA CONLEY	Gauteng	1	00:25.03	819	0.3	E
GAU072	419	IMGARD BENSUSAN	Gauteng	1	00:24.97	826	0.0	E
MPU099	890	MARIZELLE SWART	Mpumalanga	1	00:25.00	822		E
FSA052	199	CHERIE STRYDOM	Free State	2	00:25.89	724		E
FSA054	201	ANSULET POTGIETER	Free State	2	00:24.90	834		E
WCP046	1183	MELISSA HEWITT	Western Cape	2	00:25.13	807		E
WCP066	1203	SONYA VD MERWE	Western Cape	2	00:26.01	712		E
ECA054	52	KEHLY GORGONZOLA	Eastern Cape	3	00:26.29	684		E
ECA055	53	ARLENE GOWAR	Eastern Cape	3	00:26.13	700		E
FSA078	224	AROUCHELLE RHEEDER	Free State	3	00:25.77	736		E
KZN063	641	KATYN PALFRAMAN	Kwazulu Natal	3	00:25.39	777		E
ECA064	62	ZASKIA STRUWIG	Eastern Cape	4	00:26.40	674		E
FSA053	200	MIHANDRA DORFLING	Free State	4	00:26.46	668		E
WCP054	1191	ELIZABETH LOUW	Western Cape	4	00:25.47	768		E
WCP035	1172	AMY ABEL	Western Cape	4	00:25.98	715		E
LIM039	727	CHANEL MALHERBE	Limpopo	5	00:26.74	642		E
NCP047	965	LEANDRE VAN ROOYEN	Northern Cape Province	5	00:26.42	672		E
WCP056	1193	LYNETTE MORGAN	Western Cape	5	00:25.50	765		E
WCP219	1347	LYNETTE DU PLESSIS	Western Cape	5	00:26.41	673		E
LIM040	728	FLORENCE MOJELA	Limpopo	6	00:27.36	588		E
KZN062	640	ELZAAN LYNCH	Kwazulu Natal	6	00:26.74	642		E
NCP045	963	JEANINE MHIJIMA	Northern Cape Province	6	00:27.40	584		E
NWP041	1034	JANINE PIETERS	North West Province	6	00:26.39	675		E

141	G-17	200 m	/ 200 m	68:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA054	201	ANSULET POTGIETER	Free State	1	00:24.57	876	1.2	E
GAU072	419	IMGARD BENSUSAN	Gauteng	1	00:24.60	872	1.5	E
GAU081	428	BEVIN SMITH	Gauteng	2	00:24.78	849		E
MPU099	890	MARIZELLE SWART	Mpumalanga	2	00:24.91	833		E
WCP046	1183	MELISSA HEWITT	Western Cape	3	00:24.96	827		E
GAU074	421	ALYSSA CONLEY	Gauteng	3	00:24.91	833		E
ECA055	53	ARLENE GOWAR	Eastern Cape	4	00:25.23	795		E
KZN063	641	KATYN PALFRAMAN	Kwazulu Natal	4	00:25.33	784		E
FSA078	224	AROUCHELLE RHEEDER	Free State	5	00:25.42	774		E
WCP056	1193	LYNETTE MORGAN	Western Cape	5	00:25.34	783		E
FSA052	199	CHERIE STRYDOM	Free State	6	00:25.50	765		E
WCP054	1191	ELIZABETH LOUW	Western Cape	6	00:25.50	765		E
WCP035	1172	AMY ABEL	Western Cape	7	00:25.62	752		E
WCP066	1203	SONYA VD MERWE	Western Cape	7	00:26.04	709		E
ECA054	52	KEHLY GORGONZOLA	Eastern Cape	8	00:27.86	547		E
NWP041	1034	JANINE PIETERS	North West Province	8	00:25.90	723		E

168	G-17	200 m	/ 200 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU072	419	IMGARD BENSUSAN	Gauteng	1	00:24.31	910	1.6	E
GAU081	428	BEVIN SMITH	Gauteng	2	00:24.50	885	1.6	E
FSA054	201	ANSULET POTGIETER	Free State	3	00:24.62	869	1.6	E
WCP046	1183	MELISSA HEWITT	Western Cape	4	00:24.70	859	1.6	E
MPU099	890	MARIZELLE SWART	Mpumalanga	5	00:24.96	827	1.6	E
KZN063	641	KATYN PALFRAMAN	Kwazulu Natal	6	00:25.27	791	1.6	E
ECA055	53	ARLENE GOWAR	Eastern Cape	7	00:25.29	789	1.6	E

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25	G-17	400 m	/ 400 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP044	1181	MEGGAN GODDARD	Western Cape	1	00:58.51	737	E	
GAU084	431	ANNIKA VAN HUISSTEEN	Gauteng	1	00:58.03	759	E	
GAU085	432	MONIQUE VOSLOO	Gauteng	1	00:58.83	722	E	
FSA055	202	HERMA FOUICHE	Free State	2	00:59.32	701	E	
WCP054	1191	ELIZABETH LOUW	Western Cape	2	00:58.66	730	E	
WCP066	1203	SONYA VD MERWE	Western Cape	2	00:58.17	753	E	
FSA056	203	LIZANNE VD WATT	Free State	3	00:59.07	712	E	
NWP053	1046	ULRICKE RAUTENBACH	North West Province	3	00:60.19	664	E	
NWP042	1035	JOANNE BEZUIDENHOUT	North West Province	3	00:58.46	739	E	
ECA047	45	MARIANKA BENADIE	Eastern Cape	4	00:58.92	718	E	
WCP219	1347	LYNETTE DU PLESSIS	Western Cape	4	00:60.23	662	E	
MPU095	886	STEFANIE PAUL	Mpumalanga	4	00:59.08	711	E	
LIM035	723	ANNUSCHKA DE BEER	Limpopo	5	00:59.55	691	E	
KZN068	646	HAPPINESS MKHIZE	Kwazulu Natal	5	00:59.51	692	E	
NCP049	967	MONIQUE VD MERWE	Northern Cape Province	5	00:66.69	436	E	
FSA079	225	IZEL BUYS	Free State	6	00:59.93	675	E	

63	G-17	400 m	/ 400 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU084	431	ANNIKA VAN HUISSTEEN	Gauteng	1	00:55.11	916	E	
GAU085	432	MONIQUE VOSLOO	Gauteng	2	00:56.22	852	E	
WCP066	1203	SONYA VD MERWE	Western Cape	3	00:56.63	830	E	
WCP054	1191	ELIZABETH LOUW	Western Cape	4	00:56.93	814	E	
NWP042	1035	JOANNE BEZUIDENHOUT	North West Province	5	00:57.40	790	E	
ECA047	45	MARIANKA BENADIE	Eastern Cape	6	00:57.44	788	E	
WCP044	1181	MEGGAN GODDARD	Western Cape	7	00:57.85	768	E	
FSA055	202	HERMA FOUICHE	Free State	8	00:58.89	720	E	

127	G-17	800 m	/ 800 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM042	730	CASTER SEMENYA	Limpopo	1	02:19.58	725	E	
GAU096	443	ANUSCHKA NICE	Gauteng	1	02:14.52	831	E	
KZN061	639	MATANYA LUTHER	Kwazulu Natal	2	02:20.29	711	E	
NWP054	1047	MONICA NEL	North West Province	2	02:15.45	810	E	
GAU078	425	ANELDA PYPERS	Gauteng	3	02:15.57	807	E	
MPU085	876	ELANDRIE DROTSKY	Mpumalanga	3	02:20.33	710	E	
KZN068	646	HAPPINESS MKHIZE	Kwazulu Natal	4	02:20.47	708	E	
WCP048	1185	MARELISE JORDAAN	Western Cape	4	02:15.67	805	E	
NWP043	1036	MIEKE GRABE	North West Province	5	02:15.69	805	E	
GAU220	565	ANRYNé LIEBENBERG	Gauteng	5	02:21.49	689	E	
FSA059	206	DANEL PRINSLOO	Free State	6	02:17.07	775	E	
NCP049	967	MONIQUE VD MERWE	Northern Cape Province	6	02:22.54	670	E	
FSA085	231	MATHSEDISO MATSEDI	Free State	7	02:23.85	647	E	
WCP051	1188	ANé KLOPPERS	Western Cape	7	02:17.99	756	E	
FSA056	203	LIZANNE VD WATT	Free State	8	02:25.04	626	E	
FSA058	205	LUCY NONTYENGA	Free State	9	02:26.16	608	E	
NWP042	1035	JOANNE BEZUIDENHOUT	North West Province	10	02:26.56	601	E	

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158	G-17	800 m	/ 800 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM042	730	CASTER SEMENYA	Limpopo	1	02:09.50	957	E	
GAU096	443	ANUSCHKA NICE	Gauteng	2	02:10.46	931	E	
MPU085	876	ELANDRIE DROTSKY	Mpumalanga	3	02:11.34	908	E	
WCP048	1185	MARELISE JORDAAN	Western Cape	4	02:16.17	794	E	
KZN061	639	MATANYA LUTHER	Kwazulu Natal	5	02:17.29	771	E	
NWP054	1047	MONICA NEL	North West Province	6	02:17.50	766	E	
GAU078	425	ANELDA PYPERS	Gauteng	7	02:17.96	757	E	
NWP043	1036	MIEKE GRABE	North West Province	8	02:21.04	697	E	

34	G-17	1500 m	/ 1500 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA060	207	BABY MAKONE	Free State	1	04:44.00	734	E	
FSA059	206	DANEL PRINSLOO	Free State	1	04:46.00	715	E	
LIM042	730	CASTER SEMENYA	Limpopo	1	04:49.28	685	E	
LIM043	731	KAMOGELO TLAKA	Limpopo	1	04:51.23	668	E	
LIM036	724	MONICA DE TOIT	Limpopo	1	04:51.68	664	E	
KZN061	639	MATANYA LUTHER	Kwazulu Natal	1	04:42.10	753	E	
KZN071	649	PHUMAPHI NDLOVU	Kwazulu Natal	1	04:51.70	664	E	
KZN070	648	NOMVULA DLAMINI	Kwazulu Natal	1	04:49.50	683	E	
WCP045	1182	LINDA HANEKOM	Western Cape	1	04:48.54	692	E	
WCP060	1197	DOMINIQUE SCOTT	Western Cape	1	04:44.31	731	E	
NWP044	1037	MADELEINE PRETORIUS	North West Province	1	04:49.11	687	E	
GAU080	427	LETITIA SAAYMAN	Gauteng	1	04:43.30	741	E	
GAU078	425	ANELDA PYPERS	Gauteng	1	04:43.20	742	E	
GAU097	444	ASHLEIGH SCHNETLER	Gauteng	1	04:45.72	718	E	
MPU087	878	MARI DU PLESSIS	Mpumalanga	1	05:03.08	571	E	

69	G-17	1500 m	/ 1500 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM042	730	CASTER SEMENYA	Limpopo	1	04:33.25	847	E	
WCP060	1197	DOMINIQUE SCOTT	Western Cape	2	04:35.89	817	E	
FSA060	207	BABY MAKONE	Free State	3	04:36.99	805	E	
KZN061	639	MATANYA LUTHER	Kwazulu Natal	4	04:41.66	757	E	
NWP044	1037	MADELEINE PRETORIUS	North West Province	5	04:41.91	755	E	
LIM036	724	MONICA DE TOIT	Limpopo	6	04:43.90	735	E	
GAU097	444	ASHLEIGH SCHNETLER	Gauteng	7	04:45.83	717	E	
GAU080	427	LETITIA SAAYMAN	Gauteng	8	04:46.42	711	E	
WCP045	1182	LINDA HANEKOM	Western Cape	9	04:52.65	656	E	
KZN070	648	NOMVULA DLAMINI	Kwazulu Natal	10	05:04.85	558	E	
LIM043	731	KAMOGELO TLAKA	Limpopo	11	05:06.63	545	E	
KZN071	649	PHUMAPHI NDLOVU	Kwazulu Natal	12	05:09.13	527	E	
MPU087	878	MARI DU PLESSIS	Mpumalanga	13	05:33.98	367	E	

110	G-17	3000 m	/ 3000 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU098	445	SILVIA TSETLANYANE	Gauteng	1	09:56.92	885	E	
FSA060	207	BABY MAKONE	Free State	2	10:03.67	849	E	
WCP060	1197	DOMINIQUE SCOTT	Western Cape	3	10:08.83	822	E	
NWP044	1037	MADELEINE PRETORIUS	North West Province	4	10:26.95	738	E	
GAU097	444	ASHLEIGH SCHNETLER	Gauteng	5	10:27.38	736	E	
GAU086	433	AMUKHOLANI BALOYI	Gauteng	6	10:36.83	696	E	
WCP045	1182	LINDA HANEKOM	Western Cape	7	10:38.74	688	E	

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41	G-17	100 m Hekkie	/ 100 m Hurdles	68:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA054	201	ANSULET POTGIETER	Free State	1	00:13.88	885	0.8	E	
GAU072	419	IMGARD BENSUSAN	Gauteng	1	00:14.08	840	1.0	E	
FSA062	209	ELBE ROTHMAN	Free State	2	00:14.60	737		E	
WCP042	1179	KARLI GEY VAN PITTIUS	Western Cape	2	00:14.29	796		E	
NCP050	968	SUSANNA VD MERWE	Northern Cape Province	3	00:14.64	729		E	
GAU075	422	CHANE NAUDE	Gauteng	3	00:14.65	727		E	
FSA053	200	MIHANDRA DORFLING	Free State	4	00:14.70	718		E	
WCP061	1198	JEAN-MARIE SENEKAL	Western Cape	4	00:14.66	726		E	
FSA061	208	DANELLE ODENDAAL	Free State	5	00:15.02	663		E	
WCP067	1204	LEA-Né VAN ZYL	Western Cape	5	00:15.04	660		E	
LIM044	732	SANLIE VAN DEN BRINK	Limpopo	6	00:15.80	544		E	
NWP045	1038	MARION-ANN DUVENHAGE	North West Province	6	00:15.13	645		E	
MPU089	880	JACQUELINE GOOSEN	Mpumalanga	7	00:15.46	594		E	
LIM039	727	CHANEL MALHERBE	Limpopo	8	00:15.63	569		E	

78	G-17	100 m Hekkie	/ 100 m Hurdles	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA054	201	ANSULET POTGIETER	Free State	1	00:13.76	914	0.7	E	
GAU072	419	IMGARD BENSUSAN	Gauteng	2	00:14.20	815	0.7	E	
WCP042	1179	KARLI GEY VAN PITTIUS	Western Cape	3	00:14.54	748	0.7	E	
WCP061	1198	JEAN-MARIE SENEKAL	Western Cape	4	00:14.67	724	0.7	E	
FSA053	200	MIHANDRA DORFLING	Free State	5	00:14.73	713	0.7	E	
FSA062	209	ELBE ROTHMAN	Free State	6	00:14.74	711	0.7	E	
GAU075	422	CHANE NAUDE	Gauteng	7	00:14.85	692	0.7	E	
NCP050	968	SUSANNA VD MERWE	Northern Cape Province	8	00:14.90	683	0.7	E	

120	G-17	400 m Hekkie	/ 400 m Hurdles	68:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP044	1181	MEGGAN GODDARD	Western Cape	1	00:64.05	771		E	
NWP045	1038	MARION-ANN DUVENHAGE	North West Province	1	00:62.95	821		E	
NWP053	1046	ULRICKE RAUTENBACH	North West Province	2	00:64.17	766		E	
GAU092	439	DANELLE GREEFF	Gauteng	2	00:64.61	747		E	
WCP061	1198	JEAN-MARIE SENEKAL	Western Cape	3	00:65.01	730		E	
NWP057	1050	A KAMFER	North West Province	3	00:64.19	765		E	
NCP050	968	SUSANNA VD MERWE	Northern Cape Province	4	00:67.30	642		E	
WCP050	1187	SUMARIE KLAASEN	Western Cape	4	00:64.24	763		E	
GAU094	441	LIZE-MARIE JANSE V RENSBURG	Gauteng	5	00:66.04	689		E	
MPU090	881	TESSA HEYSTECK	Mpumalanga	5	00:68.52	599		E	
KZN073	651	NAOOME MIREILLE	Kwazulu Natal	6	00:66.93	655		E	
ECA049	47	BEA BURGER	Eastern Cape	7	00:68.00	617		E	
MPU084	875	LEANA CLAASSENS	Mpumalanga	8	00:69.35	571		E	

147	G-17	400 m Hekkie	/ 400 m Hurdles	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP045	1038	MARION-ANN DUVENHAGE	North West Province	1	00:61.74	881		E	
NWP053	1046	ULRICKE RAUTENBACH	North West Province	2	00:62.44	846		E	
WCP044	1181	MEGGAN GODDARD	Western Cape	3	00:63.19	810		E	
GAU092	439	DANELLE GREEFF	Gauteng	4	00:63.82	781		E	
WCP061	1198	JEAN-MARIE SENEKAL	Western Cape	5	00:64.11	768		E	
WCP050	1187	SUMARIE KLAASEN	Western Cape	6	00:65.53	709		E	
GAU094	441	LIZE-MARIE JANSE V RENSBURG	Gauteng	7	00:66.06	688		E	
NWP057	1050	A KAMFER	North West Province	8	00:68.08	614		E	

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91	G-17	5000 m Stap	/ 5000 m Walk	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA074	220	CORLI SWART	Free State	1	26:00.35	1202		E	R
NWP051	1044	MELISSA DE JAGER	North West Province	2	27:51.25	966		E	
WCP059	1196	ZELDA SCHULTZ	Western Cape	3	28:08.45	930		E	
ECA051	49	JANRI DE KLERK	Eastern Cape	4	28:19.06	909		E	
NWP064	1057	SUMARIE MAREE	North West Province	5	28:41.26	867		E	
NWP063	1056	LARISHA ERASMUS	North West Province	6	29:26.24	788		E	
GAU088	435	MICHELLE DE LANGE	Gauteng	7	29:45.65	757		E	
FSA072	218	BEKKIE LINDE	Free State	8	29:57.64	739		E	

175	G-17	4X100 m Aflos	/ 4X100 m Relay	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA05	571	GAUTENG	Gauteng	1	00:47.02	980		E	
FSAA05	340	FREE STATE	Free State	2	00:47.46	948		E	
WCPA05	1352	WESTERN CAPE	Western Cape	3	00:47.80	924		E	
MPUA04	916	MPUMALANGA	Mpumalanga	4	00:49.13	836		E	
NWPA05	1130	NORTH WEST	North West Province	5	00:49.31	825		E	
ECAA05	142	EASTERN CAPE	Eastern Cape	6	00:49.56	810		E	
LIMA05	780	LIMPOPO	Limpopo	7	00:50.24	771		E	
NCPA05	992	NORTHERN CAPE	Northern Cape Province	8	00:50.38	763		E	
KZNA07	685	KWAZULU NATAL	Kwazulu Natal	9	00:50.43	760		E	

94	G-17	1000m Medley	/ 1000m Medley	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA11	577	GAUTENG	Gauteng	1	02:15.08	918		E	
FSAA11	346	FREE STATE	Free State	2	02:17.78	854		E	
WCPA11	1358	WESTERN CAPE	Western Cape	3	02:19.21	823		E	
NWPA11	1136	NORTH WEST	North West Province	4	02:19.80	810		E	
ECAA11	148	EASTERN CAPE	Eastern Cape	5	02:24.29	722		E	

40	G-17	Hoogspring	/ High Jump	68:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA057	55	KELLY KINGWILL	Eastern Cape	1	1.60	691		E	
FSA068	214	ROCHELLE OLIVIER	Free State	1	1.60	691		E	
WCP063	1200	REMINA SEPHAN	Western Cape	1	1.68	784		E	
WCP037	1174	BRONWYN CAMPBELL	Western Cape	1	1.65	749		E	
NWP043	1036	MIEKE GRABE	North West Province	1	1.60	691		E	
GAU095	442	CHANEY LINDER	Gauteng	1	1.70	807		E	
GAU090	437	SHANNON FREEMAN	Gauteng	1	1.65	749		E	
GAU101	447	TIFFANY HATTINGH	Gauteng	1	1.65	749		E	
MPU096	887	FRANCIS PIETERS	Mpumalanga	1	1.60	691		E	
MPU092	883	SUANNE LOUW	Mpumalanga	1	1.60	691		E	

116	G-17	Hoogspring	/ High Jump	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU095	442	CHANEY LINDER	Gauteng	1	1.73	842		E	
GAU090	437	SHANNON FREEMAN	Gauteng	2	1.70	807		E	
WCP037	1174	BRONWYN CAMPBELL	Western Cape	3	1.60	691		E	
MPU096	887	FRANCIS PIETERS	Mpumalanga	4	1.55	632		E	
WCP063	1200	REMINA SEPHAN	Western Cape	5	1.55	632		E	
MPU092	883	SUANNE LOUW	Mpumalanga	6	1.50	573		E	

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99	G-17	Paalspring	/ Pole Vault	68:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA081	227	S DE VILLIERS	Free State	1	2.80	569		E	
ECA066	64	JEANNIE VAN DYK	Eastern Cape	2	2.80	569		E	
FSA071	217	ILANA ELS	Free State	3	2.60	440		E	
WCP040	1177	JESSICA GALLOWAY	Western Cape	4	2.40	307		E	

52	G-17	Verspring	/ Long Jump	68:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU091	438	MONJA GOOSEN	Gauteng	1	5.91	908		E	
GAU077	424	LYNIQUE PRINSLOO	Gauteng	2	5.84	900		E	
NWP046	1039	JADRIE FOURIE	North West Province	3	5.80	885		E	
ECA057	55	KELLY KINGWILL	Eastern Cape	4	5.80	885		E	
GAU076	423	ROZANNE OESCHGER	Gauteng	5	5.58	808		E	
GAU075	422	CHANE NAUDE	Gauteng	6	5.46	766		E	
ECA065	63	TERSIA TOBIAS	Eastern Cape	7	5.37	734		E	
NWP047	1040	LUHELLE PRINSLOO	North West Province	8	5.34	723		E	
FSA069	215	MARI BAKER	Free State	9	5.22	681		E	
WCP057	1194	SAMANTHA PRETORIUS	Western Cape	10	5.21	677		E	
WCP064	1201	AMORE SWARTS	Western Cape	11	5.04	616		E	
MPU097	888	CHRISSIE PRETORIUS	Mpumalanga	12	5.01	605		E	
NCP045	963	JEANINE MHIJIMA	Northern Cape Province	13	4.99	598		E	
WCP038	1175	BIRDIE CARSTENS	Western Cape	14	4.95	583		E	
MPU091	882	NATASHA JANSEN	Mpumalanga	15	4.72	500		E	

151	G-17	Driesprong	/ Triple Jump	68:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP058	1051	CHANET VAN DEN BERG	North West Province	1	11.82	915	2.1	E	
GAU091	438	MONJA GOOSEN	Gauteng	2	11.66	905	1.9	E	
NWP047	1040	LUHELLE PRINSLOO	North West Province	3	11.52	891	-0.3	E	
ECA057	55	KELLY KINGWILL	Eastern Cape	4	11.46	880	1.9	E	
GAU076	423	ROZANNE OESCHGER	Gauteng	5	11.13	822	2.2	E	
MPU091	882	NATASHA JANSEN	Mpumalanga	6	11.10	816	0.8	E	
WCP064	1201	AMORE SWARTS	Western Cape	7	11.03	804	1.5	E	
MPU093	884	ELAINE MBHALATI	Mpumalanga	8	10.90	781	2.0	E	
WCP047	1184	MARYKE JONKER	Western Cape	9	10.72	748		E	
MPU098	889	ELIZNA STRYDOM	Mpumalanga	10	10.51	711		E	
WCP053	1190	INGE KRUGER	Western Cape	11	10.45	700		E	
LIM038	726	NYLENE LE ROUX	Limpopo	12	10.41	693		E	
FSA075	221	MADRE GREYLING	Free State	13	10.40	691		E	
ECA056	54	ANJA JONKER	Eastern Cape	14	10.35	682		E	
ECA046	44	ANNIKE BARNARD	Eastern Cape	15	9.83	588		E	
FSA070	216	JO-NELKE SWANPOEL	Free State	16	9.66	557		E	

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75	G-17	Gewigstoot	/ Shot Put	68:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP048	1041	ALANNAH CRAFFORD	North West Province	1	13.21	830		E	
GAU089	436	CARMINE DREYER	Gauteng	2	12.61	754		E	
ECA048	46	GEZELLE BERNARD	Eastern Cape	3	12.48	738		E	
GAU083	430	JACOBA SUPRA	Gauteng	4	12.35	722		E	
ECA058	56	LINDIE LIEBENBERG	Eastern Cape	5	11.96	677		E	
GAU082	429	SONIA SMUTS	Gauteng	6	11.73	651		E	
WCP058	1195	BIANCA SCANAVINO	Western Cape	7	11.56	632		E	
WCP036	1173	JOHLENE BOOYSEN	Western Cape	8	11.27	600		E	
FSA063	210	RUZEL VORSTER	Free State	9	10.94	564		E	
NWP049	1042	MELINDA MARAIS	North West Province	10	10.82	551		E	
NCP046	964	E OLEVANO	Northern Cape Province	11	10.68	537		E	
MPU101	892	MONIQUE VERMAAK	Mpumalanga	12	10.58	526		E	
NWP050	1043	TAZMIN BRITZ	North West Province	13	10.58	526		E	
FSA064	211	ALME COETZEE	Free State	14	9.78	442		E	
FSA084	230	JUDIKE BIBBEY	Free State	15	9.64	428		E	
NCP048	966	ESTE VAN STADEN	Northern Cape Province	16	9.28	391		E	

8	G-17	Diskusgooi	/ Discus Throw	68:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA058	56	LINDIE LIEBENBERG	Eastern Cape	1	46.70	1004		E	R
GAU087	434	SURIETTE BOTHA	Gauteng	2	42.96	921		E	
GAU089	436	CARMINE DREYER	Gauteng	3	41.15	873		E	
FSA064	211	ALME COETZEE	Free State	4	40.35	837		E	
NWP060	1053	MAGDA ERASMUS	North West Province	5	39.47	798		E	
NCP048	966	ESTE VAN STADEN	Northern Cape Province	6	38.38	753		E	
NWP049	1042	MELINDA MARAIS	North West Province	7	38.03	739		E	
NCP046	964	E OLEVANO	Northern Cape Province	8	37.75	728		E	
NWP061	1054	YOLANIE UYS	North West Province	9	36.24	671		E	
FSA080	226	A VERSTER	Free State	10	35.91	658		E	
WCP049	1186	MARIE-LENA JOUBERT	Western Cape	11	34.35	602		E	
MPU096	887	FRANCIS PIETERS	Mpumalanga	12	33.59	574		E	

152	G-17	Spiesgooi	/ Javelin	68:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP050	1043	TAZMIN BRITZ	North West Province	1	55.38	1488		E	R
ECA048	46	GEZELLE BERNARD	Eastern Cape	2	45.31	929		E	
NWP048	1041	ALANNAH CRAFFORD	North West Province	3	42.64	860		E	
NWP062	1055	LIESEL DE SWARDT	North West Province	4	42.22	842		E	
GAU099	446	SHADIN VD MERWE	Gauteng	5	42.20	841		E	
WCP049	1186	MARIE-LENA JOUBERT	Western Cape	6	41.01	792		E	
GAU102	448	ALETTA OOSTHUIZEN	Gauteng	7	39.44	731		E	
MPU086	877	ALMA DU PLESSIS	Mpumalanga	8	37.97	677		E	
NCP044	962	A BRAND	Northern Cape Province	9	37.78	670		E	
FSA082	228	ANITA ERASMUS	Free State	10	34.81	567		E	
GAU093	440	ILZE HOLTZKAMP	Gauteng	11	34.06	541		E	

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19	G-17	Hamergooi	/ Hammer Throw	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA059	57	ANNEKE LOUW	Eastern Cape	1	48.53	1394		E	R
FSA066	212	NADIA BOTHA	Free State	2	48.14	1360		E	
ECA067	65	SIMONé VIVIERS	Eastern Cape	3	45.46	1142		E	
ECA060	58	MARI LOUW	Eastern Cape	4	39.28	905		E	
NWP052	1045	M POTGIETER	North West Province	5	37.67	835		E	
WCP065	1202	ANKE UYS	Western Cape	6	35.39	733		E	
FSA067	213	MARINDA LOUW	Free State	7	35.26	728		E	
WCP032	1169	S VOIGT	Western Cape	8	34.35	690		E	
WCP041	1178	LISA-MARIE GELDENHUYS	Western Cape	9	30.81	553		E	
MPU102	893	DANELLE WILLEMSE	Mpumalanga	10	30.16	528		E	
GAU073	420	JEANINE CLOETE	Gauteng	12	30.04	524		E	

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18	G-19	100 m	/ 100 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA107	104	KATHERINE LINEHAAN	Eastern Cape	1	00:13.14	589	E	
ECA112	109	ANNA PUTTER	Eastern Cape	1	00:13.40	545	E	
ECA110	107	UYLETA NEL	Eastern Cape	1	00:13.30	561	E	
FSA001	150	NOMBULELO MKENKU	Free State	1	00:11.91	848	E	
NCP066	983	D DU TOIT	Northern Cape Province	1	00:13.10	596	E	
NCP068	985	E VAN WYK	Northern Cape Province	1	00:12.50	711	E	
NCP069	986	ANRE ZANDBERG	Northern Cape Province	1	00:11.80	877	E	
NCP067	984	GRIZELDA HORN	Northern Cape Province	1	00:12.60	691	E	
WCP075	1212	DANIELLE DE VILLIERS	Western Cape	1	00:13.18	582	E	
WCP083	1220	CELESTE RIETELS	Western Cape	1	00:12.42	728	E	
WCP069	1206	REANDI BRUYNS	Western Cape	1	00:13.02	610	E	
NWP111	1104	LIANDI CUSSONS	North West Province	1	00:12.74	663	E	
GAU151	497	DANIELLE STEENKAMP	Gauteng	1	00:12.71	669	E	
GAU161	507	SANMARI COETZEE	Gauteng	1	00:12.76	659	E	
GAU152	498	MELISSA VAN NIEKERK	Gauteng	1	00:12.56	699	E	
GAU142	488	RONIKA BOSCH	Gauteng	1	00:12.43	726	E	

58	G-19	100 m	/ 100 m	68:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA001	150	NOMBULELO MKENKU	Free State	1	00:11.87	859	0.9	E
WCP083	1220	CELESTE RIETELS	Western Cape	1	00:12.09	803	-0.4	E
NCP069	986	ANRE ZANDBERG	Northern Cape Province	2	00:12.19	780		E
GAU142	488	RONIKA BOSCH	Gauteng	2	00:12.33	748		E
WCP069	1206	REANDI BRUYNS	Western Cape	3	00:12.57	697		E
GAU152	498	MELISSA VAN NIEKERK	Gauteng	3	00:12.48	716		E
NCP068	985	E VAN WYK	Northern Cape Province	4	00:12.82	647		E
GAU161	507	SANMARI COETZEE	Gauteng	4	00:12.67	677		E
ECA107	104	KATHERINE LINEHAAN	Eastern Cape	5	00:12.99	616		E
WCP075	1212	DANIELLE DE VILLIERS	Western Cape	5	00:12.92	629		E
NCP067	984	GRIZELDA HORN	Northern Cape Province	6	00:13.03	609		E
NWP111	1104	LIANDI CUSSONS	North West Province	7	00:13.23	573		E

87	G-19	100 m	/ 100 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA001	150	NOMBULELO MKENKU	Free State	1	00:11.84	867	1.1	E
WCP083	1220	CELESTE RIETELS	Western Cape	2	00:12.07	808	1.1	E
NCP069	986	ANRE ZANDBERG	Northern Cape Province	3	00:12.19	780	1.1	E
GAU142	488	RONIKA BOSCH	Gauteng	4	00:12.34	746	1.1	E
GAU152	498	MELISSA VAN NIEKERK	Gauteng	5	00:12.53	705	1.1	E
WCP069	1206	REANDI BRUYNS	Western Cape	6	00:12.56	699	1.1	E
GAU161	507	SANMARI COETZEE	Gauteng	7	00:12.72	667	1.1	E
NCP068	985	E VAN WYK	Northern Cape Province	8	00:12.84	644	1.1	E

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108	G-19	200 m	/ 200 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA107	104	KATHERINE LINEHAAN	Eastern Cape	1	00:27.58	540	E	
ECA112	109	ANNA PUTTER	Eastern Cape	1	00:27.44	551	E	
ECA110	107	UYLETA NEL	Eastern Cape	1	00:27.38	556	E	
FSA001	150	NOMBULELO MKENKU	Free State	1	00:24.84	802	E	
KZN098	676	ZINHLE ZULU	Kwazulu Natal	1	00:26.10	669	E	
NCP068	985	E VAN WYK	Northern Cape Province	1	00:26.65	618	E	
NCP069	986	ANRE ZANDBERG	Northern Cape Province	1	00:24.68	821	E	
NCP067	984	GRIZELDA HORN	Northern Cape Province	1	00:26.50	632	E	
WCP078	1215	NATALIE MÖHR	Western Cape	1	00:25.59	720	E	
WCP083	1220	CELESTE RIETELS	Western Cape	1	00:24.71	818	E	
WCP069	1206	REANDI BRUYNS	Western Cape	1	00:26.09	670	E	
NWP112	1105	MADELEIN VD MERWE	North West Province	1	00:25.68	711	E	
GAU161	507	SANMARI COETZEE	Gauteng	1	00:25.04	779	E	
GAU152	498	MELISSA VAN NIEKERK	Gauteng	1	00:25.23	758	E	
GAU142	488	RONIKA BOSCH	Gauteng	1	00:25.41	739	E	

143	G-19	200 m	/ 200 m	68:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NCP069	986	ANRE ZANDBERG	Northern Cape Province	1	00:25.14	768	1.5	E
WCP083	1220	CELESTE RIETELS	Western Cape	1	00:25.05	778	1.0	E
WCP078	1215	NATALIE MÖHR	Western Cape	2	00:25.27	754		E
GAU161	507	SANMARI COETZEE	Gauteng	2	00:25.45	735		E
WCP069	1206	REANDI BRUYNS	Western Cape	3	00:25.59	720		E
NWP112	1105	MADELEIN VD MERWE	North West Province	3	00:25.52	727		E
NCP068	985	E VAN WYK	Northern Cape Province	4	00:25.83	696		E
GAU152	498	MELISSA VAN NIEKERK	Gauteng	4	00:25.62	717		E
NCP067	984	GRIZELDA HORN	Northern Cape Province	5	00:26.43	638		E
GAU142	488	RONIKA BOSCH	Gauteng	5	00:25.87	692		E
ECA107	104	KATHERINE LINEHAAN	Eastern Cape	6	00:26.45	636		E
ECA112	109	ANNA PUTTER	Eastern Cape	6	00:26.55	627		E
ECA110	107	UYLETA NEL	Eastern Cape	7	00:26.77	608		E
KZN098	676	ZINHLE ZULU	Kwazulu Natal	7	00:27.48	548		E

170	G-19	200 m	/ 200 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP083	1220	CELESTE RIETELS	Western Cape	1	00:24.77	810	1.3	E
NCP069	986	ANRE ZANDBERG	Northern Cape Province	2	00:24.90	795	1.3	E
GAU161	507	SANMARI COETZEE	Gauteng	3	00:25.17	765	1.3	E
WCP078	1215	NATALIE MÖHR	Western Cape	4	00:25.35	745	1.3	E
GAU152	498	MELISSA VAN NIEKERK	Gauteng	5	00:25.58	721	1.3	E
WCP069	1206	REANDI BRUYNS	Western Cape	6	00:25.78	701	1.3	E
NWP112	1105	MADELEIN VD MERWE	North West Province	7	00:25.82	697	1.3	E

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27	G-19	400 m	/ 400 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU166	512	NANDI MEYER	Gauteng	1	00:58.87	680	E	
GAU155	501	DONE VERMAAK	Gauteng	1	00:58.77	684	E	
NWP112	1105	MADELEIN VD MERWE	North West Province	2	00:58.91	678	E	
GAU153	499	IZELLE VD MERWE	Gauteng	2	00:59.01	674	E	
ECA116	113	MARISKA VAN JAARVELD	Eastern Cape	3	00:59.03	673	E	
WCP081	1218	ANZERIE NAUDE	Western Cape	3	00:60.26	623	E	
FSA018	166	AZELLE WESSELS	Free State	4	00:61.67	569	E	
NWP113	1106	LEANRI VAN ZYL	North West Province	4	00:59.26	664	E	
WCP078	1215	NATALIE MÖHR	Western Cape	5	00:59.56	651	E	
WCP079	1216	ELANA MOOLMAN	Western Cape	5	00:64.11	485	E	
FSA019	167	J PELSER	Free State	6	00:61.84	563	E	
ECA102	99	CLAUDEA COETZEE	Eastern Cape	7	00:62.27	547	E	
KZN098	676	ZINHLE ZULU	Kwazulu Natal	8	00:64.25	480	E	

65	G-19	400 m	/ 400 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU155	501	DONE VERMAAK	Gauteng	1	00:56.83	774	E	
GAU166	512	NANDI MEYER	Gauteng	2	00:57.33	750	E	
NWP112	1105	MADELEIN VD MERWE	North West Province	3	00:57.88	724	E	
GAU153	499	IZELLE VD MERWE	Gauteng	4	00:57.93	722	E	
ECA116	113	MARISKA VAN JAARVELD	Eastern Cape	5	00:58.27	706	E	
WCP078	1215	NATALIE MÖHR	Western Cape	6	00:58.64	690	E	
WCP081	1218	ANZERIE NAUDE	Western Cape	7	00:59.24	664	E	
NWP113	1106	LEANRI VAN ZYL	North West Province	8	00:59.27	663	E	

129	G-19	800 m	/ 800 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU157	503	CHARISA BEUKES	Gauteng	1	02:22.37	649	E	
GAU155	501	DONE VERMAAK	Gauteng	1	02:23.49	630	E	
FSA004	153	REGINA THUKANA	Free State	2	02:23.58	629	E	
GAU166	512	NANDI MEYER	Gauteng	2	02:22.41	649	E	
FSA005	154	SEIPATI LEPUTING	Free State	3	02:23.64	628	E	
NWP114	1107	LORIZE VAN WYNGAARDT	North West Province	3	02:22.49	647	E	
WCP079	1216	ELANA MOOLMAN	Western Cape	4	02:22.73	643	E	
MPU075	866	ANIKA CLAASSENS	Mpumalanga	4	02:23.65	627	E	
FSA003	152	ELRI RICHTER	Free State	5	02:23.82	624	E	
WCP071	1208	CECILE COETZEE	Western Cape	5	02:22.92	640	E	
FSA018	166	AZELLE WESSELS	Free State	6	02:24.63	611	E	
KZN096	674	HLENGILE BUTHELEZI	Kwazulu Natal	6	02:26.97	573	E	
ECA106	103	ANÉ FERREIRA	Eastern Cape	7	02:24.94	606	E	

160	G-19	800 m	/ 800 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU166	512	NANDI MEYER	Gauteng	1	02:13.28	831	E	
FSA003	152	ELRI RICHTER	Free State	2	02:14.76	798	E	
FSA005	154	SEIPATI LEPUTING	Free State	3	02:16.90	753	E	
GAU157	503	CHARISA BEUKES	Gauteng	4	02:17.85	734	E	
MPU075	866	ANIKA CLAASSENS	Mpumalanga	5	02:20.32	686	E	
NWP114	1107	LORIZE VAN WYNGAARDT	North West Province	6	02:23.53	629	E	
GAU155	501	DONE VERMAAK	Gauteng	7	02:23.86	624	E	
FSA018	166	AZELLE WESSELS	Free State	8	02:26.49	581	E	
FSA004	153	REGINA THUKANA	Free State	9	02:27.38	567	E	
WCP079	1216	ELANA MOOLMAN	Western Cape	10	02:31.72	502	E	
ECA106	103	ANÉ FERREIRA	Eastern Cape	11	02:31.95	499	E	

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11	G-19	1500 m	/ 1500 m	68:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA108	105	ELENé LOURENS	Eastern Cape	1	05:00.41	561		E	
ECA109	106	VUYOKAZI MABHUDE	Eastern Cape	1	05:00.47	560		E	
FSA017	165	CARLYN FISCHER	Free State	1	04:42.64	710		E	
FSA004	153	REGINA THUKANA	Free State	1	04:50.64	639		E	
WCP071	1208	CECILE COETZEE	Western Cape	1	05:00.04	563		E	
NWP115	1108	MAGDA NIEUWOUDT	North West Province	1	04:55.73	597		E	
GAU146	492	MAXINE HEINE-WACKER	Gauteng	1	04:38.60	750		E	
GAU163	509	LIANI JACOBS	Gauteng	1	04:47.02	670		E	
GAU149	495	ROLINE MACHABAPHALA	Gauteng	1	04:46.40	676		E	
MPU075	866	ANIKA CLAASSENS	Mpumalanga	1	05:00.61	559		E	
MPU077	868	PRECIOUS MNISI	Mpumalanga	1	04:25.40	897		E	

89	G-19	1500 m	/ 1500 m	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU146	492	MAXINE HEINE-WACKER	Gauteng	1	04:32.33	815		E	
FSA017	165	CARLYN FISCHER	Free State	2	04:36.96	766		E	
FSA004	153	REGINA THUKANA	Free State	3	04:44.58	692		E	
GAU149	495	ROLINE MACHABAPHALA	Gauteng	4	04:46.65	674		E	
MPU075	866	ANIKA CLAASSENS	Mpumalanga	5	04:47.32	668		E	
GAU163	509	LIANI JACOBS	Gauteng	6	04:55.17	602		E	
ECA109	106	VUYOKAZI MABHUDE	Eastern Cape	7	04:57.53	583		E	
NWP115	1108	MAGDA NIEUWOUDT	North West Province	8	05:03.11	540		E	
WCP071	1208	CECILE COETZEE	Western Cape	9	05:26.66	384		E	

162	G-19	3000 m	/ 3000 m	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA017	165	CARLYN FISCHER	Free State	1	10:25.45	721		E	
GAU146	492	MAXINE HEINE-WACKER	Gauteng	2	10:35.40	679		E	
LIM070	758	MARLISE MAMARIBE	Limpopo	3	10:42.25	652		E	
GAU172	518	T RAVHANDALALA	Gauteng	4	10:46.36	636		E	
KZN094	672	MBALI MBATHA	Kwazulu Natal	5	10:52.92	612		E	
GAU163	509	LIANI JACOBS	Gauteng	6	10:56.42	599		E	
ECA108	105	ELENé LOURENS	Eastern Cape	7	10:59.87	587		E	
GAU174	520	ANJA WIID	Gauteng	8	11:07.65	560		E	

44	G-19	100 m Hekkie	/ 100 m Hurdles	68:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP117	1110	DAYNA O'REILLY	North West Province	1	00:15.03	772	0.9	E	
MPU080	871	MARLIE SPIES	Mpumalanga	1	00:14.97	783	1.2	E	
GAU151	497	DANIELLE STEENKAMP	Gauteng	2	00:15.33	718		E	
GAU148	494	ELIZMA LOURENS	Gauteng	2	00:15.91	625		E	
ECA112	109	ANNA PUTTER	Eastern Cape	3	00:15.92	623		E	
LIM068	756	HANNELIE KOTZE	Limpopo	3	00:15.54	683		E	
KZN099	677	PHINDILE NKOSI	Kwazulu Natal	4	00:16.41	553		E	
WCP082	1219	ANNE NIEUWOUDT	Western Cape	4	00:16.42	552		E	
ECA104	101	CLAUDEEN ELS	Eastern Cape	5	00:16.53	537		E	
LIM072	760	MASHUDU MUNYAI	Limpopo	5	00:16.72	512		E	
WCP085	1222	MARESE STOFFBERG	Western Cape	6	00:21.68	50		E	

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80	G-19	100 m Hekkie	/ 100 m Hurdles	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU080	871	MARLIE SPIES	Mpumalanga	1	00:14.66	845	0.0	E	
NWP117	1110	DAYNA O'REILLY	North West Province	2	00:14.91	794	0.0	E	
GAU151	497	DANIELLE STEENKAMP	Gauteng	3	00:14.99	779	0.0	E	
LIM068	756	HANNELIE KOTZE	Limpopo	4	00:15.13	753	0.0	E	
ECA112	109	ANNA PUTTER	Eastern Cape	5	00:16.06	602	0.0	E	
GAU148	494	ELIZMA LOURENS	Gauteng	6	00:16.36	560	0.0	E	
KZN099	677	PHINDILE NKOSI	Kwazulu Natal	7	00:16.45	548	0.0	E	
WCP082	1219	ANNE NIEWOUDT	Western Cape	8	00:17.73	392	0.0	E	

121	G-19	400 m Hekkie	/ 400 m Hurdles	68:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA104	101	CLAUDEEN ELS	Eastern Cape	1	00:67.93	535		E	
ECA102	99	CLAUDEA COETZEE	Eastern Cape	1	00:69.01	501		E	
WCP086	1223	NADIA VAN DER BANK	Western Cape	1	00:60.59	825		E	
WCP073	1210	AZEL CROUS	Western Cape	1	00:67.95	535		E	
NWP118	1111	ADELE BURGER	North West Province	1	00:66.86	571		E	
GAU151	497	DANIELLE STEENKAMP	Gauteng	1	00:60.00	855		E	
GAU168	514	ROXANNE ROOS	Gauteng	1	00:63.86	681		E	
MPU080	871	MARLIE SPIES	Mpumalanga	1	00:65.80	608		E	

148	G-19	400 m Hekkie	/ 400 m Hurdles	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU151	497	DANIELLE STEENKAMP	Gauteng	1	00:62.47	738		E	
MPU080	871	MARLIE SPIES	Mpumalanga	2	00:63.49	696		E	
GAU168	514	ROXANNE ROOS	Gauteng	3	00:64.82	644		E	
NWP118	1111	ADELE BURGER	North West Province	4	00:65.34	624		E	
WCP073	1210	AZEL CROUS	Western Cape	5	00:65.61	615		E	
WCP086	1223	NADIA VAN DER BANK	Western Cape	6	00:67.02	565		E	
ECA104	101	CLAUDEEN ELS	Eastern Cape	7	00:68.31	523		E	
ECA102	99	CLAUDEA COETZEE	Eastern Cape	8	00:71.25	435		E	

1	G-19	10000 m Stap	/ 10000 m Walk	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP124	1117	SUZANNE LIEBENBERG	North West Province	1	61:01.83	623		E	
WCP070	1207	ANANDIE COETZEE	Western Cape	2	61:09.17	618		E	
WCP072	1209	MARISKA COETZEE	Western Cape	3	61:45.79	594		E	
WCP084	1221	NICOLETTE SNYDERS	Western Cape	4	63:38.26	526		E	
FSA015	163	LILIAN VENTER	Free State	5	66:14.99	441		E	
KZN091	669	CEBILE TEMBE	Kwazulu Natal	6	66:54.80	421		E	
ECA101	98	MARISKA BOTHA	Eastern Cape	7	67:05.87	416		E	

96	G-19	4X100 m Aflos	/ 4X100 m Relay	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA04	570	GAUTENG	Gauteng	1	00:48.86	741		E	
WCPA04	1351	WESTERN CAPE	Western Cape	2	00:49.21	722		E	
NWPA04	1129	NORTH WEST	North West Province	3	00:49.73	694		E	
ECAA04	141	EASTERN CAPE	Eastern Cape	4	00:49.88	687		E	

177	G-19	4 X400 m Aflos	/ 4X400 m Relay	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA08	574	GAUTENG	Gauteng	1	03:58.34	748		E	
NWPA08	1133	NORTH WEST	North West Province	2	03:58.40	747		E	
ECAA08	145	EASTERN CAPE	Eastern Cape	3	04:01.15	717		E	
FSAA08	343	FREE STATE	Free State	4	04:03.52	691		E	

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102	G-19	Hoogspring	/ High Jump	68:00.00		Heats			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
ECA115	112	BASHARA VAN DEN HEEVER	Eastern Cape	1	1.62	653		E	
FSA002	151	BIANCA ERWEE	Free State	1	1.72	766		E	
KZN092	670	M SMUTS	Kwazulu Natal	1	1.62	653		E	
NCP066	983	D DU TOIT	Northern Cape Province	1	1.51	526		E	
WCP068	1205	ROELENE BREDEHAND	Western Cape	1	1.65	687		E	
NWP119	1112	BOBITA GRIESSEL	North West Province	1	1.55	572		E	
GAU160	506	SANIKA COETZEE	Gauteng	1	1.70	743		E	
GAU164	510	BIANCA JANTZEN	Gauteng	1	1.65	687		E	

132	G-19	Hoogspring	/ High Jump	68:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
GAU160	506	SANIKA COETZEE	Gauteng	1	1.68	721		E	
FSA002	151	BIANCA ERWEE	Free State	2	1.68	721		E	
KZN092	670	M SMUTS	Kwazulu Natal	3	1.68	721		E	
GAU164	510	BIANCA JANTZEN	Gauteng	4	1.63	664		E	
WCP068	1205	ROELENE BREDEHAND	Western Cape	5	1.63	664		E	
NWP119	1112	BOBITA GRIESSEL	North West Province	6	1.53	549		E	

57	G-19	Paalspring	/ Pole Vault	68:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
ECA141	137	MANDY MARITZ	Eastern Cape	1	3.20	712		E	
FSA013	161	MARIKE JANSEN	Free State	2	3.10	653		E	
WCP082	1219	ANNE NIEWOUDT	Western Cape	3	3.00	593		E	
FSA014	162	SOLIZE VOSLOO	Free State	4	2.80	472		E	

37	G-19	Verspring	/ Long Jump	68:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
GAU150	496	PATIENCE NTSHINGILA	Gauteng	1	5.90	852		E	
MPU076	867	NICHOLEEN MCLAREN	Mpumalanga	2	5.85	835		E	
FSA002	151	BIANCA ERWEE	Free State	3	5.83	828		E	
WCP083	1220	CELESTE RIETELS	Western Cape	4	5.71	787		E	
GAU143	489	DANIELLE FOURIE	Gauteng	5	5.55	733		E	
GAU147	493	LELANI KRUGER	Gauteng	6	5.50	715		E	
ECA110	107	UYLETA NEL	Eastern Cape	7	5.39	678		E	
NCP068	985	E VAN WYK	Northern Cape Province	8	5.38	674		E	
MPU079	870	STEFANIE POTGIETER	Mpumalanga	9	5.22	619		E	
NCP066	983	D DU TOIT	Northern Cape Province	10	5.18	605		E	
LIM068	756	HANNELIE KOTZE	Limpopo	11	5.14	591		E	
NWP119	1112	BOBITA GRIESSEL	North West Province	12	5.03	552		E	
WCP081	1218	ANZERIE NAUDE	Western Cape	13	4.75	452		E	

76	G-19	Driesprong	/ Triple Jump	68:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
FSA002	151	BIANCA ERWEE	Free State	1	12.80	942	-0.7	E	R
LIM068	756	HANNELIE KOTZE	Limpopo	2	11.90	866	-0.8	E	
LIM071	759	LK MMBONI	Limpopo	3	11.39	779	-0.4	E	
GAU143	489	DANIELLE FOURIE	Gauteng	4	11.35	772	-0.5	E	
LIM066	754	CA BRINK	Limpopo	5	11.06	723	-0.6	E	
NWP125	1118	QUEENDOLINE DEYZEL	North West Province	6	10.72	664	-0.8	E	
MPU082	873	GEYRONISHA SWARTS	Mpumalanga	7	10.56	636	0.2	E	
NWP120	1113	ZANRI COEN	North West Province	8	10.46	619	-0.3	E	
ECA103	100	SALLY-ANNE CONSTABLE	Eastern Cape	9	9.90	521		E	
GAU154	500	SIMONE VD MERWE	Gauteng	10	9.78	500		E	

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138	G-19	Gewigstoot	/ Shot Put	68:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP080	1217	ELZAAN MOSTERT	Western Cape	1	13.46	775		E	
NWP121	1114	BERNIDELL SENEKAL	North West Province	2	12.18	632		E	
FSA006	155	PHIA SMIT	Free State	3	11.94	607		E	
GAU159	505	ALICIA BRUWER	Gauteng	4	11.11	523		E	
MPU081	872	CHARLOTTE STEYN	Mpumalanga	5	10.98	510		E	
ECA117	114	JENé VOSLOO	Eastern Cape	6	8.98	312		E	

74	G-19	Diskusgooi	/ Discus Throw	68:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM069	757	MARYKE OBERHOLZER	Limpopo	1	45.61	909		E	
FSA008	156	LUZAAN BADENHORST	Free State	2	39.20	674		E	
FSA006	155	PHIA SMIT	Free State	3	38.85	662		E	
GAU156	502	MICHELLE ALLERS	Gauteng	4	37.62	620		E	
MPU083	874	ESTEL TERBLANCHÉ	Mpumalanga	5	35.29	544		E	
GAU169	515	T SONO	Gauteng	6	33.49	486		E	
NWP122	1115	RENE DE BEER	North West Province	7	33.31	480		E	
WCP074	1211	DANIKA DE LANGE	Western Cape	8	29.31	354		E	
ECA100	97	INGE BLUMENTHAL	Eastern Cape	9	27.87	308		E	

115	G-19	Spiesgooi	/ Javelin	68:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA009	157	LEANKE STEYN	Free State	1	50.49	958		E	
GAU144	490	RENCIA FOURIE	Gauteng	2	49.40	939		E	
FSA010	158	LIESL VAN ROOYEN	Free State	3	42.25	721		E	
WCP218	1346	NICOLA OFFER	Western Cape	4	40.71	669		E	
NWP112	1105	MADELEIN VD MERWE	North West Province	5	39.74	637		E	
GAU145	491	YOLANDA FOURIE	Gauteng	6	37.97	581		E	
LIM067	755	TANYA DE VILLIERS	Limpopo	7	37.62	569		E	
WCP077	1214	BETULIA LOUW	Western Cape	8	35.60	507		E	
ECA100	97	INGE BLUMENTHAL	Eastern Cape	9	33.37	439		E	
MPU078	869	CORNE NORTJE	Mpumalanga	10	33.29	437		E	
GAU173	519	BIANCA STANDER	Gauteng	11	29.69	328		E	

54	G-19	Hamergooi	/ Hammer Throw	68:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA012	160	MARIZETTE BADENHORST	Free State	1	51.33	1275		E	R
FSA011	159	NANETTE STAPELBERG	Free State	2	45.85	961		E	
ECA114	111	NATASCHA THOMPSON	Eastern Cape	3	37.80	704		E	
WCP080	1217	ELZAAN MOSTERT	Western Cape	4	36.76	666		E	
MPU078	869	CORNE NORTJE	Mpumalanga	5	34.74	594		E	
GAU145	491	YOLANDA FOURIE	Gauteng	6	24.11	234		E	

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14	B-15	100 m	/ 100 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP118	1255	MZWANDILE OASHANI	Western Cape	1	00:11.19	853	0.6	E
NWP020	1013	CHRISTO BOTHMA	North West Province	1	00:11.44	788	0.1	E
GAU055	402	GIDEON MEIRING	Gauteng	1	00:11.21	848	0.2	E
GAU061	408	WILLIE VAN HEERDEN	Gauteng	1	00:11.43	790	0.4	E
FSA158	304	NOLAN THSETSO	Free State	2	00:11.73	719		E
KZN024	602	QUINTIN HITGE	Kwazulu Natal	2	00:11.28	829		E
WCP090	1227	HENRICO BRUINTJIES	Western Cape	2	00:11.43	790		E
WCP102	1239	KURTLEY DU PLESSIS	Western Cape	2	00:11.57	756		E
FSA156	302	CHAD JOSEPH	Free State	3	00:11.48	778		E
LIM023	711	PHOOKA MONGALO	Limpopo	3	00:12.05	651		E
MPU065	857	ALFRED MNGUNI	Mpumalanga	3	00:11.82	699		E
MPU052	844	ANIEKAN AKAPAO	Mpumalanga	3	00:11.39	800		E
ECA018	17	ZUBIN BAARTMAN	Eastern Cape	4	00:11.44	788		E
FSA157	303	RUBIN BOTHA	Free State	4	00:11.60	749		E
LIM028	716	VERSTER NEL	Limpopo	4	00:11.83	697		E
NCP009	928	W JACOBS	Northern Cape Province	4	00:12.21	619		E
ECA031	29	LEE-MARIANO MAPALING	Eastern Cape	5	00:11.71	724		E
ECA036	34	ZUKO NDLELA	Eastern Cape	5	00:11.89	684		E
GAU054	401	PATRIC MAPONJA	Gauteng	5	00:11.64	740		E
MPU062	854	VUSI MASHABA	Mpumalanga	5	00:12.27	607		E
KZN036	614	MTHOBISI SITHOLE	Kwazulu Natal	6	00:11.84	695		E
NCP007	926	G FRANCES	Northern Cape Province	6	00:12.34	594		E

49	B-15	100 m	/ 100 m	68:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP118	1255	MZWANDILE OASHANI	Western Cape	1	00:10.92	933		E
GAU055	402	GIDEON MEIRING	Gauteng	1	00:11.06	891		E
KZN024	602	QUINTIN HITGE	Kwazulu Natal	2	00:11.23	842		E
WCP090	1227	HENRICO BRUINTJIES	Western Cape	2	00:11.06	891		E
WCP102	1239	KURTLEY DU PLESSIS	Western Cape	3	00:11.22	845		E
GAU061	408	WILLIE VAN HEERDEN	Gauteng	3	00:11.27	832		E
ECA018	17	ZUBIN BAARTMAN	Eastern Cape	4	00:11.39	800		E
MPU052	844	ANIEKAN AKAPAO	Mpumalanga	4	00:11.23	842		E
FSA156	302	CHAD JOSEPH	Free State	5	00:11.41	795		E
NWP020	1013	CHRISTO BOTHMA	North West Province	5	00:11.23	842		E
ECA031	29	LEE-MARIANO MAPALING	Eastern Cape	6	00:11.50	773		E
GAU054	401	PATRIC MAPONJA	Gauteng	6	00:11.54	763		E
FSA158	304	NOLAN THSETSO	Free State	7	00:11.74	717		E
MPU065	857	ALFRED MNGUNI	Mpumalanga	7	00:11.60	749		E
FSA157	303	RUBIN BOTHA	Free State	8	00:11.68	730		E
LIM023	711	PHOOKA MONGALO	Limpopo	8	00:12.66	536		E

84	B-15	100 m	/ 100 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP118	1255	MZWANDILE OASHANI	Western Cape	1	00:11.07	888	1.2	E
WCP090	1227	HENRICO BRUINTJIES	Western Cape	2	00:11.10	879	1.2	E
GAU055	402	GIDEON MEIRING	Gauteng	3	00:11.19	853	1.2	E
WCP102	1239	KURTLEY DU PLESSIS	Western Cape	4	00:11.37	805	1.2	E
KZN024	602	QUINTIN HITGE	Kwazulu Natal	5	00:11.41	795	1.2	E
MPU052	844	ANIEKAN AKAPAO	Mpumalanga	6	00:11.42	793	1.2	E
ECA018	17	ZUBIN BAARTMAN	Eastern Cape	7	00:11.49	775	1.2	E
GAU061	408	WILLIE VAN HEERDEN	Gauteng	8	00:11.58	754	1.2	E

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105	B-15	200 m	/ 200 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP118	1255	MZWANDILE OASHANI	Western Cape	1	00:22.30	935	0.0	E
GAU061	408	WILLIE VAN HEERDEN	Gauteng	1	00:23.22	807	0.1	E
GAU052	399	RUAN JORDAAN	Gauteng	1	00:22.67	881	0.0	E
WCP102	1239	KURTLEY DU PLESSIS	Western Cape	1	00:22.74	871		E
FSA156	302	CHAD JOSEPH	Free State	2	00:22.94	844		E
NWP020	1013	CHRISTO BOTHMA	North West Province	2	00:23.23	806		E
GAU055	402	GIDEON MEIRING	Gauteng	2	00:22.45	913		E
MPU056	848	FRANCOIS COETZEE	Mpumalanga	2	00:23.50	773		E
FSA159	305	JAMES DU PREEZ	Free State	3	00:23.72	747		E
KZN019	597	NJABULO MPISI	Kwazulu Natal	3	00:23.27	801		E
GAU037	384	RUAN GREYLINGH	Gauteng	3	00:23.19	811		E
MPU064	856	NIEL MEYER	Mpumalanga	3	00:23.72	747		E
LIM026	714	WILLIAM MTHOMBENI	Limpopo	4	00:23.93	724		E
KZN038	616	SAMKELO KHOZA	Kwazulu Natal	4	00:23.88	729		E
NCP011	930	N LODEWYK	Northern Cape Province	4	00:24.37	677		E
GAU045	392	CHRISTIAAN SMIT	Gauteng	4	00:23.41	784		E
LIM028	716	VERSTER NEL	Limpopo	5	00:23.82	736		E
NCP007	926	G FRANCES	Northern Cape Province	5	00:24.32	682		E
NWP128	1121	DANIEL PEARLE	North West Province	5	00:24.09	706		E
KZN039	617	SPHELELE MADIDE	Kwazulu Natal	6	00:24.16	699		E

140	B-15	200 m	/ 200 m	68:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP118	1255	MZWANDILE OASHANI	Western Cape	1	00:22.36	926	0.7	E
GAU055	402	GIDEON MEIRING	Gauteng	1	00:22.31	934	0.9	E
WCP102	1239	KURTLEY DU PLESSIS	Western Cape	2	00:22.47	910		E
GAU052	399	RUAN JORDAAN	Gauteng	2	00:22.66	882		E
FSA156	302	CHAD JOSEPH	Free State	3	00:22.85	856		E
GAU037	384	RUAN GREYLINGH	Gauteng	3	00:22.79	864		E
KZN019	597	NJABULO MPISI	Kwazulu Natal	4	00:22.97	840		E
NWP020	1013	CHRISTO BOTHMA	North West Province	4	00:23.05	829		E
GAU045	392	CHRISTIAAN SMIT	Gauteng	5	00:23.27	801		E
GAU061	408	WILLIE VAN HEERDEN	Gauteng	5	00:23.17	814		E
MPU064	856	NIEL MEYER	Mpumalanga	6	00:23.59	762		E
MPU056	848	FRANCOIS COETZEE	Mpumalanga	6	00:23.57	765		E
LIM028	716	VERSTER NEL	Limpopo	7	00:23.71	749		E
KZN038	616	SAMKELO KHOZA	Kwazulu Natal	7	00:23.77	742		E
FSA159	305	JAMES DU PREEZ	Free State	8	00:23.96	720		E
LIM026	714	WILLIAM MTHOMBENI	Limpopo	8	00:24.05	711		E

167	B-15	200 m	/ 200 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP118	1255	MZWANDILE OASHANI	Western Cape	1	00:22.03	977	0.8	E R
WCP102	1239	KURTLEY DU PLESSIS	Western Cape	2	00:22.25	943		E
GAU055	402	GIDEON MEIRING	Gauteng	3	00:22.45	913		E
GAU052	399	RUAN JORDAAN	Gauteng	4	00:22.45	913		E
FSA156	302	CHAD JOSEPH	Free State	5	00:22.79	864		E
GAU037	384	RUAN GREYLINGH	Gauteng	6	00:22.97	840		E
KZN019	597	NJABULO MPISI	Kwazulu Natal	7	00:23.02	833		E
NWP020	1013	CHRISTO BOTHMA	North West Province	8	00:23.10	823		E

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22	B-15	400 m	/ 400 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA157	303	RUBIN BOTHA	Free State	1	00:51.45	771	E	
GAU037	384	RUAN GREYLINGH	Gauteng	1	00:52.36	723	E	
MPU067	859	AYANDA NKAMBULE	Mpumalanga	1	00:52.08	737	E	
ECA019	18	RUWELLYN ISBELL	Eastern Cape	2	00:51.83	751	E	
KZN019	597	NJABULO MPISI	Kwazulu Natal	2	00:52.66	708	E	
WCP109	1246	ZUKO KATO	Western Cape	2	00:52.80	701	E	
FSA159	305	JAMES DU PREEZ	Free State	3	00:52.91	696	E	
NCP008	927	MITCH GEDULT	Northern Cape Province	3	00:53.45	670	E	
GAU045	392	CHRISTIAAN SMIT	Gauteng	3	00:52.97	693	E	
NCP004	923	JACOBUS DU PLESSIS	Northern Cape Province	4	00:53.89	650	E	
WCP121	1258	YUSUF SALIE	Western Cape	4	00:52.22	730	E	
MPU055	847	ANELE BLAAUW	Mpumalanga	4	00:53.96	647	E	
FSA160	306	FERNANDO LEDIMO	Free State	5	00:54.88	606	E	
KZN034	612	NJABULO MZOBE	Kwazulu Natal	5	00:58.63	461	E	
NCP011	930	N LODEWYK	Northern Cape Province	5	00:55.20	593	E	
NCP002	921	LUCIANO CASLING	Northern Cape Province	6	00:56.55	538	E	
WCP099	1236	MICHAEL DE BEER	Western Cape	6	00:55.52	579	E	

62	B-15	400 m	/ 400 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU037	384	RUAN GREYLINGH	Gauteng	1	00:50.04	853	E	
KZN019	597	NJABULO MPISI	Kwazulu Natal	2	00:50.63	817	E	
GAU045	392	CHRISTIAAN SMIT	Gauteng	3	00:51.35	776	E	
ECA019	18	RUWELLYN ISBELL	Eastern Cape	4	00:51.59	763	E	
MPU067	859	AYANDA NKAMBULE	Mpumalanga	5	00:52.01	741	E	
FSA157	303	RUBIN BOTHA	Free State	6	00:52.43	720	E	
FSA159	305	JAMES DU PREEZ	Free State	7	00:53.14	685	E	

126	B-15	800 m	/ 800 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN021	599	MONWABISI CELE	Kwazulu Natal	1	02:00.36	903	E	
GAU042	389	JAMES MOKONE	Gauteng	1	02:00.50	900	E	
KZN029	607	WELCOME THWALA	Kwazulu Natal	2	02:00.42	902	E	
WCP089	1226	JANNIE BRIERS-LOUW	Western Cape	2	02:01.42	874	E	
WCP117	1254	EMILE PIETERSE	Western Cape	3	02:01.72	866	E	
MPU059	851	SBUSISO LANGA	Mpumalanga	3	02:00.79	891	E	
LIM030	718	KLASIE PRETORIUS	Limpopo	4	02:04.02	808	E	
WCP115	1252	THEMBANI NGEYSIYTHI	Western Cape	4	02:00.92	888	E	
LIM021	709	REGGIE MAPHELELA	Limpopo	5	02:04.43	799	E	
NWP021	1014	PETRO NAUNLINE	North West Province	5	02:05.44	775	E	
ECA037	35	SIMPHIWE NTOMBANA	Eastern Cape	6	02:06.99	740	E	
FSA162	308	CASPER DU PLESSIS	Free State	6	02:06.17	759	E	
ECA028	26	HOWARD KOCK	Eastern Cape	7	02:06.53	751	E	
MPU053	845	JOHANN BERRANGE	Mpumalanga	7	02:08.06	718	E	
FSA161	307	NTHETHA MOKGAPI	Free State	8	02:09.50	688	E	
GAU056	403	BENNY MORWE	Gauteng	8	02:06.88	743	E	
FSA186	332	MAKISO MLANGENI	Free State	9	02:12.02	639	E	
LIM029	717	KARABO NKOANA	Limpopo	10	02:15.41	579	E	

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155	B-15	800 m	/ 800 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN029	607	WELCOME THWALA	Kwazulu Natal	1	01:59.05	941	E	
KZN021	599	MONWABISI CELE	Kwazulu Natal	2	01:59.26	935	E	
MPU059	851	SBUSISO LANGA	Mpumalanga	3	01:59.34	932	E	
WCP089	1226	JANNIE BRIERS-LOUW	Western Cape	4	01:59.48	928	E	
LIM030	718	KLASIE PRETORIUS	Limpopo	5	02:06.72	746	E	
WCP117	1254	EMILE PIETERSE	Western Cape	6	02:08.24	714	E	

33	B-15	1500 m	/ 1500 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU042	389	JAMES MOKONE	Gauteng	1	04:10.04	927	E	
GAU036	383	SITHEMBILE DONDOLO	Gauteng	1	04:09.55	934	E	
KZN021	599	MONWABISI CELE	Kwazulu Natal	2	04:10.87	916	E	
MPU063	855	SIMANGALISO MBATHA	Mpumalanga	2	04:10.34	923	E	
KZN020	598	SANDILE SHABANGU	Kwazulu Natal	3	04:14.52	868	E	
GAU044	391	ZWELI NZIMA	Gauteng	3	04:10.88	916	E	
ECA041	39	LONWABO PIKI	Eastern Cape	4	04:10.90	916	E	
WCP098	1235	SIMPHIWE CWAYI	Western Cape	4	04:18.71	817	E	
ECA039	37	UNATHI PAPISO	Eastern Cape	5	04:19.81	804	E	
KZN022	600	XOLANI MHLAKAZA	Kwazulu Natal	5	04:14.47	869	E	
GAU069	416	BERNETT SELALA	Gauteng	6	04:26.37	733	E	
MPU053	845	JOHANN BERRANGE	Mpumalanga	6	04:21.61	784	E	
FSA163	309	THABANG MOJANAGA	Free State	7	04:31.24	685	E	
GAU046	393	LEHLOHONOLO THATO	Gauteng	7	04:37.15	631	E	
NCP003	922	DOLF DORFLING	Northern Cape Province	8	04:33.47	664	E	
GAU057	404	WISDOM NDLOVU	Gauteng	8	04:39.41	611	E	

68	B-15	1500 m	/ 1500 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU042	389	JAMES MOKONE	Gauteng	1	04:02.54	1033	E	
MPU063	855	SIMANGALISO MBATHA	Mpumalanga	2	04:04.37	1008	E	
KZN021	599	MONWABISI CELE	Kwazulu Natal	3	04:08.04	955	E	
GAU036	383	SITHEMBILE DONDOLO	Gauteng	4	04:13.39	883	E	
KZN020	598	SANDILE SHABANGU	Kwazulu Natal	5	04:15.43	857	E	
KZN022	600	XOLANI MHLAKAZA	Kwazulu Natal	6	04:18.19	823	E	

134	B-15	3000 m	/ 3000 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU036	383	SITHEMBILE DONDOLO	Gauteng	1	08:53.27	917	E	
ECA034	32	ZUSIPHE MPIYAKHE	Eastern Cape	2	08:54.21	911	E	
MPU063	855	SIMANGALISO MBATHA	Mpumalanga	3	08:56.77	895	E	
ECA041	39	LONWABO PIKI	Eastern Cape	4	09:11.98	807	E	
KZN026	604	COSMOS MZOBE	Kwazulu Natal	5	09:24.12	744	E	
GAU046	393	LEHLOHONOLO THATO	Gauteng	6	09:30.81	712	E	
GAU064	411	ALFRED MPHUTI	Gauteng	7	09:34.52	695	E	
KZN025	603	SANDILE SHABANGU	Kwazulu Natal	8	09:34.58	695	E	
FSA163	309	THABANG MOJANAGA	Free State	9	09:48.11	636	E	
FSA164	310	TEBOHO MOCK	Free State	10	09:54.21	611	E	

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42	B-15	100 m Hekkie	/ 100 m Hurdles	68:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP019	1012	JACQUES VAN STADEN	North West Province	1	00:12.99	985	-0.1	E	
GAU047	394	FRANCOIS TREDoux	Gauteng	1	00:12.88	1014	1.3	E	R
WCP106	1243	KIRK JACOBS	Western Cape	1	00:13.45	868	-0.4	E	
KZN023	601	SPHAMANDLA KHUMALO	Kwazulu Natal	2	00:13.36	890		E	
GAU061	408	WILLIE VAN HEERDEN	Gauteng	2	00:13.35	892		E	
WCP124	1261	TAARIQ SOLOMON	Western Cape	2	00:13.48	861		E	
FSA165	311	JOHANNES LITABE	Free State	3	00:13.78	795		E	
NWP033	1026	FRANCOIS DU TOIT	North West Province	3	00:13.63	827		E	
MPU068	860	AYANDA NKOSI	Mpumalanga	3	00:13.64	825		E	
FSA167	313	RICO CROUCAMP	Free State	4	00:13.92	766		E	
NWP032	1025	STEVEN ROBERTS	North West Province	4	00:13.66	821		E	
GAU049	396	MARKUS BOTES	Gauteng	4	00:13.87	776		E	
FSA168	314	F PRETORIUS	Free State	5	00:14.11	729		E	
FSA169	315	WANDY TJEMOLANE	Free State	5	00:14.18	716		E	
WCP097	1234	LOUIS CORDIER	Western Cape	5	00:13.92	766		E	
FSA166	312	TSIDISO TLALI	Free State	6	00:14.56	649		E	
LIM018	706	RUAN ELS	Limpopo	6	00:14.10	731		E	
KZN035	613	SAKHILE ZWANE	Kwazulu Natal	6	00:14.25	703		E	

79	B-15	100 m Hekkie	/ 100 m Hurdles	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU047	394	FRANCOIS TREDoux	Gauteng	1	00:12.90	1009	0.1	E	R
NWP019	1012	JACQUES VAN STADEN	North West Province	2	00:13.00	982	0.1	E	
GAU061	408	WILLIE VAN HEERDEN	Gauteng	3	00:13.42	875	0.1	E	
KZN023	601	SPHAMANDLA KHUMALO	Kwazulu Natal	4	00:13.44	870	0.1	E	
WCP106	1243	KIRK JACOBS	Western Cape	5	00:13.52	852	0.1	E	
NWP033	1026	FRANCOIS DU TOIT	North West Province	6	00:13.72	808	0.1	E	
WCP124	1261	TAARIQ SOLOMON	Western Cape	7	00:13.79	793	0.1	E	

119	B-15	300 m Hekkie	/ 300 m Hurdles	68:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP019	1012	JACQUES VAN STADEN	North West Province	1	00:39.59	881		H	
GAU054	401	PATRIC MAPONJA	Gauteng	1	00:39.06	925		H	
GAU047	394	FRANCOIS TREDoux	Gauteng	1	00:39.35	900		H	
KZN023	601	SPHAMANDLA KHUMALO	Kwazulu Natal	2	00:40.32	824		H	
WCP124	1261	TAARIQ SOLOMON	Western Cape	2	00:39.08	923		H	
MPU055	847	ANELE BLAAUW	Mpumalanga	2	00:39.94	853		H	
WCP129	1266	BOUGH IAAN VAN LITSEN	Western Cape	3	00:40.60	804		H	
GAU048	395	CONRAD BEZUIDENHOUT	Gauteng	3	00:41.13	767		H	
MPU068	860	AYANDA NKOSI	Mpumalanga	3	00:39.20	913		H	
WCP091	1228	SKALK BURGER	Western Cape	4	00:40.76	793		H	
GAU049	396	MARKUS BOTES	Gauteng	4	00:39.53	885		H	
MPU073	865	MEIRING VD MERWE	Mpumalanga	4	00:41.16	765		H	
FSA168	314	F PRETORIUS	Free State	5	00:41.07	771		H	
FSA169	315	WANDY TJEMOLANE	Free State	5	00:42.14	702		H	
FSA167	313	RICO CROUCAMP	Free State	5	00:40.10	841		H	
FSA166	312	TSIDISO TLALI	Free State	6	00:43.41	628		H	
WCP132	1269	BRANDON JOSHUA	Western Cape	6	00:40.14	838		H	
NWP034	1027	ROELF PIENAAR	North West Province	6	00:44.50	571		H	
ECA038	36	JEREMIA OOSTHUIZEN	Eastern Cape	7	00:43.50	623		H	
KZN037	615	NKOSINATHI MBHELE	Kwazulu Natal	7	00:40.48	812		H	

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146	B-15	300 m Hekkie	/ 300 m Hurdles	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP019	1012	JACQUES VAN STADEN	North West Province	1	00:38.44	992	E	R
GAU054	401	PATRIC MAPONJA	Gauteng	2	00:38.58	979	E	R
GAU047	394	FRANCOIS TREDoux	Gauteng	3	00:39.10	933	E	
WCP124	1261	TAARIQ SOLOMON	Western Cape	4	00:40.10	851	E	
MPU068	860	AYANDA NKOSI	Mpumalanga	5	00:40.59	815	E	
MPU055	847	ANELE BLAAUW	Mpumalanga	6	00:40.69	807	E	
KZN023	601	SPHAMANDLA KHUMALO	Kwazulu Natal	7	00:40.77	802	E	
GAU049	396	MARKUS BOTES	Gauteng	8	00:40.85	796	E	

3	B-15	5000 m Stap	/ 5000 m Walk	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN015	593	MUSAWENKOSI BLOSE	Kwazulu Natal	1	28:36.23	791	H	
WCP095	1232	TIMOTHY CLEOPHAS	Western Cape	2	28:47.49	773	H	
KZN016	594	SIMPHIWE BHENGU	Kwazulu Natal	3	28:53.41	763	H	
ECA043	41	PIETER STRYDOM	Eastern Cape	4	29:10.75	735	H	
NWP038	1031	JOHAN COETSEE	North West Province	5	29:51.12	675	H	
KZN014	592	LANGELIHLE NGUBANE	Kwazulu Natal	6	30:33.75	617	H	
ECA021	20	NICOLAAS DE KLERK	Eastern Cape	7	30:35.56	615	H	
WCP093	1230	GHANTON CAESAR	Western Cape	8	31:34.21	542	H	

174	B-15	4X100 m Aflos	/ 4X100 m Relay	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA03	569	GAUTENG	Gauteng	1	00:43.86	940	E	
WCPA03	1350	WESTERN CAPE	Western Cape	2	00:44.45	896	E	
ECAA03	140	EASTERN CAPE	Eastern Cape	3	00:44.81	870	E	
KZNA03	681	KWAZULU NATAL	Kwazulu Natal	4	00:44.83	868	E	
FSAA03	338	FREE STATE	Free State	5	00:46.07	787	E	
MPUA03	915	MPUMALANGA	Mpumalanga	6	00:46.10	785	E	
NCPA03	990	NORTHERN CAPE	Northern Cape Province	7	00:46.69	749	E	
NWPA03	1128	NORTH WEST	North West Province	8	00:51.10	531	E	

93	B-15	1000m Medley	/ 1000m Medley	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA10	576	GAUTENG	Gauteng	1	02:00.37	958	E	R
WCPA10	1357	WESTERN CAPE	Western Cape	2	02:02.15	909	E	
KZNA04	682	KWAZULU NATAL	Kwazulu Natal	3	02:02.80	891	E	
ECAA10	147	EASTERN CAPE	Eastern Cape	4	02:05.08	834	E	
FSAA10	345	FREE STATE	Free State	5	02:07.82	771	E	

24	B-15	Hoogspring	/ High Jump	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA179	325	JEAN PIERRE DE LANGE	Free State	1	1.75	747	E	
FSA177	323	THINUS FRONEMAN	Free State	1	1.75	747	E	
LIM019	707	JOHAN ERASMUS	Limpopo	1	1.75	747	E	
WCP130	1267	GHUSVILL VAN SCHALKWYK	Western Cape	1	1.75	747	E	
NWP024	1017	TIRO MOSETE	North West Province	1	1.75	747	E	
GAU062	409	CHRISTIAANDE BRUIN	Gauteng	1	1.75	747	E	
GAU053	400	WILLIE KOK	Gauteng	1	1.75	747	E	
GAU068	415	JOHN SCROOBY	Gauteng	1	1.75	747	E	
MPU070	862	WILLOX PHAHLAMOHLAKA	Mpumalanga	1	1.75	747	E	
MPU056	848	FRANCOIS COETZEE	Mpumalanga	1	1.75	747	E	

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156	B-15	Hoogspring	/ High Jump	68:00.00		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU062	409	CHRISTIAANDE BRUIN	Gauteng	1	1.89	900		E
GAU053	400	WILLIE KOK	Gauteng	2	1.84	845		E
GAU068	415	JOHN SCROOBY	Gauteng	3	1.84	845		E
MPU070	862	WILLOX PHAHLAMOHLAKA	Mpumalanga	3	1.84	845		E
WCP130	1267	GHUSVILL VAN SCHALKWYK	Western Cape	5	1.84	845		E
MPU056	848	FRANCOIS COETZEE	Mpumalanga	6	1.84	845		E
NWP024	1017	TIRO MOSETE	North West Province	7	1.84	845		E
LIM019	707	JOHAN ERASMUS	Limpopo	8	1.79	791		E

39	B-15	Paalspring	/ Pole Vault	68:00.00		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP110	1247	ALBERT KORFF	Western Cape	1	3.90	1125		E
GAU035	382	MICHAEL CILIERIS	Gauteng	2	3.80	1010		E
FSA181	327	JARIK JANSEN	Free State	3	3.40	902		E
FSA182	328	PIERRE MYBURGH	Free State	4	3.30	845		E
ECA042	40	NEAL PUTTERGILL	Eastern Cape	5	3.30	845		E
FSA183	329	CHRISTIAN ELS	Free State	6	3.30	845		E
FSA185	331	N NAUDE	Free State	7	2.30	211		E
WCP096	1233	JW COETZEE	Western Cape	8	2.50	345		E

113	B-15	Verspring	/ Long Jump	68:00.00		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU051	398	FRITZ HELBERG	Gauteng	1	6.73	926	-1.0	E
GAU059	406	KEANU ROMAN	Gauteng	2	6.71	924	-1.0	E
KZN024	602	QUINTIN HITGE	Kwazulu Natal	3	6.65	917	2.0	E
NWP025	1018	JUSTINE KRUGER	North West Province	4	6.60	911	-0.8	E
MPU056	848	FRANCOIS COETZEE	Mpumalanga	5	6.43	881	-0.9	E
MPU066	858	ANTIAN MOOSA	Mpumalanga	6	6.35	855	-0.8	E
MPU070	862	WILLOX PHAHLAMOHLAKA	Mpumalanga	7	6.29	836	2.1	E
NCP005	924	HYRON DURAAN	Northern Cape Province	8	6.27	830	-0.8	E
MPU064	856	NIEL MEYER	Mpumalanga	9	6.17	798		E
FSA165	311	JOHANNES LITABE	Free State	10	6.10	776		E
WCP116	1253	GREGORY PETERSEN	Western Cape	11	6.10	776		E
GAU067	414	SEAN ROBINSON	Gauteng	12	6.01	747		E
LIM034	722	NEFALE TOVHI	Limpopo	13	5.87	703		E
WCP105	1242	CLIVE GESWINDT	Western Cape	14	5.73	658		E
NCP012	931	DIRBUSCO LOUW	Northern Cape Province	15	5.71	651		E
NWP036	1029	SHAUN CONRADIE	North West Province	16	5.57	606		E

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38	B-15	Driesprong	/ Triple Jump	68:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU040	387	NTOKOZA MBOKAZI	Gauteng	1	14.51	1112	0.5	E	R
NWP026	1019	THOMAS PHUKUBYE	North West Province	2	13.07	923	1.3	E	R
MPU070	862	WILLOX PHAHLAMOHLAKA	Mpumalanga	3	13.05	922	1.0	E	R
FSA180	326	CAREL WENTZEL	Free State	4	12.73	904	0.2	E	
MPU064	856	NIEL MEYER	Mpumalanga	5	12.46	869	1.6	E	
NWP025	1018	JUSTINE KRUGER	North West Province	6	12.36	853	-0.9	E	
GAU043	390	JOHANNES MOSTERT	Gauteng	7	12.16	820	0.5	E	
WCP087	1224	MICHAEL BERNARD	Western Cape	8	12.14	817	0.6	E	
FSA179	325	JEAN PIERRE DE LANGE	Free State	9	11.71	747		E	
KZN033	611	NIMEHLE KHUMALO	Kwazulu Natal	10	10.75	588		E	
ECA032	30	SIPHAMANDLA MBEMBE	Eastern Cape	11	11.66	739		E	
NCP006	925	DU-WAYNE FILLIES	Northern Cape Province	12	11.59	727		E	
MPU060	852	SIBUSISO MAKWAKWA	Mpumalanga	13	11.49	711		E	
FSA175	321	NIKKIE MULLER	Free State	14	11.37	691		E	
LIM025	713	NHLAHLA MTHOMBENI	Limpopo	15	11.25	671		E	
KZN018	596	AVUMILE ZULU	Kwazulu Natal	16	11.20	663		E	

53	B-15	Gewigstoot	/ Shot Put	68:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU038	385	IRNE HERBST	Gauteng	1	18.04	981		E	
MPU071	863	FRANS SCHUTTE	Mpumalanga	2	17.90	973		E	
WCP113	1250	RUAN MAREE	Western Cape	3	16.83	919		E	
MPU054	846	JACO BISCHOFF	Mpumalanga	4	16.64	911		E	
WCP127	1264	PETRUS UYS	Western Cape	5	15.74	824		E	
GAU039	386	EUGENE LE MAITRE	Gauteng	6	15.57	806		E	
GAU050	397	JUSTIN FORWOOD	Gauteng	7	14.96	742		E	
NCP016	935	WERNER RUPPING	Northern Cape Province	8	14.00	648		E	
NWP027	1020	JOHNNY BOTHA	North West Province	9	13.96	645		E	
FSA170	316	GUSTAV POTGIETER	Free State	10	13.79	629		E	
LIM027	715	JACOB MULDER	Limpopo	11	13.04	561		E	

101	B-15	Diskusgooi	/ Discus Throw	68:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU071	863	FRANS SCHUTTE	Mpumalanga	1	62.20	1255		E	R
MPU057	849	JACQUES DU PLESSIS	Mpumalanga	2	60.68	1163		E	
WCP127	1264	PETRUS UYS	Western Cape	3	55.32	952		E	
GAU050	397	JUSTIN FORWOOD	Gauteng	4	54.28	936		E	
GAU038	385	IRNE HERBST	Gauteng	5	53.54	925		E	
WCP107	1244	DEWALD JORDAAN	Western Cape	6	52.09	905		E	
ECA038	36	JEREMIA OOSTHUIZEN	Eastern Cape	7	50.81	865		E	
WCP112	1249	THERON LIENBERG	Western Cape	8	47.65	756		E	
WCP111	1248	JAN-LOUW KOTZE	Western Cape	9	46.62	723		E	
FSA171	317	FRANCOIS BENDER	Free State	10	45.95	702		E	
FSA170	316	GUSTAV POTGIETER	Free State	11	42.74	606		E	
NWP028	1021	CHARL ESTERHUIZEN	North West Province	12	39.06	502		E	
NCP016	935	WERNER RUPPING	Northern Cape Province	13	23.40	60		E	

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7	B-15	Spiesgooi	/ Javelin	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP114	1251	MORNE MOOLMAN	Western Cape	1	55.42	803	H	
MPU069	861	JOHAN OLIVIER	Mpumalanga	2	55.31	799	H	
WCP101	1238	DANIEL DU TOIT	Western Cape	3	55.13	794	H	
WCP092	1229	ROAN BIERMAN	Western Cape	4	54.88	787	H	
GAU047	394	FRANCOIS TREDoux	Gauteng	5	54.72	782	H	
NWP029	1022	WAYNE SMIT	North West Province	6	54.24	768	H	
MPU058	850	JUAN FREYER	Mpumalanga	7	51.30	685	H	
FSA172	318	JEAN PRETORIUS	Free State	8	51.07	679	H	
ECA022	21	ARMAND DIEDERICKS	Eastern Cape	9	49.39	635	H	
GAU063	410	RAYMOND HERRON	Gauteng	10	49.00	625	H	
FSA173	319	KAREL PLEKKER	Free State	11	48.81	620	H	
NWP028	1021	CHARL ESTERHUIZEN	North West Province	12	47.92	597	H	

43	B-15	Spiesgooi	/ Javelin	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP101	1238	DANIEL DU TOIT	Western Cape	1	60.64	927	E	
NWP029	1022	WAYNE SMIT	North West Province	2	58.55	901	E	
WCP114	1251	MORNE MOOLMAN	Western Cape	3	58.35	898	E	
MPU058	850	JUAN FREYER	Mpumalanga	4	56.12	824	E	
MPU069	861	JOHAN OLIVIER	Mpumalanga	5	56.11	824	E	
WCP092	1229	ROAN BIERMAN	Western Cape	6	55.18	796	E	
GAU047	394	FRANCOIS TREDoux	Gauteng	7	53.61	749	E	
NWP028	1021	CHARL ESTERHUIZEN	North West Province	8	50.91	675	E	
FSA172	318	JEAN PRETORIUS	Free State	9	48.87	621	E	
GAU063	410	RAYMOND HERRON	Gauteng	10	48.05	600	E	
FSA173	319	KAREL PLEKKER	Free State	11	47.77	593	E	

137	B-15	Hamergooi	/ Hammer Throw	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU058	405	GUILHERME R DE FRANCA	Gauteng	1	57.93	1244	E	
FSA174	320	ROBERT JANSE V RENSBURG	Free State	2	51.60	951	E	
FSA171	317	FRANCOIS BENDER	Free State	3	51.37	947	E	
WCP128	1265	WAYNE VAN DER VENTER	Western Cape	4	46.33	821	E	
ECA024	23	FRANS GERBER	Eastern Cape	5	45.65	796	E	
WCP119	1256	COR RETIEF	Western Cape	6	45.47	789	E	
FSA176	322	CONRAY FLYNN	Free State	7	43.93	735	E	
ECA029	27	DILLAN KORKIE	Eastern Cape	8	41.45	654	E	
MPU061	853	ARMAND MARITZ	Mpumalanga	9	38.84	572	E	
ECA044	42	ARMAND VAN ROOYEN	Eastern Cape	10	37.14	521	E	
GAU050	397	JUSTIN FORWOOD	Gauteng	11	35.47	471	E	
WCP120	1257	CHRISTOPHER RICHARDSON	Western Cape	12	31.77	363	E	

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16	B-17	100 m	/ 100 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA069	67	EBEN BARNARD	Eastern Cape	1	00:10.87	852	0.7	E
GAU128	474	THEMBA MNQIBISA	Gauteng	1	00:10.85	858	1.0	E
GAU118	464	RICHMOND COLLINS	Gauteng	1	00:10.93	835	0.8	E
GAU122	468	WAIDE JOOSTE	Gauteng	1	00:10.77	881		E
WCP166	1298	ROSCOE ROOS	Western Cape	1	00:10.97	824	0.3	E
ECA087	85	LIONEL MAKIWANE	Eastern Cape	2	00:10.94	833		E
FSA086	232	HEATCLIFF NYAMBIYA	Free State	2	00:10.86	855		E
WCP142	1279	GRANT EIMAN	Western Cape	2	00:10.97	824		E
MPU033	825	ABEDNEGO MAMUSHI	Mpumalanga	2	00:10.94	833		E
MPU043	835	SIMPHIWE NXUMALO	Mpumalanga	2	00:10.97	824		E
ECA096	93	HENDRIK STAPELBERG	Eastern Cape	3	00:11.06	800		E
FSA087	233	PIETER MARX	Free State	3	00:11.04	806		E
NCP036	954	ANDREW LOUW	Northern Cape Province	3	00:11.03	808		E
WCP167	1299	CURT RUITERS	Western Cape	3	00:11.03	808		E
MPU029	821	BRENDON JANSE V RENSBURG	Mpumalanga	3	00:10.98	822		E
ECA082	80	PHAPHAMA HOYI	Eastern Cape	4	00:11.18	770		E
FSA127	273	ASANDA SKOSANA	Free State	4	00:11.27	747		E
LIM054	742	PITUS MAIWASHA	Limpopo	4	00:11.16	775		E
NWP079	1072	RIAAN DU PLESSIS	North West Province	4	00:11.08	795		E
MPU031	823	CLEARANCE KHUMALO	Mpumalanga	4	00:11.09	792		E
FSA088	234	CHOARA MOTHSOENENG	Free State	5	00:11.16	775		E
KZN042	620	SIYANDA NYUSWA	Kwazulu Natal	5	00:11.41	714		E
KZN059	637	ZOLILE QOLA	Kwazulu Natal	5	00:11.47	701		E
NCP037	955	BRUCE MALAMBO	Northern Cape Province	5	00:11.35	728		E
WCP139	1276	SHAUN DE KLERK	Western Cape	5	00:11.25	752		E
LIM063	751	THABANG RANNYDI	Limpopo	6	00:11.47	701		E
NCP038	956	ALBE PEER	Northern Cape Province	6	00:11.49	696		E
NWP065	1058	DENYS SNYMAN	North West Province	6	00:11.31	738		E
MPU047	839	SABELO PULA	Mpumalanga	6	00:11.48	699		E
MPU032	824	PRINCE MAKGATO	Mpumalanga	6	00:11.60	672		E
KZN058	636	JUNIAD SMERDON	Kwazulu Natal	7	00:11.66	659		E
LSE001	788	MARCUS GROUND	LSEN	7	00:11.59	674		E
MPU046	838	SIPHO RAMABUDO	Mpumalanga	7	00:11.72	647		E

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55	B-17	100 m	/ 100 m	68:00.00			Semi-Finals		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA086	232	HEATCLIFF NYAMBIYA	Free State	1	00:10.95	830	1.1	E	
GAU122	468	WAIDE JOOSTE	Gauteng	1	00:10.68	909	1.3	E	
GAU118	464	RICHMOND COLLINS	Gauteng	1	00:10.91	841	0.9	E	
ECA069	67	EBEN BARNARD	Eastern Cape	2	00:10.80	872		E	
ECA096	93	HENDRIK STAPELBERG	Eastern Cape	2	00:10.95	830		E	
GAU128	474	THEMBA MNQIBISA	Gauteng	2	00:10.93	835		E	
ECA087	85	LIONEL MAKIWANE	Eastern Cape	3	00:11.02	811		E	
WCP166	1298	ROSCOE ROOS	Western Cape	3	00:10.98	822		E	
WCP167	1299	CURT RUITERS	Western Cape	3	00:10.81	869		E	
FSA087	233	PIETER MARX	Free State	4	00:11.09	792		E	
WCP142	1279	GRANT EIMAN	Western Cape	4	00:11.08	795		E	
MPU033	825	ABEDNEGO MAMUSHI	Mpumalanga	4	00:10.85	858		E	
NCP036	954	ANDREW LOUW	Northern Cape Province	5	00:11.09	792		E	
NWP065	1058	DENYS SNYMAN	North West Province	5	00:11.22	760		E	
MPU043	835	SIMPHIWE NXUMALO	Mpumalanga	5	00:11.01	814		E	
ECA082	80	PHAPHAMA HOYI	Eastern Cape	6	00:11.25	752		E	
FSA088	234	CHOARA MOTHSOENENG	Free State	6	00:11.10	790		E	
LIM054	742	PITUS MAIWASHA	Limpopo	6	00:11.32	735		E	
NCP037	955	BRUCE MALAMBO	Northern Cape Province	7	00:11.35	728		E	
NWP079	1072	RIAAN DU PLESSIS	North West Province	7	00:11.14	780		E	
MPU031	823	CLEARANCE KHUMALO	Mpumalanga	7	00:11.30	740		E	
FSA127	273	ASANDA SKOSANA	Free State	8	00:11.22	760		E	

86	B-17	100 m	/ 100 m	68:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU118	464	RICHMOND COLLINS	Gauteng	1	00:10.83	864	1.3	E	
GAU128	474	THEMBA MNQIBISA	Gauteng	2	00:10.87	852	1.3	E	
ECA069	67	EBEN BARNARD	Eastern Cape	3	00:10.91	841	1.3	E	
MPU033	825	ABEDNEGO MAMUSHI	Mpumalanga	4	00:10.92	838	1.3	E	
FSA086	232	HEATCLIFF NYAMBIYA	Free State	5	00:10.93	835	1.3	E	
GAU122	468	WAIDE JOOSTE	Gauteng	6	00:10.96	827	1.3	E	
WCP167	1299	CURT RUITERS	Western Cape	7	00:10.97	824	1.3	E	
ECA096	93	HENDRIK STAPELBERG	Eastern Cape	8	00:11.04	806	1.3	E	

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107	B-17	200 m	/ 200 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA092	89	APELELE RASMENI	Eastern Cape	1	00:21.75	898	-0.1	E
WCP170	1302	DEAN SWART	Western Cape	1	00:22.15	840	0.7	E
WCP167	1299	CURT RUITERS	Western Cape	1	00:21.93	871	-0.1	E
GAU128	474	THEMBA MNQIBISA	Gauteng	1	00:21.84	885	0.4	E
GAU103	449	STEPHAN BRITS	Gauteng	1	00:22.09	849	-0.8	E
FSA088	234	CHOARA MOTHSOENENG	Free State	2	00:22.21	832		E
NCP036	954	ANDREW LOUW	Northern Cape Province	2	00:22.17	838		E
GAU122	468	WAIDE JOOSTE	Gauteng	2	00:22.16	839		E
MPU043	835	SIMPHIWE NXUMALO	Mpumalanga	2	00:22.23	829		E
ECA087	85	LIONEL MAKIWANE	Eastern Cape	3	00:22.46	799		E
FSA091	237	THABANG LEBONA	Free State	3	00:22.44	802		E
FSA090	236	OLEBOGANG MOROKA	Free State	3	00:22.62	779		E
NCP037	955	BRUCE MALAMBO	Northern Cape Province	3	00:23.22	708		E
NWP065	1058	DENYS SNYMAN	North West Province	3	00:22.72	766		E
ECA069	67	EBEN BARNARD	Eastern Cape	4	00:22.56	786		E
FSA089	235	THAPELO KHOAHANE	Free State	4	00:22.89	746		E
NCP038	956	ALBE PEER	Northern Cape Province	4	00:23.27	702		E
WCP166	1298	ROSCOE ROOS	Western Cape	4	00:22.78	759		E
NWP066	1059	PETRUS COETZEE	North West Province	4	00:22.63	778		E
LSE001	788	MARCUS GROUND	LSEN	5	00:23.47	680		E
LIM053	741	LUCKY MABOTJA	Limpopo	5	00:23.57	670		E
NWP079	1072	RIAAAN DU PLESSIS	North West Province	5	00:23.36	692		E
MPU031	823	CLEARANCE KHUMALO	Mpumalanga	5	00:22.67	773		E
MPU045	837	JOHAN PRETORIUS	Mpumalanga	5	00:23.42	686		E

142	B-17	200 m	/ 200 m	68:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA092	89	APELELE RASMENI	Eastern Cape	1	00:21.49	938	1.3	E
GAU122	468	WAIDE JOOSTE	Gauteng	1	00:21.93	871	1.1	E
GAU128	474	THEMBA MNQIBISA	Gauteng	1	00:22.03	857	0.9	E
WCP170	1302	DEAN SWART	Western Cape	2	00:22.08	850		E
WCP167	1299	CURT RUITERS	Western Cape	2	00:21.93	871		E
GAU103	449	STEPHAN BRITS	Gauteng	2	00:21.77	895		E
FSA088	234	CHOARA MOTHSOENENG	Free State	3	00:22.08	850		E
NCP036	954	ANDREW LOUW	Northern Cape Province	3	00:22.02	858		E
MPU043	835	SIMPHIWE NXUMALO	Mpumalanga	3	00:21.96	867		E
ECA069	67	EBEN BARNARD	Eastern Cape	4	00:22.30	820	5	E
FSA091	237	THABANG LEBONA	Free State	4	00:22.33	816		E
WCP166	1298	ROSCOE ROOS	Western Cape	4	00:22.56	786		E
FSA089	235	THAPELO KHOAHANE	Free State	5	00:22.55	788		E
FSA090	236	OLEBOGANG MOROKA	Free State	5	00:22.88	747		E
NWP066	1059	PETRUS COETZEE	North West Province	5	00:22.72	766		E
ECA087	85	LIONEL MAKIWANE	Eastern Cape	6	00:23.24	706		E
NCP037	955	BRUCE MALAMBO	Northern Cape Province	6	00:23.29	700		E
MPU031	823	CLEARANCE KHUMALO	Mpumalanga	6	00:22.60	781		E
NWP079	1072	RIAAAN DU PLESSIS	North West Province	7	00:22.91	744		E
MPU045	837	JOHAN PRETORIUS	Mpumalanga	7	00:23.48	679		E
LSE001	788	MARCUS GROUND	LSEN	8	00:23.64	662		E
LIM053	741	LUCKY MABOTJA	Limpopo	8	00:23.59	668		E

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169	B-17	200 m	/ 200 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA092	89	APELELE RASMENI	Eastern Cape	1	00:21.46	943	1.3	E
GAU122	468	WAIDE JOOSTE	Gauteng	2	00:21.55	929	1.3	E
WCP167	1299	CURT RUITERS	Western Cape	3	00:21.63	916	1.3	E
GAU103	449	STEPHAN BRITS	Gauteng	4	00:21.66	912	1.3	E
WCP170	1302	DEAN SWART	Western Cape	5	00:21.68	909	1.3	E
MPU043	835	SIMPHIWE NXUMALO	Mpumalanga	6	00:21.93	871	1.3	E
NCP036	954	ANDREW LOUW	Northern Cape Province	7	00:22.05	854	1.3	E
GAU128	474	THEMBA MNQIBISA	Gauteng	8	00:22.25	827	1.3	E

26	B-17	400 m	/ 400 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM048	736	RYNO DE LANGE	Limpopo	1	00:49.15	807		E
KZN040	618	SENZO BLOSE	Kwazulu Natal	1	00:48.76	830		E
GAU107	453	ARMAND FOURIE	Gauteng	1	00:49.09	810		E
FSA091	237	THABANG LEBONA	Free State	2	00:49.73	773		E
WCP170	1302	DEAN SWART	Western Cape	2	00:49.50	786		E
GAU108	454	DANIEL HARRISON	Gauteng	2	00:49.46	789		E
ECA086	84	LONWABO MAJERMAN	Eastern Cape	3	00:50.03	756		E
FSA092	238	SECHABA MOTSITSA	Free State	3	00:49.74	773		E
WCP178	1309	ANRICH VISSER	Western Cape	3	00:49.87	765		E
ECA098	95	MEGAIL VAN JAARSVELD	Eastern Cape	4	00:51.14	698		E
NWP066	1059	PETRUS COETZEE	North West Province	4	00:50.09	753		E
MPU034	826	GIDEON MASHEGO	Mpumalanga	4	00:51.13	699		E
FSA129	275	BURGER NAUDE	Free State	5	00:51.52	679		E
LIM052	740	BIKO LEGODI	Limpopo	5	00:52.36	639		E
NCP070	987	BOINGOTLO TSHABANG	Northern Cape Province	5	00:54.01	567		E
NCP043	961	MERVIN VRIES	Northern Cape Province	6	00:53.58	585		E
MPU028	820	DRIES HEFER	Mpumalanga	6	00:54.80	534		E

64	B-17	400 m	/ 400 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN040	618	SENZO BLOSE	Kwazulu Natal	1	00:47.87	888		E
WCP170	1302	DEAN SWART	Western Cape	2	00:48.46	849		E
GAU107	453	ARMAND FOURIE	Gauteng	3	00:48.67	836		E
GAU108	454	DANIEL HARRISON	Gauteng	4	00:48.82	827		E
WCP178	1309	ANRICH VISSER	Western Cape	5	00:48.87	824		E
LIM048	736	RYNO DE LANGE	Limpopo	6	00:49.25	801		E
FSA091	237	THABANG LEBONA	Free State	7	00:49.72	774		E
FSA092	238	SECHABA MOTSITSA	Free State	8	00:50.06	755		E

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128	B-17	800 m	/ 800 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA093	239	RATLATLE MOKONE	Free State	1	01:56.33	840	E	
LIM048	736	RYNO DE LANGE	Limpopo	1	01:56.82	827	E	
FSA121	267	BENJAMIN MOLEHE	Free State	2	01:57.38	812	E	
GAU125	471	JAN LUBBE	Gauteng	2	01:56.84	826	E	
FSA094	240	REINHARDT V RENSBURG	Free State	3	01:57.92	799	E	
NWP067	1060	NICHOLUS SETLHALOGILE	North West Province	3	01:57.72	804	E	
NCP039	957	ALAN SLINGER	Northern Cape Province	4	01:59.25	766	E	
GAU134	480	ANDREW LEEUW	Gauteng	4	01:58.38	787	E	
KZN055	633	LUNGA MTHEMBU	Kwazulu Natal	5	02:00.93	727	E	
GAU115	461	THABANG SAKWANA	Gauteng	5	02:01.02	725	E	
ECA081	79	MAWANDE HLONGWE	Eastern Cape	6	02:01.32	719	E	
NCP043	961	MERVIN VRIES	Northern Cape Province	6	02:01.03	725	E	
ECA079	77	RODNEY GOBA	Eastern Cape	7	02:01.12	723	E	
WCP148	1284	GERALD LAKEY	Western Cape	7	02:01.53	714	E	
FSA122	268	MPAKO MAHLAPE	Free State	8	02:01.57	713	E	
LIM065	753	PIETER WILDERS	Limpopo	9	02:01.92	705	E	

159	B-17	800 m	/ 800 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM048	736	RYNO DE LANGE	Limpopo	1	01:53.17	930	E	
FSA093	239	RATLATLE MOKONE	Free State	2	01:54.03	905	E	
FSA094	240	REINHARDT V RENSBURG	Free State	3	01:55.66	858	E	
NWP067	1060	NICHOLUS SETLHALOGILE	North West Province	4	01:55.68	857	E	
GAU125	471	JAN LUBBE	Gauteng	5	01:55.69	857	E	
GAU134	480	ANDREW LEEUW	Gauteng	6	01:55.97	849	E	
FSA121	267	BENJAMIN MOLEHE	Free State	7	01:56.02	848	E	
NCP039	957	ALAN SLINGER	Northern Cape Province	8	01:56.30	841	H	

35	B-17	1500 m	/ 1500 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM055	743	ZANDILE MAKOFANE	Limpopo	1	04:00.43	889	E	
NCP042	960	R VERSUUR	Northern Cape Province	1	04:06.84	807	E	
GAU137	483	OLWETHU MHABA	Gauteng	2	04:07.14	803	E	
MPU042	834	WILLEM NKOSI	Mpumalanga	2	04:01.22	879	E	
KZN041	619	TEBOGO KHAYI	Kwazulu Natal	3	04:05.31	825	E	
GAU116	462	MANFRED SEJAKE	Gauteng	3	04:07.48	799	E	
WCP137	1274	DONNEY DANSTER	Western Cape	4	04:07.63	797	E	
GAU111	457	RUBEN MANGENGENENE	Gauteng	4	04:06.54	810	E	
ECA075	73	SITHEMBELE FANEKO	Eastern Cape	5	04:08.16	791	E	
GAU134	480	ANDREW LEEUW	Gauteng	5	04:06.56	810	E	
FSA096	242	IVIN CHUTA	Free State	6	04:10.70	762	E	
GAU139	485	HONEST SITHOLE	Gauteng	6	04:07.48	799	E	
ECA089	87	THABILE MBOLEKWA	Eastern Cape	7	04:08.30	789	E	
NWP080	1073	JOEL MMONE	North West Province	7	04:12.08	746	E	
FSA094	240	REINHARDT V RENSBURG	Free State	8	04:16.97	695	E	
KZN056	634	DUNCAN MANZINI	Kwazulu Natal	8	04:18.88	675	E	
FSA095	241	JOHANNES MOLEHE	Free State	9	04:20.76	657	E	
LIM060	748	KLEINBOY NAKENG	Limpopo	9	04:22.45	641	E	
NCP032	950	KOBUS HUGO	Northern Cape Province	10	04:23.20	634	E	
NWP068	1061	LUCAS BOTHOBOILE	North West Province	10	04:32.80	549	E	

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71	B-17	1500 m	/ 1500 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN041	619	TEBOGO KHAYI	Kwazulu Natal	1	03:59.88	897	E	
GAU116	462	MANFRED SEJAKE	Gauteng	2	04:01.54	874	E	
MPU042	834	WILLEM NKOSI	Mpumalanga	3	04:03.54	848	E	
GAU137	483	OLWETHU MHABA	Gauteng	4	04:04.27	838	E	
NCP042	960	R VERSUUR	Northern Cape Province	5	04:11.55	752	E	
GAU134	480	ANDREW LEEUW	Gauteng	6	04:22.55	640	E	

165	B-17	3000 m	/ 3000 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP068	1061	LUCAS BOTHOBOILE	North West Province	1	08:48.50	775	E	
WCP137	1274	DONNEY DANSTER	Western Cape	2	08:49.41	770	E	
WCP134	1271	JEREMY ANDREWS	Western Cape	3	08:51.16	761	E	
FSA095	241	JOHANNES MOLEHE	Free State	4	08:51.97	756	E	
ECA075	73	SITHEMBELE FANEKO	Eastern Cape	5	09:06.97	682	E	
GAU140	486	VUYISILE TSHOBA	Gauteng	6	09:10.09	667	E	
KZN051	629	MDUDUZI MAHLABA	Kwazulu Natal	7	09:11.00	663	E	
GAU136	482	THABISO MATEBA	Gauteng	8	09:11.69	660	E	
ECA070	68	XOLA BONGOZA	Eastern Cape	9	09:15.40	643	E	
NWP081	1074	OLEFILE MOATSHE	North West Province	10	09:17.06	636	E	
FSA098	244	TAEDI KHOZA	Free State	11	09:18.95	627	E	

45	B-17	110 m Hekkie	/ 110 m Hurdles	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU124	470	WERNER JOUBERT	Gauteng	1	00:14.18	794	0.9	E
GAU119	465	JOHAN FOURIE	Gauteng	1	00:13.94	844	1.2	E
MPU033	825	ABEDNEGO MAMUSHI	Mpumalanga	1	00:14.07	816	1.4	E
FSA100	246	EMMANUEL PAPGIS	Free State	2	00:14.29	772		E
WCP177	1308	DRIEKUS VILJOEN	Western Cape	2	00:14.27	776		E
NWP069	1062	GERT SWANEPOEL	North West Province	2	00:14.32	766		E
WCP175	1306	RUAAN VAN WYK	Western Cape	3	00:14.34	762		E
NWP082	1075	IAN SCHOONWINKEL	North West Province	3	00:14.39	752		E
GAU103	449	STEPHAN BRITS	Gauteng	3	00:14.40	750		E
ECA090	88	MZWETHU MFENYANA	Eastern Cape	4	00:14.47	737		E
WCP169	1301	LAYNE SCHEFFERS	Western Cape	4	00:14.51	730		E
MPU050	842	JOHAN V LOGGERENBERG	Mpumalanga	4	00:15.01	643		E
LIM064	752	DAVID TSELANE	Limpopo	5	00:15.05	637		E
GAU133	479	RUAN KOK	Gauteng	5	00:14.67	701		E
FSA101	247	CRAIG FONTEIN	Free State	6	00:16.60	423		E
LIM062	750	MANUS OBERHOLZER	Limpopo	6	00:15.64	548		E

81	B-17	110 m Hekkie	/ 110 m Hurdles	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU033	825	ABEDNEGO MAMUSHI	Mpumalanga	1	00:13.87	860	0.1	E
GAU124	470	WERNER JOUBERT	Gauteng	2	00:14.04	823	0.1	E
GAU119	465	JOHAN FOURIE	Gauteng	3	00:14.26	778	0.1	E
WCP177	1308	DRIEKUS VILJOEN	Western Cape	4	00:14.30	770	0.1	E
WCP175	1306	RUAAN VAN WYK	Western Cape	5	00:14.33	764	0.1	E
FSA100	246	EMMANUEL PAPGIS	Free State	6	00:14.39	752	0.1	E
NWP069	1062	GERT SWANEPOEL	North West Province	7	00:14.49	734	0.1	E
NWP082	1075	IAN SCHOONWINKEL	North West Province	8	00:14.50	732	0.1	E

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122	B-17	400 m Hekkie	/ 400 m Hurdles	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA087	233	PIETER MARX	Free State	1	00:53.43	820	E	
LIM049	737	JOHAN FOURIE	Limpopo	1	00:54.14	782	E	
GAU121	467	CHRISTOPHER HATTINGH	Gauteng	1	00:53.39	822	E	
FSA092	238	SECHABA MOTSITSA	Free State	2	00:54.90	743	E	
NWP069	1062	GERT SWANEPOEL	North West Province	2	00:53.67	807	E	
GAU126	472	ALBERT MANS	Gauteng	2	00:54.01	789	E	
NCP030	948	R COLOSA	Northern Cape Province	3	00:57.17	639	E	
NWP083	1076	SHAUN VAN WYK	North West Province	3	00:54.98	739	E	
GAU129	475	JURIE MOOLMAN	Gauteng	3	00:54.92	742	E	
WCP169	1301	LAYNE SCHEFFERS	Western Cape	4	00:55.68	706	E	
WCP149	1285	HERMAN LANGENHOVEN	Western Cape	4	00:57.83	612	E	
NWP130	1123	THUSO MABASO	North West Province	4	00:57.00	647	E	
FSA118	264	DAVID KNIGHT	Free State	5	00:59.05	564	E	
FSA101	247	CRAIG FONTEIN	Free State	5	00:56.14	684	E	
ECA078	76	ENRICO GERMISHUYS	Eastern Cape	6	00:64.76	373	E	
KZN060	638	SIZWE GANTSA	Kwazulu Natal	6	00:57.40	630	E	
ECA095	92	SHELDON ZAAYMAN	Eastern Cape	7	00:59.90	532	E	

149	B-17	400 m Hekkie	/ 400 m Hurdles	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA087	233	PIETER MARX	Free State	1	00:52.14	896	E	
GAU121	467	CHRISTOPHER HATTINGH	Gauteng	2	00:52.50	874	E	
NWP069	1062	GERT SWANEPOEL	North West Province	3	00:53.32	826	E	
LIM049	737	JOHAN FOURIE	Limpopo	4	00:54.18	780	E	
FSA092	238	SECHABA MOTSITSA	Free State	5	00:54.41	768	E	
GAU129	475	JURIE MOOLMAN	Gauteng	6	00:54.54	761	E	
NWP083	1076	SHAUN VAN WYK	North West Province	7	00:54.58	759	E	
GAU126	472	ALBERT MANS	Gauteng	8	00:57.21	638	E	

47	B-17	2000 m Hindernis	/ 2000 m Steeple Chase	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN050	628	SPHAMANDLA NYEMBE	Kwazulu Natal	1	06:00.50	798	H	
FSA093	239	RATLATLE MOKONE	Free State	2	06:01.64	788	H	
ECA070	68	XOLA BONGOZA	Eastern Cape	3	06:06.75	749	H	
GAU131	477	MICHAEL DU TOIT	Gauteng	4	06:06.84	748	H	
NWP077	1070	RUAN ASPELING	North West Province	5	06:06.90	747	H	
ECA074	72	ANELE FAKU	Eastern Cape	6	06:06.98	747	H	

98	B-17	10000 m Stap	/ 10000 m Walk	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN044	622	ANDILE WALAZA	Kwazulu Natal	1	53:28.79	789	E	
NWP087	1080	JACQUES FAURIE	North West Province	2	53:29.59	788	E	
WCP159	1293	STEPHAN NIEWOUDT	Western Cape	3	54:40.41	727	E	
WCP156	1290	HEBREW-JOHN MORGENDAL	Western Cape	4	54:54.50	716	E	
ECA083	81	REGINALD HUFKIE	Eastern Cape	5	54:59.94	712	E	
WCP135	1272	ELROY BESTER	Western Cape	6	55:25.77	691	E	
NWP076	1069	JANDRE BOTES	North West Province	7	55:36.03	683	E	

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176	B-17	4X100 m Aflos	/ 4X100 m Relay	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPUA02	914	MPUMALANGA	Mpumalanga	1	00:42.13	911		E
GAUA02	568	GAUTENG	Gauteng	2	00:42.22	904		E
ECAA02	139	EASTERN CAPE	Eastern Cape	3	00:42.25	902		E
WCPA02	1349	WESTERN CAPE	Western Cape	4	00:42.47	885		E
NWPA02	1127	NORTH WEST	North West Province	5	00:43.68	799		E
FSAA02	337	FREE STATE	Free State	6	00:43.90	785		E

95	B-17	1000m Medley	/ 1000m Medley	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA09	1356	WESTERN CAPE	Western Cape	1	01:55.68	911		E
GAUA09	575	GAUTENG	Gauteng	2	01:56.32	893		E
FSAA09	344	FREE STATE	Free State	3	01:56.48	889		E
KZNA06	684	KWAZULU NATAL	Kwazulu Natal	4	01:57.19	869		E
ECAA09	146	EASTERN CAPE	Eastern Cape	5	01:57.90	850		E
NWPA09	1134	NORTH WEST	North West Province	6	01:59.53	809		E

72	B-17	Hoogspring	/ High Jump	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA088	86	REGAN MAKWENA	Eastern Cape	1	1.88	757		E
ECA077	75	STEVE FOURIE	Eastern Cape	1	1.88	757		E
FSA119	265	WILHELM GRUNOW	Free State	1	1.90	778		E
LIM047	735	MARIKUS BOTES	Limpopo	1	1.90	778		E
NCP031	949	DAMIËN DIERGAARDT	Northern Cape Province	1	1.85	726		E
NCP034	952	MARTHINUS KNOETZE	Northern Cape Province	1	1.80	675		E
NCP040	958	CYRIL VD HEEVER	Northern Cape Province	1	1.85	726		E
WCP172	1303	CARL VAN EERDEN	Western Cape	1	1.85	726		E
WCP176	1307	DEAN VERMEULEN	Western Cape	1	1.85	726		E
WCP143	1280	KEEGAN FOURIE	Western Cape	1	1.90	778		E
NWP070	1063	JANDRIE VAN NIEKERK	North West Province	1	1.90	778		E
GAU130	476	ANDRE SMIT	Gauteng	1	2.00	879		E
GAU120	466	WOUTER FOURIE	Gauteng	1	2.00	879		E
GAU138	484	ERIC SCHOEMAN	Gauteng	1	1.95	828		E
MPU030	822	CHRISTIAAN KARL	Mpumalanga	1	1.90	778		E

112	B-17	Hoogspring	/ High Jump	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU130	476	ANDRE SMIT	Gauteng	1	2.03	903		E
MPU030	822	CHRISTIAAN KARL	Mpumalanga	2	2.03	903		E
WCP172	1303	CARL VAN EERDEN	Western Cape	3	1.93	808		E
GAU120	466	WOUTER FOURIE	Gauteng	4	1.88	757		E
WCP143	1280	KEEGAN FOURIE	Western Cape	5	1.88	757		E
NWP070	1063	JANDRIE VAN NIEKERK	North West Province	6	1.88	757		E
ECA077	75	STEVE FOURIE	Eastern Cape	7	1.88	757		E
LIM047	735	MARIKUS BOTES	Limpopo	8	1.83	706		E
WCP176	1307	DEAN VERMEULEN	Western Cape	8	1.83	706		E

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6	B-17	Paalspring	/ Pole Vault	68:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP175	1306	RUAAN VAN WYK	Western Cape	1	4.20	930		E	
FSA111	257	H ODENDAAL	Free State	2	4.10	912		E	
FSA123	269	SEBASTIAN WESSELS	Free State	3	4.00	884		E	
FSA112	258	HENNO FURSTENBURG	Free State	4	3.90	833		E	
FSA128	274	P OOSTHUIZEN	Free State	5	3.80	782		E	
GAU113	459	FREDERICK MONTGOMERY	Gauteng	6	3.20	469		E	
GAU114	460	PHOMELLO PULE	Gauteng	7	2.60	133		E	

23	B-17	Verspring	/ Long Jump	68:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU103	449	STEPHAN BRITS	Gauteng	1	7.74	970	-2.3	E	R
GAU104	450	DYLAN COTTER	Gauteng	2	7.45	935	1.2	E	
ECA092	89	APELELE RASMENI	Eastern Cape	3	7.22	911	2.0	E	
WCP164	1296	ROWHAN RHODE	Western Cape	4	7.06	888	-0.1	E	
WCP144	1281	CLINT JOHNSON	Western Cape	5	6.93	850	1.0	E	
ECA068	66	DUANE ADAMS	Eastern Cape	6	6.75	798	2.2	E	
MPU036	828	BRIAN MASHIGO	Mpumalanga	7	6.69	781	1.2	E	
NWP071	1064	OFENTSE MATHABE	North West Province	8	6.67	775	1.0	E	
ECA097	94	DEVON VAN GREENEN	Eastern Cape	9	6.56	743		E	
WCP161	1294	EDWALD OKKERS	Western Cape	10	6.54	737		E	
LIM045	733	MAHLATSE BALOYI	Limpopo	11	6.53	734		E	
NCP030	948	R COLOSA	Northern Cape Province	12	6.48	720		E	
FSA086	232	HEATCLIFF NYAMBIYA	Free State	13	6.47	717		E	
FSA130	276	MOJALEFA MOSIA	Free State	14	6.47	717		E	
GAU133	479	RUAN KOK	Gauteng	15	6.42	702		E	
MPU051	843	NJABULO ZWANE	Mpumalanga	16	6.35	682		E	

131	B-17	Driesprong	/ Triple Jump	68:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA092	89	APELELE RASMENI	Eastern Cape	1	15.50	955	1.8	E	R
GAU104	450	DYLAN COTTER	Gauteng	2	15.09	932	1.5	E	
WCP168	1300	RUSHWAHL SAMAAI	Western Cape	3	14.64	909	1.6	E	
WCP150	1286	LUVU MANYONGA	Western Cape	4	14.22	868	2.3	E	
ECA068	66	DUANE ADAMS	Eastern Cape	5	13.74	800	1.7	E	
MPU041	833	ROEDIE NIEMAND	Mpumalanga	6	13.73	799	1.7	E	
FSA109	255	CHRISTIAAN LOMBARD	Free State	7	13.52	769	-0.3	E	
ECA084	82	CARLISLE JORDAAN	Eastern Cape	8	13.38	749	2.0	E	
KZN048	626	A MTSHALI	Kwazulu Natal	9	13.35	744		E	
MPU040	832	COLLEN NGOMANE	Mpumalanga	10	13.33	741		E	
WCP154	1289	SIPHOKUHLE MBOBOSI	Western Cape	11	13.26	731		E	
FSA110	256	MAKGEMA SETLABA	Free State	12	13.18	720		E	
LIM057	745	C MHLABANE	Limpopo	13	13.13	713		E	
NWP071	1064	OFENTSE MATHABE	North West Province	14	13.09	707		E	
MPU051	843	NJABULO ZWANE	Mpumalanga	15	13.08	706		E	
FSA107	253	JONE JANSEN	Free State	16	13.06	703		E	

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10	B-17	Gewigstoot	/ Shot Put	68:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
WCP145	1282	PETER-BRYNN KEMP	Western Cape	1	18.55	908		H	
MPU048	840	DONOVAN STEBBING	Mpumalanga	2	18.28	894		H	
WCP157	1291	SCHALK MOSTERT	Western Cape	3	17.22	786		H	
GAU106	452	JASON ERASMUS	Gauteng	4	16.22	696		H	
FSA125	271	PIERRE COETZEE	Free State	5	16.01	677		H	
WCP173	1304	ADAM VAN HEERDEN	Western Cape	6	15.75	655		H	
FSA124	270	PETRI COETZEE	Free State	7	15.68	650		H	
GAU110	456	SHAUN LOURENS	Gauteng	8	15.61	644		H	
GAU123	469	BASIE JORDAAN	Gauteng	9	15.17	607		H	
NWP073	1066	STEPHAN VAN STRATEN	North West Province	10	14.74	572		H	
ECA093	90	REINIER REPKO	Eastern Cape	11	13.36	464		H	

150	B-17	Diskusgooi	/ Discus Throw	68:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
GAU141	487	DEWALD VAN HEERDEN	Gauteng	1	58.37	953		E	R
WCP145	1282	PETER-BRYNN KEMP	Western Cape	2	52.42	826		E	
FSA102	248	CHARLES BURGER	Free State	3	52.04	813		E	
GAU110	456	SHAUN LOURENS	Gauteng	4	48.14	693		E	
FSA125	271	PIERRE COETZEE	Free State	5	47.86	685		E	
WCP140	1277	ROMANO DA COSTA	Western Cape	6	46.94	659		E	
MPU048	840	DONOVAN STEBBING	Mpumalanga	7	44.91	602		E	
NWP074	1067	FJ KOK	North West Province	8	44.15	581		E	

29	B-17	Spiesgooi	/ Javelin	68:00.00		Heats			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
ECA076	74	RICHARD FIETZE	Eastern Cape	1	60.00	698		E	
ECA080	78	ETTIÉNE-MORNÉ GRASSMAN	Eastern Cape	1	63.35	780		E	
FSA103	249	CHARL WILLEMSE	Free State	1	62.57	760		E	
LIM051	739	H KOTZE	Limpopo	1	60.02	698		E	
NCP041	959	C VD WESTHUIZEN	Northern Cape Province	1	56.50	618		E	
WCP158	1292	CORNE BERNARDO	Western Cape	1	67.00	879		E	
WCP174	1305	ROCCO VAN ROOYEN	Western Cape	1	61.16	726		E	
NWP075	1068	NIEL ZIEMMERMAN	North West Province	1	57.62	643		E	
GAU132	478	DEAN GOOSEN	Gauteng	1	63.46	783		E	
GAU105	451	JONATHAN CRICHTON	Gauteng	1	64.02	797		E	
GAU109	455	DYLAN LINDSAY	Gauteng	1	66.21	856		E	
MPU026	818	RENIER DE VILLIERS	Mpumalanga	1	54.42	572		E	
MPU039	831	JOHAN MOLLER	Mpumalanga	1	52.25	525		E	

70	B-17	Spiesgooi	/ Javelin	68:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
ECA080	78	ETTIÉNE-MORNÉ GRASSMAN	Eastern Cape	1	67.41	891		E	
GAU132	478	DEAN GOOSEN	Gauteng	2	67.07	881		E	
GAU105	451	JONATHAN CRICHTON	Gauteng	3	65.31	831		E	
WCP174	1305	ROCCO VAN ROOYEN	Western Cape	4	58.50	663		E	
LIM051	739	H KOTZE	Limpopo	5	57.30	636		E	
ECA076	74	RICHARD FIETZE	Eastern Cape	6	57.21	634		E	
NWP075	1068	NIEL ZIEMMERMAN	North West Province	7	56.60	620		E	
NCP041	959	C VD WESTHUIZEN	Northern Cape Province	8	54.80	580		E	
FSA103	249	CHARL WILLEMSE	Free State	9	52.58	532		E	
MPU026	818	RENIER DE VILLIERS	Mpumalanga	10	50.70	492		E	
MPU039	831	JOHAN MOLLER	Mpumalanga	11	45.28	379		E	

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124	B-17	Hamergooi	/ Hammer Throw	68:00.00	Final				
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
NWP078	1071	TJB VAN NIEKERK	North West Province	1	62.37	954		E	
ECA099	96	LODEWICUS VENTER	Eastern Cape	2	58.19	899		E	
FSA105	251	RUDOLF ROODT	Free State	3	57.74	884		E	
ECA085	83	GERHARD LOTZ	Eastern Cape	4	55.33	806		E	
MPU048	840	DONOVAN STEBBING	Mpumalanga	5	53.76	759		E	
ECA072	70	GIDEON DE VILLIERS	Eastern Cape	6	52.73	730		E	
WCP136	1273	HANNES CARSTENS	Western Cape	7	51.16	686		E	
FSA104	250	SPYKER SERFONTEIN	Free State	8	50.88	679		E	
FSA106	252	MARNUS VAN WYK	Free State	9	45.29	535		E	
NWP085	1078	RUAN MEYER	North West Province	10	44.25	509		E	
GAU123	469	BASIE JORDAAN	Gauteng	11	42.80	473		E	
KZN052	630	ROBERT SCHEUN	Kwazulu Natal	12	39.73	398		E	
GAU117	463	LARDUS BADENHORST	Gauteng	13	39.55	394		E	

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20	B-19	100 m	/ 100 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA134	131	BREDAIN MINNIE	Eastern Cape	1	00:10.84	809	0.5	E
FSA035	183	JOHANNES MOSALA	Free State	1	00:10.46	922	0.4	E
WCP186	1317	ROSCOE ENGEL	Western Cape	1	00:10.65	863	0.2	E
GAU188	534	PATRICK VOSLOO	Gauteng	1	00:10.71	846	0.1	E
KZN078	656	BRENDAN JOUBERT	Kwazulu Natal	2	00:10.86	804		E
NCP053	971	RUAN DORFLING	Northern Cape Province	2	00:11.01	765		E
NWP089	1082	NBULELO MABINDISA	North West Province	2	00:10.76	831		E
GAU207	553	CALVIN MOFOKENG	Gauteng	2	00:10.90	793		E
FSA037	185	AHSFORD MOTSAU	Free State	3	00:11.07	750		E
FSA036	184	MOGOMOTSI GALOSIKWE	Free State	3	00:10.81	818		E
WCP208	1337	BRENT STEVENS	Western Cape	3	00:10.91	791		E
GAU205	551	P MASELA	Gauteng	3	00:11.03	760		E
KZN079	657	SHAUN DREYER	Kwazulu Natal	4	00:10.98	773		E
KZN085	663	NKOSINATHI KUNENE	Kwazulu Natal	4	00:11.53	645		E
WCP215	1343	ANTHONY VOLMINK	Western Cape	4	00:10.84	809		E
NWP088	1081	PETE ZIPHA	North West Province	4	00:11.13	735		E
LIM075	762	FLIPPPIE HATTINGH	Limpopo	5	00:11.05	755		E
WCP188	1319	CHAD FAULMAN	Western Cape	5	00:11.03	760		E
MPU010	803	TSHEPISO MANTSHO	Mpumalanga	5	00:11.37	680		E
LSE004	791	BRYAN WOODS	LSEN	6	00:11.46	660		E
GAU178	524	JACOBUS ERASMUS	Gauteng	6	00:11.05	755		E
MPU020	812	RUDOLPH VD BERG	Mpumalanga	6	00:11.05	755		E
LIM081	768	MICHAEL MOGALE	Limpopo	7	00:11.52	647		E
NCP061	978	HEINRICH RIEDT	Northern Cape Province	7	00:11.17	726		E
ECA139	135	ROSCO SPEKMAN	Eastern Cape	8	00:11.24	709		E
KZN084	662	SPHAMANDLA NGWENYA	Kwazulu Natal	8	00:11.62	626		E

59	B-19	100 m	/ 100 m	68:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP186	1317	ROSCOE ENGEL	Western Cape	1	00:10.73	840	-0.7	E
GAU188	534	PATRICK VOSLOO	Gauteng	1	00:10.64	866	-1.1	E
FSA035	183	JOHANNES MOSALA	Free State	2	00:10.78	826		E
NWP089	1082	NBULELO MABINDISA	North West Province	2	00:10.93	786		E
WCP188	1319	CHAD FAULMAN	Western Cape	3	00:10.95	780		E
WCP215	1343	ANTHONY VOLMINK	Western Cape	3	00:10.89	796		E
KZN078	656	BRENDAN JOUBERT	Kwazulu Natal	4	00:10.96	778		E
GAU207	553	CALVIN MOFOKENG	Gauteng	4	00:11.11	740		E
ECA134	131	BREDAIN MINNIE	Eastern Cape	5	00:11.00	768		E
GAU205	551	P MASELA	Gauteng	5	00:11.19	721		E
LIM075	762	FLIPPPIE HATTINGH	Limpopo	6	00:11.24	709		E
NCP053	971	RUAN DORFLING	Northern Cape Province	6	00:11.18	723		E
FSA037	185	AHSFORD MOTSAU	Free State	7	00:11.20	719		E
KZN079	657	SHAUN DREYER	Kwazulu Natal	7	00:12.26	505		E
WCP208	1337	BRENT STEVENS	Western Cape	8	00:11.24	709		E

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88	B-19	100 m	/ 100 m	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU188	534	PATRICK VOSLOO	Gauteng	1	00:10.56	890	1.5	E	
WCP186	1317	ROSCOE ENGEL	Western Cape	2	00:10.64	866	1.5	E	
FSA035	183	JOHANNES MOSALA	Free State	3	00:10.68	854	1.5	E	
NWP089	1082	NBULELO MABINDISA	North West Province	4	00:10.79	823	1.5	E	
KZN078	656	BRENDAN JOUBERT	Kwazulu Natal	5	00:10.88	799	1.5	E	
WCP215	1343	ANTHONY VOLMINK	Western Cape	6	00:10.88	799	1.5	E	
WCP188	1319	CHAD FAULMAN	Western Cape	7	00:10.99	770	1.5	E	
GAU207	553	CALVIN MOFOKENG	Gauteng	8	00:11.33	689	1.5	E	

109	B-19	200 m	/ 200 m	68:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA038	186	HENDRI MULLER	Free State	1	00:22.15	769	0.2	E	
FSA035	183	JOHANNES MOSALA	Free State	1	00:22.08	777	0.6	E	
WCP188	1319	CHAD FAULMAN	Western Cape	1	00:22.19	764	-0.2	E	
GAU188	534	PATRICK VOSLOO	Gauteng	1	00:21.65	835	0.5	E	
FSA039	187	SEECHABA NTHOBA	Free State	2	00:22.36	743		E	
LIM075	762	FLIPPIE HATTINGH	Limpopo	2	00:22.40	738		E	
WCP186	1317	ROSCOE ENGEL	Western Cape	2	00:21.79	816		E	
GAU182	528	HEINRICH MAARTENS	Gauteng	2	00:22.24	757		E	
KZN084	662	SPHAMANDLA NGWENYA	Kwazulu Natal	3	00:23.12	656		E	
NWP101	1094	JAN VAN STADEN	North West Province	3	00:21.88	803		E	
GAU207	553	CALVIN MOFOKENG	Gauteng	3	00:22.42	735		E	
GAU178	524	JACOBUS ERASMUS	Gauteng	3	00:22.53	722		E	
KZN085	663	NKOSINATHI KUNENE	Kwazulu Natal	4	00:23.58	609		E	
NCP053	971	RUAN DORFLING	Northern Cape Province	4	00:22.61	713		E	
WCP215	1343	ANTHONY VOLMINK	Western Cape	4	00:21.95	794		E	
MPU010	803	TSHEPISO MANTSHO	Mpumalanga	4	00:23.66	601		E	
ECA135	132	LEBONE MKATINI	Eastern Cape	5	00:23.07	662		E	
LIM078	765	COLLEN MAETISA	Limpopo	5	00:23.76	591		E	
KZN078	656	BRENDAN JOUBERT	Kwazulu Natal	5	00:22.03	784		E	
NCP051	969	BURNEY CLOETE	Northern Cape Province	6	00:23.38	629		E	
MPU007	800	GRADUATE JOCKIA	Mpumalanga	6	00:23.68	599		E	

144	B-19	200 m	/ 200 m	68:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU188	534	PATRICK VOSLOO	Gauteng	1	00:21.29	887	0.7	E	
WCP186	1317	ROSCOE ENGEL	Western Cape	1	00:21.42	868		E	
FSA035	183	JOHANNES MOSALA	Free State	2	00:21.54	850		E	
GAU182	528	HEINRICH MAARTENS	Gauteng	2	00:21.69	829		E	
WCP215	1343	ANTHONY VOLMINK	Western Cape	3	00:21.79	816		E	
NWP101	1094	JAN VAN STADEN	North West Province	3	00:21.76	820		E	
FSA038	186	HENDRI MULLER	Free State	4	00:22.03	784		E	
WCP188	1319	CHAD FAULMAN	Western Cape	4	00:22.09	776		E	
FSA039	187	SEECHABA NTHOBA	Free State	5	00:22.38	740		E	
KZN078	656	BRENDAN JOUBERT	Kwazulu Natal	5	00:22.05	781		E	
LIM075	762	FLIPPIE HATTINGH	Limpopo	6	00:22.21	761		E	
GAU207	553	CALVIN MOFOKENG	Gauteng	6	00:22.55	720		E	
NCP053	971	RUAN DORFLING	Northern Cape Province	7	00:22.65	708		E	
GAU178	524	JACOBUS ERASMUS	Gauteng	7	00:22.36	743		E	
KZN084	662	SPHAMANDLA NGWENYA	Kwazulu Natal	8	00:23.40	627		E	

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171	B-19	200 m	/ 200 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU188	534	PATRICK VOSLOO	Gauteng	1	00:20.90	949	0.9	E
WCP186	1317	ROSCOE ENGEL	Western Cape	2	00:21.28	889	0.9	E
FSA035	183	JOHANNES MOSALA	Free State	3	00:21.50	856	0.9	E
NWP101	1094	JAN VAN STADEN	North West Province	4	00:21.84	809	0.9	E
WCP188	1319	CHAD FAULMAN	Western Cape	5	00:21.89	802	0.9	E
WCP215	1343	ANTHONY VOLMINK	Western Cape	6	00:21.95	794	0.9	E
GAU182	528	HEINRICH MAARTENS	Gauteng	7	00:21.96	793	0.9	E
FSA038	186	HENDRI MULLER	Free State	8	00:22.06	780	0.9	E

30	B-19	400 m	/ 400 m	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA040	188	PC BENEKE	Free State	1	00:48.72	794		E
FSA048	196	THOMAS JONDA	Free State	1	00:48.79	790		E
GAU182	528	HEINRICH MAARTENS	Gauteng	1	00:48.26	821		E
ECA123	120	FALCO FOLLOTTO	Eastern Cape	2	00:48.97	779		E
KZN080	658	THABISO KEKANA	Kwazulu Natal	2	00:48.99	778		E
GAU214	559	VAN SCHALKWYK	Gauteng	2	00:48.78	790		E
NWP105	1098	DWAYNE STOOP	North West Province	3	00:48.92	782		E
MPU006	799	JANDRE GERMISHUYS	Mpumalanga	3	00:49.71	738		E
MPU023	815	BRAAM VILJOEN	Mpumalanga	3	00:49.02	776		E
FSA038	186	HENDRI MULLER	Free State	4	00:49.20	766		E
GAU216	561	MAKAULA YANGA	Gauteng	4	00:49.88	729		E
GAU176	522	JOE0HERVE BENGANGA	Gauteng	4	00:50.48	697		E
NCP059	976	T OLIFANT	Northern Cape Province	5	00:52.70	592		E
NCP064	981	DEANWILL VAN GENT	Northern Cape Province	5	00:52.09	620		E
NWP088	1081	PETE ZIPHA	North West Province	5	00:51.23	660		E
LIM080	767	JUSTICE MASHISHI	Limpopo	6	00:53.00	579		E
NCP054	972	I GOUWS	Northern Cape Province	6	00:52.46	603		E

66	B-19	400 m	/ 400 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU182	528	HEINRICH MAARTENS	Gauteng	1	00:47.14	895		E
FSA040	188	PC BENEKE	Free State	2	00:47.79	851		E
FSA048	196	THOMAS JONDA	Free State	3	00:48.09	832		E
GAU214	559	VAN SCHALKWYK	Gauteng	4	00:48.51	806		E
NWP105	1098	DWAYNE STOOP	North West Province	5	00:48.67	797		E
KZN080	658	THABISO KEKANA	Kwazulu Natal	6	00:49.02	776		E
MPU023	815	BRAAM VILJOEN	Mpumalanga	6	00:49.02	776		E
ECA123	120	FALCO FOLLOTTO	Eastern Cape	8	00:49.33	759		E

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133	B-19	800 m	/ 800 m	68:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA041	189	WINDY JONAS	Free State	1	01:54.58	810		E	
GAU193	539	MARNUS KOEKMOER	Gauteng	1	01:54.37	815		E	
WCP191	1322	RICK HAMBRIDGE	Western Cape	2	01:54.82	803		E	
GAU199	545	ANDRE ROODT	Gauteng	2	01:54.38	815		E	
KZN100	678	XOLANI MABHIDA	Kwazulu Natal	3	01:54.49	812		E	
GAU221	566	WERNER DU TOIT	Gauteng	3	01:54.91	801		E	
FSA042	190	WILLIAM MOTHOSOLA	Free State	4	01:54.50	812		E	
NWP090	1083	LOUIS SMITH	North West Province	4	01:55.05	797		E	
KZN086	664	SICELO ZUMA	Kwazulu Natal	5	01:55.83	778		E	
NCP062	979	T ROBERTSON	Northern Cape Province	5	01:57.17	745		E	
ECA133	130	ROSS MINNAAR	Eastern Cape	6	01:55.95	775		E	
NCP052	970	JUANDRE CHRISTIAAN	Northern Cape Province	6	01:59.89	684		E	
WCP198	1327	ENSLIN KLASE	Western Cape	7	02:01.69	646		E	
MPU009	802	GLEN MALATA	Mpumalanga	7	01:56.97	750		E	
GAU217	562	TSEKO MOTAUNG	Gauteng	8	01:57.31	742		E	
NCP054	972	I GOUWS	Northern Cape Province	9	02:05.63	570		E	

161	B-19	800 m	/ 800 m	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA041	189	WINDY JONAS	Free State	1	01:51.45	897		E	
FSA042	190	WILLIAM MOTHOSOLA	Free State	2	01:51.83	886		E	
GAU193	539	MARNUS KOEKMOER	Gauteng	3	01:52.61	863		E	
KZN100	678	XOLANI MABHIDA	Kwazulu Natal	4	01:54.21	819		E	
NWP090	1083	LOUIS SMITH	North West Province	5	01:54.79	804		E	
WCP191	1322	RICK HAMBRIDGE	Western Cape	6	01:54.99	799		E	
GAU199	545	ANDRE ROODT	Gauteng	7	01:56.80	754		E	
GAU221	566	WERNER DU TOIT	Gauteng	8	01:58.50	714		E	

12	B-19	1500 m	/ 1500 m	68:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP184	1315	W DARRIES	Western Cape	1	03:59.63	799		E	
GAU200	546	FOLAVIO SEHOHLE	Gauteng	1	03:52.99	887		E	
FSA041	189	WINDY JONAS	Free State	2	03:53.45	880		E	
MPU019	811	JOHN THIPE	Mpumalanga	2	04:01.25	779		E	
KZN100	678	XOLANI MABHIDA	Kwazulu Natal	3	04:01.55	776		E	
GAU198	544	THORISO RATSELA	Gauteng	3	03:57.58	825		E	
GAU196	542	JEREMIA MOTSAU	Gauteng	4	04:00.33	790		E	
MPU011	804	BONGANI MBOBOZI	Mpumalanga	4	04:02.09	769		E	

90	B-19	1500 m	/ 1500 m	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA041	189	WINDY JONAS	Free State	1	03:48.30	956		E	
GAU200	546	FOLAVIO SEHOHLE	Gauteng	2	03:49.47	938		E	
GAU198	544	THORISO RATSELA	Gauteng	3	03:53.45	880		E	
WCP184	1315	W DARRIES	Western Cape	4	03:58.31	815		E	
MPU019	811	JOHN THIPE	Mpumalanga	5	04:01.86	772		E	
KZN100	678	XOLANI MABHIDA	Kwazulu Natal	6	04:05.82	727		E	
GAU196	542	JEREMIA MOTSAU	Gauteng	7	04:07.82	705		E	

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172	B-19	5000 m	/ 5000 m	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU200	546	FOLAVIO SEHOHLE	Gauteng	1	14:54.28	837		H
WCP184	1315	W DARRIES	Western Cape	2	14:55.00	834		H
GAU198	544	THORISO RATSELA	Gauteng	3	15:17.31	762		H
GAU197	543	C MTOMBENI	Gauteng	4	15:17.40	761		H
MPU011	804	BONGANI MBOBOZI	Mpumalanga	5	15:25.76	736		H
FSA044	192	DANIEL MOKOMA	Free State	6	15:28.90	727		H
LIM079	766	LAWRENCE MAKUTA	Limpopo	7	15:30.60	722		H
WCP206	1335	HILLROY SLINGER	Western Cape	8	15:47.53	675		H

46	B-19	110 m Hekkie	/ 110 m Hurdles	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN088	666	SPHESIHLE SIMELANE	Kwazulu Natal	1	00:14.32	859	1.4	E
NWP093	1086	RC LINDEQUE	North West Province	1	00:14.33	857	1.5	E
MPU022	814	FRANCOIS VERMAAK	Mpumalanga	1	00:14.51	819	-0.2	E
ECA122	119	ROHAN DU TOIT	Eastern Cape	2	00:14.37	848		E
WCP179	1310	ALKANA ANTONIO	Western Cape	2	00:14.36	850		E
MPU021	813	GERRIT VD MERWE	Mpumalanga	2	00:14.89	745		E
FSA045	193	KENNETH MOTSOARI	Free State	3	00:15.05	717		E
WCP185	1316	RUAAN EIGELAAR	Western Cape	3	00:14.58	805		E
NWP103	1096	LUAN KANES	North West Province	3	00:14.36	850		E
ECA135	132	LEBONE MKATINI	Eastern Cape	4	00:14.67	787		E
FSA050	198	KEVIN VD BERG	Free State	4	00:15.07	713		E
GAU179	525	ETTIENNE GROBBELAAR	Gauteng	4	00:14.41	840		E
WCP201	1330	NEIL LE ROUX	Western Cape	5	00:14.68	785		E
GAU184	530	EDUAN NEL	Gauteng	5	00:15.08	711		E
MPU001	794	JACO BLOM	Mpumalanga	5	00:15.24	684		E
LIM086	773	JACO ROGGE BAND	Limpopo	6	00:15.24	684		E
NWP104	1097	EDU STEYN	North West Province	6	00:15.25	683		E
MPU014	807	ANDRE OOSTHUIZEN	Mpumalanga	6	00:15.50	642		E
FSA046	194	ARMAND BEKKER	Free State	7	00:15.35	666		E

82	B-19	110 m Hekkie	/ 110 m Hurdles	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU022	814	FRANCOIS VERMAAK	Mpumalanga	1	00:14.36	850	1.8	E
KZN088	666	SPHESIHLE SIMELANE	Kwazulu Natal	2	00:14.40	842	1.8	E
ECA122	119	ROHAN DU TOIT	Eastern Cape	3	00:14.49	823	1.8	E
WCP179	1310	ALKANA ANTONIO	Western Cape	4	00:14.31	861	1.8	E
GAU179	525	ETTIENNE GROBBELAAR	Gauteng	5	00:14.53	815	1.8	E
NWP093	1086	RC LINDEQUE	North West Province	6	00:14.82	758	1.8	E
NWP103	1096	LUAN KANES	North West Province	7	00:15.09	710	1.8	E
MPU021	813	GERRIT VD MERWE	Mpumalanga	8	00:15.14	701	1.8	E

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123	B-19	400 m Hekkie	/ 400 m Hurdles	68:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA040	188	PC BENEKE	Free State	1	00:52.84	782	E	
NWP093	1086	RC LINDEQUE	North West Province	1	00:53.98	723	E	
NWP105	1098	DWAYNE STOOP	North West Province	1	00:53.92	726	E	
WCP201	1330	NEIL LE ROUX	Western Cape	2	00:54.09	718	E	
GAU191	537	NEIL DE BEER	Gauteng	2	00:53.81	732	E	
GAU186	532	CONNIE SEGEEL	Gauteng	2	00:54.53	697	E	
KZN080	658	THABISO KEKANA	Kwazulu Natal	3	00:54.11	717	E	
NWP104	1097	EDU STEYN	North West Province	3	00:54.36	705	E	
MPU022	814	FRANCOIS VERMAAK	Mpumalanga	3	00:55.10	670	E	
KZN090	668	SIHLE MDUNGE	Kwazulu Natal	4	00:55.46	654	E	
MPU001	794	JACO BLOM	Mpumalanga	4	00:56.08	627	E	
ECA121	118	JEAN-PIERRE DE VILLIERS	Eastern Cape	5	00:59.49	495	E	
ECA122	119	ROHAN DU TOIT	Eastern Cape	5	00:55.77	641	E	
FSA045	193	KENNETH MOTSOARI	Free State	5	00:56.35	616	E	
WCP185	1316	RUAAN EIGELAAR	Western Cape	6	00:55.52	652	E	
GAU192	538	TRISTAN DOS SANTOS	Gauteng	6	00:55.85	637	E	
MPU004	797	WAYNE DREYER	Mpumalanga	6	00:55.52	652	E	
WCP210	1339	GRABE VAN HUYSTEEN	Western Cape	7	00:56.67	603	E	

153	B-19	400 m Hekkie	/ 400 m Hurdles	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA040	188	PC BENEKE	Free State	1	00:51.31	870	E	
GAU191	537	NEIL DE BEER	Gauteng	2	00:52.91	778	E	
KZN080	658	THABISO KEKANA	Kwazulu Natal	3	00:53.14	766	E	
NWP093	1086	RC LINDEQUE	North West Province	4	00:53.22	762	E	
NWP105	1098	DWAYNE STOOP	North West Province	5	00:53.57	744	E	
WCP201	1330	NEIL LE ROUX	Western Cape	6	00:53.99	723	E	
NWP104	1097	EDU STEYN	North West Province	7	00:54.16	715	E	
GAU186	532	CONNIE SEGEEL	Gauteng	8	00:55.49	653	E	

60	B-19	3000 m Hindernis	/ 3000 m Steeple Chase	68:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA042	190	WILLIAM MOTHOSOLA	Free State	1	09:16.84	896	E	
FSA043	191	SPRINKAAN SIMONS	Free State	2	09:31.13	816	E	
GAU206	552	SENYEPU MATTHEWS	Gauteng	3	09:40.13	770	E	
MPU012	805	PAT MTSWENI	Mpumalanga	4	09:40.38	769	E	
NWP110	1103	SAMUEL SETLELEO	North West Province	5	09:46.70	739	E	
FSA044	192	DANIEL MOKOMA	Free State	6	09:47.73	734	E	
NWP099	1092	PULE SEJANAME	North West Province	7	10:01.32	673	E	
NCP056	974	S MAKATIES	Northern Cape Province	8	10:03.19	666	E	
GAU203	549	L JIYANA	Gauteng	9	10:04.83	659	E	

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2	B-19	10000 m Stap	/ 10000 m Walk	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
		GAU175 521 DEWALD BEKKER	Gauteng	1	46:49.38	1021		H	
		FSA033 181 GERT SMIT	Free State	2	47:32.34	968		H	
		WCP203 1332 ARMOND NEL	Western Cape	3	49:17.28	848		H	
		FSA032 180 ELIAS RAMENYADUCE	Free State	4	50:54.50	753		H	
		KZN074 652 WISEMAN HLONGWA	Kwazulu Natal	5	51:30.43	721		H	
		NWP108 1101 LEON GEEL	North West Province	6	52:10.95	686		H	
		FSA031 179 RODNEY CLOUGH	Free State	7	52:36.70	666		H	
		FSA030 178 BRIAN CLOUGH	Free State	8	54:12.40	593		H	
		WCP192 1323 DANIEL HART	Western Cape	9	54:21.76	586		H	
		WCP209 1338 JANNIE TEUBES	Western Cape	10	54:28.89	581		H	
		KZN075 653 NHLAKANIPHO MSHENGU	Kwazulu Natal	11	57:35.91	459		H	

97	B-19	4X100 m Aflos	/ 4X100 m Relay	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
		WCPA01 1348 WESTERN CAPE	Western Cape	1	00:41.70	871		E	
		GAUA01 567 GAUTENG	Gauteng	2	00:42.02	847		E	
		FSAA01 336 FREE STATE	Free State	3	00:42.48	814		E	
		NWPA01 1126 NORTH WEST	North West Province	4	00:43.52	746		E	
		NCPA01 988 NORTHERN CAPE	Northern Cape Province	5	00:43.89	723		E	
		MPUA01 913 MPUMALANGA	Mpumalanga	6	00:44.19	705		E	
		ECAA01 138 EASTERN CAPE	Eastern Cape	7	00:44.72	675		E	

178	B-19	4 X400 m Aflos	/ 4X400 m Relay	68:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
		GAUA07 573 GAUTENG	Gauteng	1	03:11.94	851		E	
		FSAA07 342 FREE STATE	Free State	2	03:11.96	851		E	
		WCPA07 1354 WESTERN CAPE	Western Cape	3	03:24.55	675		E	
		ECAA07 144 EASTERN CAPE	Eastern Cape	4	03:25.62	662		E	

51	B-19	Hoogspring	/ High Jump	68:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
		ECA119 116 NAYTHAN BOOYSEN	Eastern Cape	1	1.85	671		E	
		FSA027 175 GERNO ERASMUS	Free State	1	1.85	671		E	
		FSA028 176 HENNIE ALERS	Free State	1	1.85	671		E	
		NCP055 973 CLAYTON KNOPP	Northern Cape Province	1	1.85	671		E	
		WCP217 1345 JAROD FRANSMAN	Western Cape	1	1.85	671		E	
		WCP195 1326 TIAAN JONKERS	Western Cape	1	1.85	671		E	
		WCP214 1342 WILLEM VOIGT	Western Cape	1	1.85	671		E	
		NWP106 1099 DAMIAN BOSHOF	North West Province	1	1.85	671		E	
		NWP094 1087 MUNTINGH HAMMAN	North West Province	1	1.85	671		E	
		GAU194 540 JEFFREY LEFIKA	Gauteng	1	1.85	671		E	
		GAU201 547 JUSTIN THOMPSON	Gauteng	1	1.85	671		E	
		GAU190 536 RUAN CLAASEN	Gauteng	1	1.85	671		E	
		MPU005 798 FRIKKIE FRITS	Mpumalanga	1	1.85	671		E	

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130	B-19	Hoogspring	/ High Jump	68:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
WCP214	1342	WILLEM VOIGT	Western Cape	1	2.19	938		E	R
GAU190	536	RUAN CLAASEN	Gauteng	2	2.14	920		E	
NWP094	1087	MUNTINGH HAMMAN	North West Province	3	2.04	860		E	
WCP195	1326	TIAAN JONKERS	Western Cape	4	1.99	811		E	
NWP106	1099	DAMIAN BOSHOFF	North West Province	5	1.99	811		E	
NCP055	973	CLAYTON KNOPP	Northern Cape Province	6	1.94	761		E	
WCP217	1345	JAROD FRANSMAN	Western Cape	7	1.94	761		E	
FSA028	176	HENNIE ALERS	Free State	8	1.94	761		E	

135	B-19	Paalspring	/ Pole Vault	68:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
FSA029	177	EBEN BEUKES	Free State	1	4.88	972		E	
ECA131	128	LESLEY-DEAN LUITERS	Eastern Cape	2	4.60	920		E	
WCP204	1333	JAN-LOUIS NIENABER	Western Cape	3	4.40	867		E	
WCP181	1312	FRANCOIS BURGER	Western Cape	4	4.20	775		E	
WCP180	1311	NEIL BERNADE	Western Cape	5	4.00	683		E	
FSA189	335	LOURENS VD LINDE	Free State	6	3.80	589		E	

5	B-19	Verspring	/ Long Jump	68:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
MPU013	806	JOY MTUNGWA	Mpumalanga	1	7.66	933	1.9	E	R
FSA034	182	ZARK VISSER	Free State	2	7.51	918		E	
NWP089	1082	NBULELO MABINDISA	North West Province	3	7.39	906		E	
ECA126	123	JASON KAROLISIN	Eastern Cape	4	7.35	902		E	
GAU185	531	MARE NEO	Gauteng	5	7.06	827		E	
GAU183	529	BOIPELO MOTHLATHLEGO	Gauteng	6	6.90	782		E	
WCP208	1337	BRENT STEVENS	Western Cape	7	6.83	762		E	
LIM077	764	R KAKUDJI	Limpopo	8	6.81	756		E	
WCP183	1314	NATHAN DANIELS	Western Cape	9	6.80	754		E	
MPU016	809	GLADWYN SMITH	Mpumalanga	10	6.80	754		E	
WCP194	1325	CLAUDE JOHNSON	Western Cape	11	6.65	711		E	
GAU189	535	RENEILWE APHANE	Gauteng	12	6.56	685		E	
ECA125	122	MARCELLE JONKERMAN	Eastern Cape	13	6.46	657		E	
KZN087	665	SIFISO XULU	Kwazulu Natal	14	6.04	536		E	

100	B-19	Driesprong	/ Triple Jump	68:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
FSA034	182	ZARK VISSER	Free State	1	15.40	894	0.5	E	
GAU183	529	BOIPELO MOTHLATHLEGO	Gauteng	2	15.00	841	-0.1	E	
GAU185	531	MARE NEO	Gauteng	3	14.76	809	-0.2	E	
GAU189	535	RENEILWE APHANE	Gauteng	4	14.67	797	0.2	E	
WCP189	1320	LOUIS FILANDER	Western Cape	5	13.88	691	0.2	E	
KZN089	667	NKULULEKO KHOMO	Kwazulu Natal	6	13.69	666	0.8	E	
WCP212	1341	CORNE VAN SCHALKWYK	Western Cape	7	13.61	655	2.1	E	
MPU015	808	OAGENG SENAMELA	Mpumalanga	8	13.44	632	-0.5	E	
ECA128	125	MARTINIQUE KOOPMAN	Eastern Cape	9	13.30	613		E	
MPU003	796	JACQUES BOSCH	Mpumalanga	10	13.06	580		E	

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28	B-19	Gewigstoot	/ Shot Put	68:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP096	1089	STEPHAN BRINK	North West Province	1	18.05	938		E	
GAU187	533	RYNO VAN WINKEL	Gauteng	2	17.24	904		E	
FSA047	195	THYS VAN WYK	Free State	3	15.99	775		E	
NWP097	1090	JAYSON SMITH	North West Province	4	15.70	746		E	
GAU181	527	MARNUS HOFFMAN	Gauteng	5	14.99	679		E	
WCP202	1331	ANDRIES MILLARD	Western Cape	6	14.88	669		E	
LSE002	789	WERNER HUGO	LSEN	7	14.23	611		E	
WCP207	1336	CJ STANDER	Western Cape	8	14.04	595		E	
GAU215	560	QUINTON VOLSCHEK	Gauteng	9	13.21	524		E	

111	B-19	Diskusgooi	/ Discus Throw	68:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU202	548	LIEBMAN VERSTER	Gauteng	1	54.45	911		E	
NWP097	1090	JAYSON SMITH	North West Province	2	49.79	768		E	
GAU187	533	RYNO VAN WINKEL	Gauteng	3	47.89	709		E	
WCP207	1336	CJ STANDER	Western Cape	4	47.57	700		E	
FSA020	168	RICUS ROUX	Free State	5	47.07	685		E	
NWP096	1089	STEPHAN BRINK	North West Province	6	45.87	650		E	
ECA130	127	GIDEON LOTTER	Eastern Cape	7	45.14	629		E	
MPU024	816	ABRIE VOLSCHEK	Mpumalanga	8	42.24	549		E	
LIM088	775	GERRIT STRYDOM	Limpopo	9	41.92	540		E	
FSA047	195	THYS VAN WYK	Free State	10	41.47	528		E	
LIM087	774	JOHAN STANDER	Limpopo	11	41.27	523		E	
MPU008	801	JP LAWRENSON	Mpumalanga	12	40.60	505		E	
WCP202	1331	ANDRIES MILLARD	Western Cape	13	38.74	455		E	
FSA021	169	A VISAGIE	Free State	14	38.09	438		E	

17	B-19	Spiesgooi	/ Javelin	68:00.00		Heats			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA137	133	SCHOEMAN SERFONTEIN	Eastern Cape	1	53.46	553		E	
ECA124	121	NIEUWOUDT GRESSE	Eastern Cape	1	53.79	560		E	
FSA024	172	H MARITZ	Free State	1	55.75	603		E	
FSA023	171	JOHANN KEMP	Free State	1	57.96	652		E	
FSA022	170	LUDWIG ERASMUS	Free State	1	56.30	615		E	
FSA025	173	RUDO KLOPPER	Free State	1	63.18	777		E	
WCP182	1313	ULRICH DAMON	Western Cape	1	58.16	657		E	
NWP098	1091	MARNUS VAN ZYL	North West Province	1	54.37	572		E	
GAU180	526	JAYSON HENNING	Gauteng	1	62.81	768		E	
GAU177	523	RYNO DE BEER	Gauteng	1	56.94	629		E	
MPU017	810	FRANCO STANDER	Mpumalanga	1	55.56	599		E	
MPU002	795	FRANCOIS BOSCH	Mpumalanga	1	55.29	593		E	
WCP220	2000	JAKO JOUBERT	Western Cape	1	00:00.00	0		E	
GAU181	527	MARNUS HOFFMAN	Gauteng	1	00:00.00	0		E	

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56	B-19	Spiesgooi	/ Javelin	68:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
GAU180	526	JAYSON HENNING	Gauteng	1	66.24	859		E	
FSA025	173	RUDO KLOPPER	Free State	2	65.92	850		E	
WCP220	2000	JAKO JOUBERT	Western Cape	3	59.40	686		E	
FSA023	171	JOHANN KEMP	Free State	4	58.00	653		E	
WCP182	1313	ULRICH DAMON	Western Cape	5	56.67	623		E	
NWP098	1091	MARNUS VAN ZYL	North West Province	6	55.84	605		E	
MPU002	795	FRANCOIS BOSCH	Mpumalanga	7	55.53	598		E	
FSA022	170	LUDWIG ERASMUS	Free State	8	54.79	582		E	
MPU017	810	FRANCO STANDER	Mpumalanga	9	53.38	551		E	
ECA137	133	SCHOEMAN SERFONTEIN	Eastern Cape	10	51.51	511		E	
FSA024	172	H MARITZ	Free State	11	50.30	485		E	

163	B-19	Hamergooi	/ Hammer Throw	68:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
WCP200	1329	MICQUEL LE ROUX	Western Cape	1	56.10	774		E	
FSA026	174	WESLEY GROBLER	Free State	2	48.81	583		E	
GAU213	558	VINCENT VAN RENSBURG	Gauteng	3	44.38	476		E	
ECA118	115	EGHARD BASSON	Eastern Cape	4	44.35	475		E	
WCP199	1328	STEPHEN KLEYN	Western Cape	5	43.10	446		E	
ECA127	124	LEON KOCK	Eastern Cape	6	40.50	384		E	
FSA049	197	QUINTINE ROBERTS	Free State	7	39.73	366		E	