

National Secondary School Athletics Championships
31/03/2006

Result per Age

G-15

13	G-15	100 m	/ 100 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA054	47	Arlene Gowar	Eastern Cape	1	00:12.38	988	1.1	E	
NWP051	1262	Jadri Fourie	North West Province	1	00:12.62	935	0.3	E	
GAU031	404	Bevan Smith	Gauteng	1	00:12.21	1029	1.3	E	
GAU005	378	Conley	Gauteng	1	00:12.18	1037	0.9	E	
ECA053	46	Kehly Gorgonzola	Eastern Cape	2	00:12.67	924	0	E	
FSA181	338	Ansolet Potgieter	Free State	2	00:12.50	961	0	E	
WCP180	1546	Melissa Hewitt	Western Cape	2	00:12.45	972	0	E	
GAU035	408	M Sutton	Gauteng	2	00:12.55	950	0	E	
FSA182	339	Arouchelle Rheeder	Free State	3	00:12.60	939	0	E	
NWP050	1261	A Kamfer	North West Province	3	00:12.68	922	0	E	
NWP052	1263	Annerie Schulenburg	North West Province	3	00:12.73	911	0	E	
MPU006	996	Janine Fauhla	Mpumalanga	3	00:12.91	873	0	E	
WCP186	1552	Simone Morris	Western Cape	4	00:12.69	919	0	E	
WCP185	1551	Elizabeth Louw	Western Cape	4	00:12.89	877	0	E	
WCP173	1539	Amy Abel	Western Cape	4	00:12.73	911	0	E	
NCP012	1135	Leandré van Rooyen	Northern Cape Province	5	00:12.78	900	0	E	

48	G-15	100 m	/ 100 m				Semi-Finals		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU031	404	Bevan Smith	Gauteng	1	00:12.50	961	-1.5	E	
GAU005	378	Conley	Gauteng	1	00:12.55	950	-1.8	E	
ECA054	47	Arlene Gowar	Eastern Cape	2	00:12.69	919	0	E	
GAU035	408	M Sutton	Gauteng	2	00:12.84	888	0	E	
FSA181	338	Ansulet Potgieter	Free State	3	00:12.84	888	0	E	
WCP180	1546	Melissa Hewitt	Western Cape	3	00:12.91	873	0	E	
ECA053	46	Kehly Gorgonzola	Eastern Cape	4	00:12.89	877	0	E	
NWP051	1262	Jadri Fourie	North West Province	4	00:13.06	843	0	E	

83	G-15	100 m	/ 100 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU031	404	Bevan Smith	Gauteng	1	00:12.10	1058	-0.1	E	
GAU005	378	Conley	Gauteng	2	00:12.17	1039	0	E	
ECA054	47	Arlene Gowar	Eastern Cape	3	00:12.38	988	0	E	
WCP180	1546	Melissa Hewitt	Western Cape	4	00:12.51	959	0	E	
GAU035	408	M Sutton	Gauteng	5	00:12.55	950	0	E	
ECA053	46	Kehly Gorgonzola	Eastern Cape	6	00:12.55	950	0	E	
NWP051	1262	Jadri Fourie	North West Province	7	00:12.92	871	0	E	
FSA181	338	Ansulet Potgieter	Free State	8	00:13.02	851	0	E	

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104	G-15	200 m	/ 200 m				Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
ECA054	47	Arlene Gowar	Eastern Cape	1	00:25.52	960	1.3	E	
GAU031	404	Bevan Smith	Gauteng	1	00:25.04	1014	0.6	E	
GAU036	409	Annikie van Huyssteen	Gauteng	1	00:25.79	931	1	E	
GAU005	378	Conley	Gauteng	1	00:25.18	998	0.4	E	
ECA053	46	Kehly Gorgonzola	Eastern Cape	2	00:25.97	912	0	E	
WCP180	1546	Melissa Hewitt	Western Cape	2	00:25.93	916	0	E	
WCP185	1551	Elizabeth Louw	Western Cape	2	00:25.99	910	0	E	
GAU035	408	M Sutton	Gauteng	2	00:26.20	888	0	E	
FSA182	339	Arouchelle Rheeder	Free State	3	00:25.94	915	0	E	
KZN006	662	Alzaan Lynch	Kwazulu Natal	3	00:26.76	832	0	E	
NCP014	1137	Bernadette Visser	Northern Cape Province	3	00:26.30	878	0	E	
WCP186	1552	Simone Morris	Western Cape	3	00:26.22	886	0	E	
NCP012	1135	Leandré van Rooyen	Northern Cape Province	4	00:26.29	879	0	E	
NWP052	1263	Annerie Schulenburg	North West Province	4	00:26.43	865	0	E	
NWP051	1262	Jadri Fourie	North West Province	5	00:26.46	862	0	E	
NWP053	1264	J Pieters	North West Province	6	00:26.46	862	0	E	

136	G-15	200 m	/ 200 m				Semi-Finals		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU031	404	Bevan Smith	Gauteng	1	00:24.98	1021	-2	E	
GAU005	378	Conley	Gauteng	1	00:25.44	969	-1.3	E	
ECA054	47	Arlene Gowar	Eastern Cape	2	00:25.54	958	0	E	
FSA182	339	Arouchelle Rheeder	Free State	2	00:25.74	936	0	E	
WCP180	1546	Melissa Hewitt	Western Cape	3	00:26.14	894	0	E	
GAU036	409	Annikie van Huyssteen	Gauteng	3	00:26.06	902	0	E	
WCP185	1551	Elizabeth Louw	Western Cape	4	00:26.19	889	0	E	
NWP052	1263	Annerie Schulenburg	North West Province	4	00:26.18	890	0	E	

166	G-15	200 m	/ 200 m				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU005	378	Conley	Gauteng	1	00:24.60	1071	-0.4	E	
GAU031	404	Bevan Smith	Gauteng	2	00:24.72	1054	0	E	
ECA054	47	Arlene Gowar	Eastern Cape	3	00:25.34	980	0	E	
GAU036	409	Annikie van Huyssteen	Gauteng	4	00:25.40	973	0	E	
WCP185	1551	Elizabeth Louw	Western Cape	5	00:25.75	935	0	E	
FSA182	339	Arouchelle Rheeder	Free State	6	00:25.93	916	0	E	
NWP052	1263	Annerie Schulenburg	North West Province	7	00:26.15	893	0	E	

21	G-15	400 m	/ 400 m				Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP179	1545	Megan Goddard	Western Cape	1	00:59.26	906	0	E	
GAU013	386	Le Grange	Gauteng	1	00:58.11	960	0	E	
GAU019	392	Anuschka Nice	Gauteng	1	00:58.80	928	0	E	
NWP054	1265	Andrea Strauss	North West Province	2	00:59.33	903	0	E	
GAU009	382	Danelle Greeff	Gauteng	2	00:59.95	875	0	E	
MPU016	1006	Stephanie Paul	Mpumalanga	2	00:60.14	867	0	E	
FSA184	341	Herma Fouche	Free State	3	00:59.70	886	0	E	
LIM122	929	Monique Scheepers	Limpopo	4	00:59.81	881	0	E	

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61	G-15 400 m		/ 400 m				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU013	386 Le Grange	Gauteng	1	00:57.11	1010	0	E		
GAU019	392 Anuschka Nice	Gauteng	2	00:57.64	983	0	E		
WCP179	1545 Megan Goddard	Western Cape	3	00:58.35	949	0	E		
NWP054	1265 Andrea Strauss	North West Province	4	00:59.18	910	0	E		
FSA184	341 Herma Fouche	Free State	5	00:59.79	882	0	E		
GAU009	382 Danelle Greeff	Gauteng	6	00:59.86	879	0	E		
LIM122	929 Monique Scheepers	Limpopo	7	00:60.58	848	0	E		
MPU016	1006 Stephanie Paul	Mpumalanga	8	00:61.55	807	0	E		

125	G-15 800 m		/ 800 m				Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
FSA185	342 Lucy Nontjenga	Free State	1	02:17.40	952	0	E		
GAU026	399 Anelda Pypers	Gauteng	1	02:18.65	927	0	E		
GAU019	392 Anuschka Nice	Gauteng	2	02:17.96	941	0	E		
MPU004	994 Elandrie Drotsky	Mpumalanga	2	02:18.79	924	0	E		
WCP182	1548 Marelize Jordaan	Western Cape	3	02:21.52	870	0	E		
GAU018	391 Suretha Muller	Gauteng	3	02:18.82	923	0	E		
ECA061	53 Cindy Schwulst	Eastern Cape	4	02:19.72	905	0	E		
FSA188	345 Rebecca Mokone	Free State	5	02:20.45	891	0	E		

154	G-15 800 m		/ 800 m				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU026	399 Anelda Pypers	Gauteng	1	02:12.39	1065	0	E		
GAU019	392 Anuschka Nice	Gauteng	2	02:13.51	1037	0	E		
MPU004	994 Elandrie Drotsky	Mpumalanga	3	02:14.54	1013	0	E		
GAU018	391 Suretha Muller	Gauteng	4	02:15.45	993	0	E		
FSA185	342 Lucy Nontjenga	Free State	5	02:20.05	899	0	E		
FSA188	345 Rebecca Mokone	Free State	6	02:21.79	865	0	E		
WCP182	1548 Marelize Jordaan	Western Cape	7	02:23.44	834	0	E		
ECA061	53 Cindy Schwulst	Eastern Cape	8	02:25.14	804	0	E		

32	G-15 1500 m		/ 1500 m				Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
ECA066	58 K Zondwayo	Eastern Cape	1	04:52.09	889	0	E		
FSA189	346 Charity Molotsane	Free State	1	04:46.36	944	0	E		
GAU028	401 Renate Rossouw	Gauteng	2	04:46.45	943	0	E		
GAU026	399 Anelda Pypers	Gauteng	2	04:52.10	889	0	E		
FSA188	345 Rebecca Mokone	Free State	3	04:46.47	943	0	E		
MPU005	995 Mari du Plessis	Mpumalanga	3	04:52.37	886	0	E		
FSA186	343 Madelein Pretorius	Free State	4	04:52.48	885	0	E		
WCP182	1548 Marelize Jordaan	Western Cape	4	04:46.62	941	0	E		
LIM125	932 Kamogelo Tlaka	Limpopo	5	04:46.77	940	0	E		
ECA062	54 Asiphe Sikhabalanjana	Eastern Cape	6	04:49.11	917	0	E		
NWP057	1268 M Botha	North West Province	7	04:49.51	913	0	E		
GAU010	383 Lucilda Grobler	Gauteng	8	04:55.13	861	0	E		

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67	G-15	1500 m	/ 1500 m				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU026	399 Anelda Pypers	Gauteng	1	04:36.92	1043	0	E		
FSA189	346 Charity Molotsane	Free State	2	04:41.84	989	0	E		
FSA188	345 Rebecca Mokone	Free State	3	04:43.51	972	0	E		
ECA066	58 K Zondwayo	Eastern Cape	4	04:46.94	938	0	E		
WCP182	1548 Marelize Jordaan	Western Cape	5	04:47.59	932	0	E		
FSA186	343 Madelein Pretorius	Free State	6	04:47.59	932	0	E		
MPU005	995 Mari du Plessis	Mpumalanga	7	04:53.09	880	0	E		
GAU028	401 Renate Rossouw	Gauteng	8	04:53.87	873	0	E		
NWP057	1268 M Botha	North West Province	9	04:54.72	865	0	E		
LIM125	932 Kamogelo Tlaka	Limpopo	10	04:54.72	865	0	E		

36	G-15	90 m Hekkie	/ 90 m Hurdles				Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
FSA192	349 Sabile Mofokeng	Free State	1	00:13.47	899	-1.8	E		
FSA181	338 Ansulet Potgieter	Free State	1	00:13.32	930	-2.3	E		
GAU012	385 Ilze Holtzkamp	Gauteng	1	00:13.81	833	-1.4	E		
WCP191	1556 Aimee Rossouw	Western Cape	2	00:13.46	901	0	E		
GAU021	394 R Oescher	Gauteng	2	00:13.70	854	0	E		
GAU038	411 Anke Viljoen	Gauteng	2	00:14.04	791	0	E		
GAU001	374 Lucia Badenhorst	Gauteng	3	00:13.48	897	0	E		
ECA059	51 H Maree	Eastern Cape	4	00:13.68	858	0	E		

77	G-15	90 m Hekkie	/ 90 m Hurdles				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
FSA192	349 Sabile Mofokeng	Free State	1	00:13.26	942	-1.3	E		
WCP191	1556 Aimee Rossouw	Western Cape	2	00:13.30	934	0	E		
GAU001	374 Lucia Badenhorst	Gauteng	3	00:13.32	930	0	E		
FSA181	338 Ansulet Potgieter	Free State	4	00:13.33	927	0	E		
GAU012	385 Ilze Holtzkamp	Gauteng	5	00:13.62	869	0	E		
GAU021	394 R Oescher	Gauteng	6	00:13.73	848	0	E		
ECA059	51 H Maree	Eastern Cape	7	00:13.79	837	0	E		
GAU038	411 Anke Viljoen	Gauteng	8	00:14.01	796	0	E		

118	G-15	300 m Hekkie	/ 300 m Hurdles				Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
FSA193	350 Ane Botha	Free State	1	00:46.28	862	0	E		
WCP179	1545 Megan Goddard	Western Cape	1	00:45.28	921	0	E		
GAU004	377 Neene Bignaut	Gauteng	1	00:44.78	952	0	E		
WCP191	1556 Aimee Rossouw	Western Cape	2	00:47.33	804	0	E		
GAU002	375 I Bensuzan	Gauteng	2	00:45.43	912	0	E		
GAU013	386 Le Grange	Gauteng	2	00:45.05	935	0	E		
NWP059	1270 Marion-Ann Duvenhage	North West Province	3	00:46.29	862	0	E		
NWP054	1265 Andrea Strauss	North West Province	3	00:46.03	877	0	E		

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145	G-15	300 m Hekkie		/ 300 m Hurdles				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU004	377	Neene Blygnaut	Gauteng	1	00:45.02	937	0	E		
GAU013	386	Le Grange	Gauteng	2	00:45.13	930	0	E		
WCP179	1545	Megan Goddard	Western Cape	3	00:45.38	915	0	E		
GAU002	375	I Bensuzan	Gauteng	4	00:45.46	910	0	E		
NWP059	1270	Marion-Ann Duvenhage	North West Province	5	00:45.95	881	0	E		
FSA193	350	Ane Botha	Free State	6	00:46.77	835	0	E		
NWP054	1265	Andrea Strauss	North West Province	7	00:46.85	830	0	E		
WCP191	1556	Aimee Rossouw	Western Cape	8	00:47.42	799	0	E		

4	G-15	5000 m Stap		/ 5000 m Walk				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP183	1549	Inge Kotze	Western Cape	1	30:47.19	691	0	E		
NWP064	1275	M de Jagger	North West Province	2	30:50.24	687	0	E		
ECA052	45	Janri de Klerk	Eastern Cape	3	31:48.96	613	0	E		
NWP066	1277	S Maree	North West Province	4	31:52.45	609	0	E		
WCP193	1557	Zelda Schultz	Western Cape	5	32:19.22	577	0	E		
NWP065	1276	L Erasmus	North West Province	6	32:22.57	573	0	E		
FSA200	357	Corli Swart	Free State	7	32:27.12	568	0	E		
FSA201	358	Jeanette Linde	Free State	8	32:27.71	567	0	E		
GAU008	381	Jamie Evans	Gauteng	9	35:11.51	0	0	E		
KZN012	668	Su-ne Potgieter	Kwazulu Natal	10	35:34.07	0	0	E		

173	G-15	4X100 m Aflos		/ 4X100 m Relay				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAUA07	639	Gauteng A	Gauteng	1	00:48.15	1040	0	E		
WCPA01	1563	Western Cape	Western Cape	2	00:50.16	923	0	E		
NWPA01	1359	North West	North West Province	3	00:50.43	908	0	E		
ECAA01	157	Eastern Cape	Eastern Cape	4	00:50.58	900	0	E		
FSAA01	363	Free State	Free State	5	00:50.68	895	0	E		
KZNA01	796	Kwazulu Natal	Kwazulu Natal	6	00:51.62	846	0	E		
LIMA09	979	Limpopo	Limpopo	7	00:52.41	807	0	E		

92	G-15	Sweedse Aflos		/ Swedish Relay				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
NWPA02	1360	North West	North West Province	1	02:22.04	854	0	E		
FSAA07	368	Free State	Free State	2	02:23.87	821	0	E		
LIMA10	980	Limpopo	Limpopo	3	02:25.16	798	0	E		
KZNA02	797	Kwazulu Natal	Kwazulu Natal	4	02:28.13	747	0	E		

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9	G-15	Hoogspring	/ High Jump				Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
ECA050	43	G Bernard	Eastern Cape	1	1.50	848	0	E	
ECA165	154	Gezelle Bernard	Eastern Cape	1	1.50	848	0	E	
ECA051	44	Julie Botha	Eastern Cape	1	1.50	848	0	E	
FSA204	361	Leandri Botha	Free State	1	1.60	956	0	E	
LIM121	928	Rika Riekert	Limpopo	1	1.65	1011	0	E	
NCP008	1131	Gina Notywala	Northern Cape Province	1	1.45	796	0	E	
NCP003	1127	Doré de Kock	Northern Cape Province	1	1.45	796	0	E	
WCP181	1547	Jahonel Hugo	Western Cape	1	1.68	1046	0	E	
NWP062	1273	L Snyman	North West Province	1	1.50	848	0	E	
NWP055	1266	Mieke Grabe	North West Province	1	1.50	848	0	E	
GAU025	398	Z Prinsloo	Gauteng	1	1.65	1011	0	E	
GAU015	388	Chaney Linder	Gauteng	1	1.60	956	0	E	
GAU011	384	Tiffany Hattingh	Gauteng	1	1.60	956	0	E	
GAU027	400	Johre Roelofse	Gauteng	1	1.65	1011	0	E	
MPU002	992	Leana Claassens	Mpumalanga	1	1.45	796	0	E	
MPU018	1008	Biance Reyneke	Mpumalanga	1	1.45	796	0	E	
MPU021	1011	Sumeri Uys	Mpumalanga	1	1.45	796	0	E	
WCP194	1558	Remina Stephan	Western Cape	1	00:00.00	0	0	E	

157	G-15	Hoogspring	/ High Jump				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU025	398	Z Prinsloo	Gauteng	1	1.69	1057	0	E	
LIM121	928	Rika Riekert	Limpopo	2	1.64	1000	0	E	
GAU015	388	Chaney Linder	Gauteng	2	1.64	1000	0	E	
WCP181	1547	Jahonel Hugo	Western Cape	4	1.64	1000	0	E	
WCP194	1558	Remina Stephan	Western Cape	5	1.64	1000	0	E	
GAU027	400	Johre Roelofse	Gauteng	6	1.59	945	0	E	
GAU011	384	Tiffany Hattingh	Gauteng	7	1.59	945	0	E	
NWP055	1266	Mieke Grabe	North West Province	8	1.54	891	0	E	

117	G-15	Paalspring	/ Pole Vault				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
ECA057	49	Nikita Koekemoer	Eastern Cape	1	1.90	540	0	E	

73	G-15	Verspring	/ Long Jump				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU029	402	Alicia Sauer	Gauteng	1	5.48	1007	0.5	E	
NWP051	1262	Jadri Fourie	North West Province	2	5.41	983	0.21	E	
GAU021	394	R Oescher	Gauteng	3	5.24	927	0.61	E	
WCP189	1554	Stephanie Oosthuizen	Western Cape	4	5.20	914	-0.3	E	
NWP063	1274	L de Swart	North West Province	5	5.16	901	0.16	E	
ECA055	48	Anja Jonker	Eastern Cape	6	5.08	876	0.52	E	
LIM121	928	Rika Riekert	Limpopo	7	5.05	866	0.42	E	
KZN013	669	Yolanda vd Merwe	Kwazulu Natal	8	5.00	850	0.16	E	

114	G-15	Driesprong	/ Triple Jump				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU017	390	Clarise Marais	Gauteng	1	10.68	806	0.98	E N	
MPU133	1123	Natasha Jansen	Mpumalanga	2	10.40	767	1.26	E N	
MPU022	1012	Luzanne van Niekerk	Mpumalanga	3	9.74	674	0.89	E N	
GAU034	407	Bernice Stone	Gauteng	4	9.55	648	1.38	E N	

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164	G-15	Gewigstoot		/ Shot Put			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP060	1271	M Marais	North West Province	1	11.73	846	0	E	
GAU032	405	S Smuts	Gauteng	2	11.70	843	0	E	
ECA058	50	Linaiz Liebenberg	Eastern Cape	3	11.69	842	0	E	
GAU007	380	C Dreyer	Gauteng	4	11.64	838	0	E	
LIM104	911	Allanah Crafford	Limpopo	5	11.39	816	0	E	
NWP061	1272	Tazmin Brits	North West Province	6	11.15	795	0	E	
MPU023	1013	Monique Vermaak	Mpumalanga	7	10.88	772	0	E	
FSA196	353	Jackie Bibbey	Free State	8	10.20	714	0	E	

31	G-15	Diskusgooi		/ Discus Throw			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA058	50	Linaiz Liebenberg	Eastern Cape	1	39.44	1135	0	E	
NWP060	1271	M Marais	North West Province	2	35.51	968	0	E	
GAU259	629	Suriëtte Botha	Gauteng	3	34.70	938	0	E	
NCP013	1136	Estie van Staden	Northern Cape Province	4	34.40	928	0	E	
GAU003	376	Marizaan Bezuidenhout	Gauteng	5	33.68	903	0	E	
NWP068	1279	Y Uys	North West Province	6	32.52	863	0	E	
WCP188	1553	Ruanlie Oosthuizen	Western Cape	7	30.70	804	0	E	
NCP002	1126	Leatita Brand	Northern Cape Province	8	28.19	725	0	E	

103	G-15	Spiesgooi		/ Javelin			Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA165	154	Gezelle Bernard	Eastern Cape	1	41.00	1052	0	E	
FSA197	354	Adele Benson	Free State	1	34.00	821	0	E	
FSA198	355	Anita Erasmus	Free State	1	35.23	858	0	E	
LIM106	913	Voneo de Lange	Limpopo	1	34.15	825	0	E	
NCP001	1125	Annéne Brand	Northern Cape Province	1	31.32	743	0	E	
WCP176	1542	Catrina Botes	Western Cape	1	37.37	925	0	E	
NWP060	1271	M Marais	North West Province	1	36.16	886	0	E	
NWP061	1272	Tazmin Brits	North West Province	1	41.00	1052	0	E	
GAU023	396	Christelle Pienaar	Gauteng	1	34.36	831	0	E	
GAU022	395	Alette Oosthuizen	Gauteng	1	41.18	1059	0	E	
GAU012	385	Ilze Holtzkamp	Gauteng	1	39.24	987	0	E	
MPU014	1004	Melissa Ndlovu	Mpumalanga	1	31.70	754	0	E	
MPU009	999	Shane Harding	Mpumalanga	1	30.82	728	0	E	
ECA050	43	G Bernard	Eastern Cape	3	41.00	1052	0	E	

139	G-15	Spiesgooi		/ Javelin			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP176	1542	Catrina Botes	Western Cape	1	38.63	966	0	E	
NWP061	1272	Tazmin Brits	North West Province	2	38.61	966	0	E	
ECA050	43	G Bernard	Eastern Cape	3	38.03	946	0	E	
GAU012	385	Ilze Holtzkamp	Gauteng	4	37.71	936	0	E	
NWP060	1271	M Marais	North West Province	5	37.18	918	0	E	
GAU023	396	Christelle Pienaar	Gauteng	6	36.29	890	0	E	
GAU022	395	Alette Oosthuizen	Gauteng	7	34.07	823	0	E	
LIM106	913	Voneo de Lange	Limpopo	8	33.13	795	0	E	

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15	G-17	100 m	/ 100 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA145	302	Monobolelo Mkenku	Free State	1	00:11.99	971	0.7	E	
NCP021	1144	Andre Zandberg	Northern Cape Province	1	00:12.19	925	-2.2	E	
GAU054	426	Claudine Janse v Rensburg	Gauteng	1	00:12.35	890	-0.7	E	
MPU041	1031	Marli Spies	Mpumalanga	1	00:12.38	884	0.9	E	
ECA038	31	Thandeka Ndlokovana	Eastern Cape	2	00:12.44	871	0	E	
KZN018	674	Nokulunga Dladla	Kwazulu Natal	2	00:12.85	787	0	E	
NCP019	1142	Taliza Swartz	Northern Cape Province	2	00:12.63	831	0	E	
GAU044	417	Christy Coetzee	Gauteng	2	00:12.28	905	0	E	
KZN028	684	Jenna Pannifer	Kwazulu Natal	3	00:12.86	785	0	E	
KZN019	675	Nontobeko Gumede	Kwazulu Natal	3	00:12.66	825	0	E	
WCP021	1391	Celeste Rietels	Western Cape	3	00:12.37	886	0	E	
NWP024	1235	K Molokwane	North West Province	3	00:12.67	823	0	E	
WCP024	1394	Wilandi Schutz	Western Cape	4	00:12.89	779	0	E	
NWP025	1236	E de Jongh	North West Province	4	00:12.90	777	0	E	
NWP047	1258	L Keyser	North West Province	4	00:12.85	787	0	E	
GAU069	440	D Steenekamp	Gauteng	4	00:12.48	862	0	E	

50	G-17	100 m	/ 100 m				Semi-Finals		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA145	302	Monobolelo Mkenku	Free State	1	00:12.00	969	-1.4	E	
NCP021	1144	Andre Zandberg	Northern Cape Province	1	00:12.11	944	-1.1	E	
WCP021	1391	Celeste Rietels	Western Cape	2	00:12.19	925	0	E	
GAU054	426	Claudine Janse v Rensburg	Gauteng	2	00:12.28	905	0	E	
ECA038	31	Thandeka Ndlokovana	Eastern Cape	3	00:12.31	899	0	E	
MPU041	1031	Marli Spies	Mpumalanga	3	00:12.50	858	0	E	
GAU069	440	D Steenekamp	Gauteng	4	00:12.67	823	0	E	
GAU044	417	Christy Coetzee	Gauteng	4	00:12.37	886	0	E	

85	G-17	100 m	/ 100 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA145	302	Monobolelo Mkenku	Free State	1	00:11.94	983	-0.4	E	
NCP021	1144	Anre Zandberg	Northern Cape Province	2	00:12.04	960	0	E	
GAU054	426	Claudine Janse v Rensburg	Gauteng	3	00:12.19	925	0	E	
WCP021	1391	Celeste Rietels	Western Cape	4	00:12.20	923	0	E	
GAU044	417	Christy Coetzee	Gauteng	5	00:12.41	877	0	E	
MPU041	1031	Marli Spies	Mpumalanga	6	00:12.56	845	0	E	
ECA038	31	Thandeka Ndlokovana	Eastern Cape	7	00:12.58	841	0	E	
GAU069	440	D Steenekamp	Gauteng	8	00:12.75	807	0	E	

106	G-17	200 m	/ 200 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA145	302	Monobolelo Mkenku	Free State	1	00:24.79	934	-1.4	E	
NCP021	1144	Anre Zandberg	Northern Cape Province	1	00:24.77	936	0.9	E	
WCP021	1391	Celeste Rietels	Western Cape	1	00:25.22	887	0.2	E	
NWP047	1258	L Keyser	North West Province	2	00:26.04	803	0	E	
GAU072	443	Jana Theron	Gauteng	2	00:25.37	871	0	E	
GAU077	448	Claudia Viljoen	Gauteng	2	00:25.26	883	0	E	
ECA038	31	Thandeka Ndlokovana	Eastern Cape	3	00:25.64	843	0	E	
GAU069	440	D Steenekamp	Gauteng	3	00:25.76	831	0	E	

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141	G-17	200 m	/ 200 m				Semi-Finals		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA145	302	Monobolelo Mkenku	Free State	1	00:24.79	934	0	E	
NCP021	1144	Anre Zandberg	Northern Cape Province	1	00:24.77	936	0	E	
WCP021	1391	Celeste Rietels	Western Cape	1	00:25.22	887	0	E	
NWP047	1258	L Keyser	North West Province	2	00:26.04	803	0	E	
GAU072	443	Jana Theron	Gauteng	2	00:25.37	871	0	E	
GAU077	448	Claudia Viljoen	Gauteng	2	00:25.26	883	0	E	
ECA038	31	Thandeka Ndlokovana	Eastern Cape	3	00:25.64	843	0	E	
GAU069	440	D Steenekamp	Gauteng	3	00:25.76	831	0	E	

168	G-17	200 m	/ 200 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA145	302	Monobolelo Mkenku	Free State	1	00:24.03	1022	-0.7	E	
NCP021	1144	Anre Zandberg	Northern Cape Province	2	00:24.36	982	0	E	
WCP021	1391	Celeste Rietels	Western Cape	3	00:24.70	944	0	E	
GAU072	443	Jana Theron	Gauteng	4	00:25.41	867	0	E	
GAU069	440	D Steenekamp	Gauteng	5	00:25.57	850	0	E	
ECA038	31	Thandeka Ndlokovana	Eastern Cape	6	00:25.63	844	0	E	
NWP047	1258	L Keyser	North West Province	7	00:26.10	797	0	E	

25	G-17	400 m	/ 400 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP026	1237	Christilee Jansen	North West Province	1	00:57.77	842	0	E	
GAU062	433	Nandi Meyer	Gauteng	1	00:58.39	815	0	E	
GAU078	449	Eugenie Wicksell	Gauteng	1	00:57.84	839	0	E	
KZN024	680	Siphelele Luthuli	Kwazulu Natal	2	00:58.56	807	0	E	
NWP025	1236	E de Jongh	North West Province	2	00:58.40	814	0	E	
GAU056	428	Carli Kleynhans	Gauteng	2	00:58.70	801	0	E	
ECA039	32	U Nel	Eastern Cape	3	00:58.72	800	0	E	
KZN023	679	Olga Khumalo	Kwazulu Natal	3	00:59.13	783	0	E	

63	G-17	400 m	/ 400 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP026	1237	Christilee Jansen	North West Province	1	00:55.48	951	0	E	
GAU078	449	Eugenie Wicksell	Gauteng	2	00:55.57	947	0	E	
GAU062	433	Nandi Meyer	Gauteng	3	00:56.02	924	0	E	
GAU056	428	Carli Kleynhans	Gauteng	4	00:57.63	849	0	E	
KZN024	680	Siphelele Luthuli	Kwazulu Natal	5	00:58.17	824	0	E	
NWP025	1236	E de Jongh	North West Province	6	00:58.67	802	0	E	
KZN023	679	Olga Khumalo	Kwazulu Natal	7	00:58.73	800	0	E	
ECA039	32	U Nel	Eastern Cape	8	00:59.10	784	0	E	

127	G-17	800 m	/ 800 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP026	1237	Christilee Jansen	North West Province	1	02:21.41	840	0	E	
GAU062	433	Nandi Meyer	Gauteng	1	02:17.55	915	0	E	
GAU076	447	Done Vermaak	Gauteng	2	02:21.53	837	0	E	
MPU037	1027	Lindiwe Mthimunye	Mpumalanga	2	02:17.72	911	0	E	
FSA149	306	Abongile Lerotholi	Free State	3	02:17.84	909	0	E	
NWP027	1238	Cherille Jansen	North West Province	3	02:21.58	836	0	E	
WCP001	1371	Chanelle Anderson	Western Cape	4	02:18.20	902	0	E	
MPU027	1017	Anika Claassens	Mpumalanga	5	02:19.97	867	0	E	

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158	G-17	800 m	/ 800 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU062	433	Nandi Meyer	Gauteng	1	02:09.76	1093	0	E	
NWP026	1237	Christilee Jansen	North West Province	2	02:11.27	1052	0	E	
GAU076	447	Done Vermaak	Gauteng	3	02:11.55	1045	0	E	
NWP027	1238	Cherille Jansen	North West Province	4	02:12.73	1017	0	E	
FSA149	306	Abongile Lerotholi	Free State	5	02:16.86	929	0	E	
WCP001	1371	Chanelle Anderson	Western Cape	6	02:17.25	921	0	E	
MPU027	1017	Anika Claassens	Mpumalanga	7	02:21.38	840	0	E	
MPU037	1027	Lindiwe Mthimunye	Mpumalanga	8	02:28.69	711	0	E	

34	G-17	1500 m	/ 1500 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP028	1398	Destiny Titus	Western Cape	1	04:55.14	767	0	E	
GAU058	429	Roline Machabaphala	Gauteng	1	04:47.10	838	0	E	
GAU051	423	Fanette Fourie	Gauteng	2	04:55.50	764	0	E	
GAU053	425	Maxine Hiene-Wacker	Gauteng	2	04:47.33	836	0	E	
NWP028	1239	J Tuge	North West Province	3	04:47.37	836	0	E	
GAU063	434	Selina Mofokeng	Gauteng	3	04:56.45	756	0	E	
ECA023	19	Lusanda Bomvana	Eastern Cape	4	04:48.19	828	0	E	
GAU071	442	Tshegofatso Taukobong	Gauteng	4	04:57.08	750	0	E	
FSA153	310	Esti Heyns	Free State	5	04:58.00	742	0	E	
LIM052	859	Emma Bopape	Limpopo	5	04:52.00	794	0	E	
NWP029	1240	M Nieuwoudt	North West Province	6	05:02.03	709	0	E	
LIM072	879	Cornelia Shokgola	Limpopo	7	05:03.38	698	0	E	

69	G-17	1500 m	/ 1500 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU053	425	Maxine Hiene-Wacker	Gauteng	1	04:38.71	919	0	E	
GAU058	429	Roline Machabaphala	Gauteng	2	04:42.52	882	0	E	
GAU051	423	Fanette Fourie	Gauteng	3	04:43.39	873	0	E	
ECA023	19	Lusanda Bomvana	Eastern Cape	4	04:48.52	825	0	E	
WCP028	1398	Destiny Titus	Western Cape	5	04:51.76	796	0	E	
GAU063	434	Selina Mofokeng	Gauteng	6	04:53.18	784	0	E	
FSA153	310	Esti Heyns	Free State	7	04:55.12	767	0	E	
NWP028	1239	J Tuge	North West Province	8	04:56.20	758	0	E	
GAU071	442	Tshegofatso Taukobong	Gauteng	9	04:58.36	739	0	E	
NWP029	1240	M Nieuwoudt	North West Province	10	04:58.52	738	0	E	

110	G-17	3000 m	/ 3000 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU053	425	Maxine Hiene-Wacker	Gauteng	1	09:57.49	906	0	E	
WCP028	1398	Destiny Titus	Western Cape	2	10:11.26	844	0	E	
LIM064	871	Witness Molapo	Limpopo	3	10:20.88	803	0	E	
GAU073	444	Ruani vd Merwe	Gauteng	4	10:25.88	783	0	E	
ECA023	19	Lusanda Bomvana	Eastern Cape	5	10:31.96	758	0	E	
GAU262	632	Renate Rossouw	Gauteng	6	10:32.40	756	0	E	
NWP042	1253	F Boshoff	North West Province	7	10:51.18	684	0	E	
GAU060	431	M Mashabela	Gauteng	8	10:52.98	677	0	E	
MPU033	1023	Cindy Kruger	Mpumalanga	9	11:01.26	647	0	E	
ECA037	30	Nomfundiseko Magubu	Eastern Cape	10	11:04.46	635	0	E	

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41	G-17 100 m Hekkie			/ 100 m Hurdles			Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
FSA154	311 Annerie Ebersohn	Free State	1	00:14.64	865	-3.5	E		
GAU077	448 Claudia Viljoen	Gauteng	1	00:14.38	913	-2.8	E		
MPU041	1031 Marli Spies	Mpumalanga	1	00:14.61	871	-0.4	E		
WCP026	1396 Marese Stofberg	Western Cape	2	00:15.41	734	0	E		
NWP031	1242 D O'Reilly	North West Province	2	00:14.91	817	0	E		
GAU072	443 Jana Theron	Gauteng	2	00:14.87	824	0	E		
FSA155	312 Elminette Beckmann	Free State	3	00:14.97	807	0	E		
WCP025	1395 Janita Stander	Western Cape	3	00:15.41	734	0	E		

78	G-17 100 m Hekkie			/ 100 m Hurdles			Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU077	448 Claudia Viljoen	Gauteng	1	00:14.13	962	-0.8	E		
FSA154	311 Annerie Ebersohn	Free State	2	00:14.30	928	0	E		
MPU041	1031 Marli Spies	Mpumalanga	3	00:14.40	909	0	E		
GAU072	443 Jana Theron	Gauteng	4	00:14.46	898	0	E		
NWP031	1242 D O'Reilly	North West Province	5	00:14.49	893	0	E		
FSA155	312 Elminette Beckmann	Free State	6	00:14.82	833	0	E		
WCP026	1396 Marese Stofberg	Western Cape	7	00:15.30	752	0	E		
WCP025	1395 Janita Stander	Western Cape	8	00:15.31	751	0	E		

120	G-17 400 m Hekkie			/ 400 m Hurdles			Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
FSA154	311 Annerie Ebersohn	Free State	1	00:63.47	853	0	E		
NWP033	1244 D Botes	North West Province	1	00:65.30	780	0	E		
MPU041	1031 Marli Spies	Mpumalanga	1	00:64.55	809	0	E		
NWP031	1242 D O'Reilly	North West Province	2	00:63.68	844	0	E		
GAU068	439 C Schouwstra	Gauteng	2	00:65.33	779	0	E		
MPU044	1034 Sunel vd Linde	Mpumalanga	2	00:65.57	770	0	E		
FSA146	303 Mariska Janse v Rensburg	Free State	3	00:63.83	838	0	E		
GAU052	424 Louisa Hartzenberg	Gauteng	3	00:65.77	762	0	E		

147	G-17 400 m Hekkie			/ 400 m Hurdles			Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
FSA154	311 Annerie Ebersohn	Free State	1	00:60.39	989	0	E		
MPU041	1031 Marli Spies	Mpumalanga	2	00:61.81	924	0	E		
FSA146	303 Mariska Janse v Rensburg	Free State	3	00:62.72	885	0	E		
NWP033	1244 D Botes	North West Province	4	00:63.06	870	0	E		
NWP031	1242 D O'Reilly	North West Province	5	00:63.86	837	0	E		
MPU044	1034 Sunel vd Linde	Mpumalanga	6	00:64.60	807	0	E		
GAU068	439 C Schouwstra	Gauteng	7	00:66.28	743	0	E		
GAU052	424 Louisa Hartzenberg	Gauteng	8	00:66.35	740	0	E		

91	G-17 5000 m Stap			/ 5000 m Walk			Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
NWP041	1252 A Marais	North West Province	1	29:26.10	0	0	E		
NWP040	1251 W Nienaber	North West Province	2	29:30.00	0	0	E		
WCP006	1376 Anandi Coetzee	Western Cape	3	29:41.50	0	0	E		
FSA179	336 Portia Hlahane	Free State	4	30:38.50	0	0	E		
WCP023	1393 Nikita Schultz	Western Cape	5	30:38.90	0	0	E		
FSA178	335 Lizandi Viviers	Free State	6	31:42.80	0	0	E		
FSA177	334 Lillian Venter	Free State	7	34:15.70	0	0	E		

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175	G-17	4X100 m Aflos		/ 4X100 m Relay			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA02	364	Free State	Free State	1	00:47.77	990	0	E	
GAUA09	641	Gauteng A	Gauteng	2	00:47.81	987	0	E	
WCPA02	1564	Western Cape	Western Cape	3	00:49.15	911	0	E	
NWPA03	1361	North West	North West Province	4	00:49.38	898	0	E	
NCPA02	1208	Northern Cape	Northern Cape Province	5	00:49.53	890	0	E	
KZNA03	798	Kwazulu Natal	Kwazulu Natal	6	00:49.95	867	0	E	
LIMA05	975	Limpopo	Limpopo	7	00:50.96	815	0	E	
ECAA02	158	Eastern Cape	Eastern Cape	8	00:52.27	751	0	E	

94	G-17	Sweedse Aflos		/ Swedish Relay			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA21	653	Gauteng A	Gauteng	1	02:14.65	951	0	E	
FSA08	369	Free State	Free State	2	02:15.80	927	0	E	
NWPA04	1362	North West	North West Province	3	02:16.69	910	0	E	
KZNA04	799	Kwazulu Natal	Kwazulu Natal	4	02:22.66	797	0	E	
LIMA06	976	Limpopo	Limpopo	5	02:24.23	770	0	E	

40	G-17	Hoogspring		/ High Jump			Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA043	36	Bashara van den Heever	Eastern Cape	1	1.62	877	0	E	
FSA170	327	Janette Siebert	Free State	1	1.75	1011	0	E	
FSA173	330	Maryke Prinsloo	Free State	1	1.70	958	0	E	
FSA172	329	Bianca Erwee	Free State	1	1.73	989	0	E	
FSA171	328	Corne Rabie	Free State	1	1.65	907	0	E	
KZN033	689	Merka Smuts	Kwazulu Natal	1	1.70	958	0	E	
GAU065	436	Marcoleen Pretorius	Gauteng	1	00:00.00	0	0	E	
GAU055	427	Bianca Jantzen	Gauteng	1	00:00.00	0	0	E	
GAU079	450	Kylie Wilcke	Gauteng	1	00:00.00	0	0	E	
LIM073	880	Elme vd Merwe	Limpopo	1	1.67	927	0	E	
LIM065	872	Rounder Mongalo	Limpopo	1	1.65	907	0	E	
WCP022	1392	Joey Rossouw	Western Cape	1	1.60	857	0	E	
WCP005	1375	Roelien Bredenhand	Western Cape	1	1.66	917	0	E	
NWP044	1255	A van der Linde	North West Province	1	1.50	759	0	E	
NWP036	1247	S Schlebush	North West Province	1	1.60	857	0	E	
MPU025	1015	Zanli Blom	Mpumalanga	1	1.65	907	0	E	
MPU026	1016	Zurita Boshoff	Mpumalanga	1	1.65	907	0	E	

116	G-17	Hoogspring		/ High Jump			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU065	436	Marcoleen Pretorius	Gauteng	1	1.75	1011	0	E	
FSA170	327	Janette Siebert	Free State	2	1.75	1011	0	E	
FSA173	330	Maryke Prinsloo	Free State	3	1.75	1011	0	E	
KZN033	689	Merka Smuts	Kwazulu Natal	4	1.65	907	0	E	
MPU025	1015	Zanli Blom	Mpumalanga	5	1.65	907	0	E	
GAU079	450	Kylie Wilcke	Gauteng	6	1.65	907	0	E	
FSA172	329	Bianca Erwee	Free State	7	1.65	907	0	E	
FSA171	328	Corne Rabie	Free State	8	1.65	907	0	E	

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99	G-17	Paalspring	/ Pole Vault				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP025	1395	Janita Stander	Western Cape	1	3.30	835	0	E	
WCP015	1385	Nicola Loots	Western Cape	2	3.10	773	0	E	
NWP033	1244	D Botes	North West Province	3	3.10	773	0	E	
FSA180	337	Anneen Fleischman	Free State	4	3.00	743	0	E	
FSA176	333	Marike Jansen	Free State	5	2.80	684	0	E	
FSA175	332	Karen Malherbe	Free State	6	2.70	654	0	E	
FSA162	319	Johanet Coetzer	Free State	7	2.70	654	0	E	
FSA205	362	Solize Vosloo	Free State	8	2.60	625	0	E	

52	G-17	Verspring	/ Long Jump				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU064	435	P Ntshingila	Gauteng	1	5.64	923	0.1	E	
GAU054	426	Claudine Janse v Rensburg	Gauteng	2	5.57	902	-0.4	E	
GAU044	417	Christy Coetzee	Gauteng	3	5.53	890	-0.9	E	
GAU070	441	Marni Stevens	Gauteng	4	5.47	873	0.2	E	
NWP037	1248	D le Roux	North West Province	5	5.39	849	-0.4	E	
WCP013	1383	Ilse Liebenberg	Western Cape	6	5.38	846	-0.4	E	
ECA026	21	Jacqueline de Klerk	Eastern Cape	7	5.35	838	0.7	E	
FSA174	331	Nadine Scholtz	Free State	8	5.20	794	-1.1	E	

151	G-17	Driesprong	/ Triple Jump				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU045	418	Michelle Cornelius	Gauteng	1	11.87	903	-0.1	E	
WCP029	1399	Engela Tullekin	Western Cape	2	11.77	889	-1.1	E	
WCP016	1386	Maurelia Maart	Western Cape	3	11.43	842	-0.9	E	
WCP020	1390	Elmien Nel	Western Cape	4	11.30	824	0.8	E	
NWP038	1249	Patricia Milho	North West Province	5	11.14	802	-0.7	E	
GAU070	441	Marni Stevens	Gauteng	6	11.14	802	-0.6	E	
GAU040	413	Liejandre Bieldt	Gauteng	7	10.90	770	0.2	E	
LIM054	861	Anel Brink	Limpopo	8	10.44	708	-0.3	E	

75	G-17	Gewigstoot	/ Shot Put				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP002	1372	Lené Barnard	Western Cape	1	12.76	876	0	E	
WCP019	1389	Elzaan Mostert	Western Cape	2	12.44	849	0	E	
MPU042	1032	Les-Lee Thompson	Mpumalanga	3	11.67	785	0	E	
FSA157	314	Thea Smit	Free State	4	11.50	771	0	E	
FSA158	315	Johandri Kuhn	Free State	5	11.31	755	0	E	
KZN030	686	Loukens Rochelle	Kwazulu Natal	6	11.28	753	0	E	

8	G-17	Diskusgooi	/ Discus Throw				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM067	874	Maryke Oberholzer	Limpopo	1	43.33	960	0	E	
FSA160	317	Karen Furstenburg	Free State	2	40.65	883	0	E	
NWP034	1245	J Heyndenreich	North West Province	3	40.07	867	0	E	
NWP035	1246	L de Beer	North West Province	4	39.77	859	0	E	
MPU031	1021	Amore Kotze	Mpumalanga	5	39.23	845	0	E	
WCP003	1373	Amea Beck	Western Cape	6	38.95	837	0	E	
FSA161	318	Lizaan Badenhorst	Free State	7	38.66	830	0	E	
FSA157	314	Thea Smit	Free State	8	36.17	765	0	E	

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152	G-17	Spiesgooi	/ Javelin				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU049	421	Rentia Fourie	Gauteng	1	49.35	1089	0	E	
GAU046	419	Gerelize de Klerk	Gauteng	2	44.70	944	0	E	
FSA163	320	Leanka Steyn	Free State	3	44.23	931	0	E	
FSA160	317	Karen Furstenburg	Free State	4	43.23	904	0	E	
FSA166	323	Melanie Greyvenberg	Free State	5	40.49	832	0	E	
LIM062	869	Carmia Mason	Limpopo	6	39.67	811	0	E	
NWP039	1250	M vd Merwe	North West Province	7	38.17	774	0	E	
FSA164	321	Liezl van Rooyen	Free State	8	37.62	761	0	E	

19	G-17	Hamergooi	/ Hammer Throw				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA167	324	Marizette Badenhorst	Free State	1	40.99	685	0	E	
ECA032	25	Domenique Johnston	Eastern Cape	2	39.32	651	0	E	
FSA168	325	Nadia Botha	Free State	3	38.26	630	0	E	
ECA036	29	A Louw	Eastern Cape	4	37.18	608	0	E	
MPU043	1033	Carin van Aardt	Mpumalanga	5	36.66	597	0	E	
ECA047	40	Simons Viviers	Eastern Cape	6	36.03	584	0	E	
WCP019	1389	Elzaan Mostert	Western Cape	7	35.57	575	0	E	
FSA169	326	Nanette Stapelberg	Free State	8	34.46	552	0	E	

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18	G-19	100 m	/ 100 m				Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP035	1405 Niki Horn	Western Cape	1	00:12.52	827	-2	E		
WCP053	1421 Veronica Theron	Western Cape	1	00:12.44	844	-0.8	E		
ECA002	2 Tanya de Bruin	Eastern Cape	2	00:12.63	805	0	E		
GAU117	488 Dane van Schalkwyk	Gauteng	2	00:12.61	809	0	E		
NWP001	1212 L Piek	North West Province	3	00:12.66	799	0	E		
GAU114	485 Lorinda van Loggernberg	Gauteng	3	00:12.64	803	0	E		
ECA013	10 Cheni Prinsloo	Eastern Cape	4	00:12.86	759	0	E		
WCP052	1420 Louise vd Merwe	Western Cape	4	00:12.65	801	0	E		

58	G-19	100 m	/ 100 m				Semi-Finals		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP053	1421 Veronica Theron	Western Cape	1	00:12.44	844	0	E		
WCP035	1405 Niki Horn	Western Cape	1	00:12.52	827	0	E		
ECA002	2 Tanya de Bruin	Eastern Cape	2	00:12.63	805	0	E		
GAU117	488 Dane van Schalkwyk	Gauteng	2	00:12.61	809	0	E		
NWP001	1212 L Piek	North West Province	3	00:12.66	799	0	E		
GAU114	485 Lorinda van Loggernberg	Gauteng	3	00:12.64	803	0	E		
ECA013	10 Cheni Prinsloo	Eastern Cape	4	00:12.86	759	0	E		
WCP052	1420 Louise vd Merwe	Western Cape	4	00:12.65	801	0	E		

87	G-19	100 m	/ 100 m				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP053	1421 Veronica Theron	Western Cape	1	00:12.13	911	-0.2	E		
WCP035	1405 Niki Horn	Western Cape	2	00:12.39	855	0	E		
WCP052	1420 Louise vd Merwe	Western Cape	3	00:12.44	844	0	E		
GAU114	485 Lorinda van Loggernberg	Gauteng	4	00:12.52	827	0	E		
ECA002	2 Tanya de Bruin	Eastern Cape	5	00:12.53	825	0	E		
NWP001	1212 L Piek	North West Province	6	00:12.57	817	0	E		
GAU117	488 Dane van Schalkwyk	Gauteng	7	00:12.63	805	0	E		
ECA013	10 Cheni Prinsloo	Eastern Cape	8	00:12.81	769	0	E		

108	G-19	200 m	/ 200 m				Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
ECA002	2 Tanya de Bruin	Eastern Cape	1	00:25.66	805	-0.4	E		
WCP053	1421 Veronica Theron	Western Cape	1	00:24.83	891	0.4	E		
ECA013	10 Cheni Prinsloo	Eastern Cape	2	00:25.70	801	0	E		
GAU117	488 Dane van Schalkwyk	Gauteng	2	00:25.27	844	0	E		
WCP035	1405 Niki Horn	Western Cape	3	00:25.39	832	0	E		
NWP001	1212 L Piek	North West Province	3	00:25.74	797	0	E		
WCP052	1420 Louise vd Merwe	Western Cape	4	00:25.79	792	0	E		
NWP011	1222 Ilze Pretorius	North West Province	4	00:25.86	785	0	E		

143	G-19	200 m	/ 200 m				Semi-Finals		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
ECA002	2 Tanya de Bruin	Eastern Cape	1	00:25.66	805	0	E		
WCP053	1421 Veronica Theron	Western Cape	1	00:24.83	891	0	E		
ECA013	10 Cheni Prinsloo	Eastern Cape	2	00:25.70	801	0	E		
GAU117	488 Dane van Schalkwyk	Gauteng	2	00:25.27	844	0	E		
WCP035	1405 Niki Horn	Western Cape	3	00:25.39	832	0	E		
NWP001	1212 L Piek	North West Province	3	00:25.74	797	0	E		
WCP052	1420 Louise vd Merwe	Western Cape	4	00:25.79	792	0	E		
NWP011	1222 Ilze Pretorius	North West Province	4	00:25.86	785	0	E		

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170	G-19	200 m	/ 200 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP053	1421	Veronica Theron	Western Cape	1	00:24.27	953	-0.3	E	
WCP035	1405	Niki Horn	Western Cape	2	00:24.90	883	0	E	
GAU117	488	Dane van Schalkwyk	Gauteng	3	00:24.09	974	0	E	
ECA013	10	Cheni Prinsloo	Eastern Cape	4	00:25.48	823	0	E	
NWP011	1222	Ilze Pretorius	North West Province	5	00:25.69	802	0	E	
ECA002	2	Tanya de Bruin	Eastern Cape	6	00:25.75	796	0	E	
NWP001	1212	L Piek	North West Province	7	00:25.77	794	0	E	
WCP052	1420	Louise vd Merwe	Western Cape	8	00:25.78	793	0	E	

27	G-19	400 m	/ 400 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA125	282	Charmain Banting	Free State	1	00:58.93	748	0	E	
GAU093	464	Karien Marais	Gauteng	1	00:58.39	771	0	E	
ECA010	8	Jolanda Loubser	Eastern Cape	2	00:58.67	759	0	E	
GAU103	474	Chanaix Nice	Gauteng	2	00:59.10	741	0	E	
FSA126	283	Ché Kempff	Free State	3	00:58.90	749	0	E	
MPU047	1037	Karliën de Wet	Mpumalanga	3	00:59.29	733	0	E	
NWP002	1213	S Sepuru	North West Province	4	00:59.73	715	0	E	
MPU050	1040	Renata Erasmus	Mpumalanga	4	00:59.77	713	0	E	

65	G-19	400 m	/ 400 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU093	464	Karien Marais	Gauteng	1	00:56.78	842	0	E	
FSA126	283	Ché Kempff	Free State	2	00:57.48	810	0	E	
GAU103	474	Chanaix Nice	Gauteng	3	00:58.13	782	0	E	
MPU047	1037	Karliën de Wet	Mpumalanga	4	00:58.71	757	0	E	
ECA010	8	Jolanda Loubser	Eastern Cape	5	00:58.73	756	0	E	
FSA125	282	Charmain Banting	Free State	6	00:59.49	724	0	E	
NWP002	1213	S Sepuru	North West Province	7	00:60.15	698	0	E	

129	G-19	800 m	/ 800 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU113	484	G van Heerden	Gauteng	1	02:17.90	823	0	E	
GAU081	452	Anet Coetzee	Gauteng	1	02:17.33	834	0	E	
GAU107	478	Maryke Rossouw	Gauteng	2	02:18.06	820	0	E	
MPU050	1040	Renata Erasmus	Mpumalanga	2	02:17.34	834	0	E	
GAU110	481	M Teleko	Gauteng	3	02:18.04	820	0	E	
GAU093	464	Karien Marais	Gauteng	3	02:17.39	833	0	E	
KZN043	699	Shannon Clarke	Kwazulu Natal	4	02:18.38	814	0	E	
NWP003	1214	E Maitsolo	North West Province	4	02:17.70	827	0	E	

160	G-19	800 m	/ 800 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU113	484	G van Heerden	Gauteng	1	02:11.77	947	0	E	
GAU081	452	Anet Coetzee	Gauteng	2	02:14.63	887	0	E	
MPU050	1040	Renata Erasmus	Mpumalanga	3	02:15.44	871	0	E	
GAU110	481	M Teleko	Gauteng	4	02:16.15	857	0	E	
GAU093	464	Karien Marais	Gauteng	5	02:16.28	854	0	E	
KZN043	699	Shannon Clarke	Kwazulu Natal	6	02:18.01	821	0	E	
GAU107	478	Maryke Rossouw	Gauteng	7	02:25.44	688	0	E	
NWP003	1214	E Maitsolo	North West Province	8	02:32.02	583	0	E	

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11	G-19	1500 m	/ 1500 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU098	469	P Mosome	Gauteng	1	04:57.71	680	0	H	
MPU054	1044	Noria Sibanda	Mpumalanga	1	04:48.93	754	0	H	
LIM014	821	Hellen Phanyane	Limpopo	2	04:49.55	749	0	H	
GAU090	461	Cornelia Joubert	Gauteng	2	04:57.82	679	0	H	
FSA128	285	Maselo Moekoa	Free State	3	04:51.02	736	0	H	
FSA127	284	Thandi Malindi	Free State	3	04:57.95	678	0	H	
ECA016	12	Gerda-Marie Theron	Eastern Cape	4	04:52.25	725	0	H	
GAU107	478	Maryke Rossouw	Gauteng	4	04:58.11	677	0	H	
ECA019	15	Nandipha Vusiwe	Eastern Cape	5	05:04.03	630	0	H	
GAU087	458	Recinda Hanekom	Gauteng	5	04:52.50	723	0	H	
LIM005	812	M Janse van Vuuren	Limpopo	6	04:56.00	694	0	H	
WCP037	1407	Mandy-Lee Jacobs	Western Cape	6	05:08.57	595	0	H	

89	G-19	1500 m	/ 1500 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU054	1044	Noria Sibanda	Mpumalanga	1	04:40.57	830	0	E	
FSA127	284	Thandi Malindi	Free State	2	04:40.81	828	0	E	
GAU090	461	Cornelia Joubert	Gauteng	3	04:41.52	821	0	E	
GAU098	469	P Mosome	Gauteng	4	04:43.27	805	0	E	
GAU107	478	Maryke Rossouw	Gauteng	5	04:48.33	759	0	E	
GAU087	458	Recinda Hanekom	Gauteng	6	04:49.54	749	0	E	
FSA128	285	Maselo Moekoa	Free State	7	04:51.42	733	0	E	
LIM014	821	Hellen Phanyane	Limpopo	8	04:52.86	720	0	E	
ECA016	12	Gerda-Marie Theron	Eastern Cape	9	04:58.47	674	0	E	
LIM005	812	M Janse van Vuuren	Limpopo	10	05:00.53	657	0	E	

162	G-19	3000 m	/ 3000 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU098	469	P Mosome	Gauteng	1	10:05.40	840	0	E	
GAU086	457	Nanette Grobelaar	Gauteng	2	10:12.76	809	0	E	
LIM014	821	Hellen Phanyane	Limpopo	3	10:23.51	764	0	E	
MPU054	1044	Noria Sibanda	Mpumalanga	4	10:46.43	674	0	E	
GAU100	471	C Ndaweni	Gauteng	5	10:46.61	674	0	E	
ECA019	15	Nandipha Vusiwe	Eastern Cape	6	11:14.68	574	0	E	
NWP005	1216	Helloise Erasmus	North West Province	7	11:17.06	566	0	E	
MPU046	1036	Melissa Botha	Mpumalanga	8	11:21.33	551	0	E	
KZN046	702	Sbongile Shezi	Kwazulu Natal	9	11:34.89	507	0	E	
WCP046	1414	Regina Pyper	Western Cape	10	11:54.21	447	0	E	

44	G-19	100 m Hekkie	/ 100 m Hurdles				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU112	483	Mariska van Driel	Gauteng	1	00:14.66	818	-0.7	E	
MPU052	1042	Erika Kleinhans	Mpumalanga	1	00:14.53	841	-1.7	E	
KZN048	704	Chane Britz	Kwazulu Natal	2	00:15.63	660	0	E	
GAU106	477	Charlotte Redelinghuys	Gauteng	2	00:15.55	672	0	E	
ECA001	1	Jeanne Botha	Eastern Cape	3	00:15.97	610	0	E	
KZN050	706	Millandi Basson	Kwazulu Natal	3	00:15.83	630	0	E	
NWP021	1232	M Janse van Rensburg	North West Province	4	00:17.22	443	0	E	
NWP006	1217	W Greeff	North West Province	4	00:16.23	573	0	E	

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80	G-19	100 m Hekies		/ 100 m Hurdles				Final	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU052	1042	Erika Kleinhans	Mpumalanga	1	00:14.39	867	-1.3	E	
GAU112	483	Mariska van Driel	Gauteng	2	00:14.54	839	0	E	
GAU106	477	Charlotte Redelinghuys	Gauteng	3	00:15.33	707	0	E	
KZN048	704	Chane Britz	Kwazulu Natal	4	00:15.87	625	0	E	
KZN050	706	Millandi Basson	Kwazulu Natal	5	00:15.88	623	0	E	
ECA001	1	Jeanne Botha	Eastern Cape	6	00:16.29	565	0	E	
NWP006	1217	W Greeff	North West Province	7	00:16.38	552	0	E	
NWP021	1232	M Janse van Rensburg	North West Province	8	00:17.30	434	0	E	

121	G-19	400 m Hekies		/ 400 m Hurdles				Heats	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU089	460	Carla Hugo	Gauteng	1	00:66.03	703	0	E	
MPU052	1042	Erika Kleinhans	Mpumalanga	1	00:65.58	719	0	E	
NWP007	1218	Anel Oberholzer	North West Province	2	00:66.21	696	0	E	
GAU103	474	Chanaix Nice	Gauteng	2	00:65.78	712	0	E	
ECA010	8	Jolanda Loubser	Eastern Cape	3	00:68.01	633	0	E	
WCP047	1415	Marizaan Rossouw	Western Cape	3	00:66.22	696	0	E	
GAU099	470	Danica Myburg	Gauteng	4	00:66.24	695	0	E	
NWP021	1232	M Janse van Rensburg	North West Province	5	00:67.36	655	0	E	

148	G-19	400 m Hekies		/ 400 m Hurdles				Final	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU052	1042	Erika Kleinhans	Mpumalanga	1	00:62.39	845	0	E	
GAU089	460	Carla Hugo	Gauteng	2	00:62.62	836	0	E	
GAU103	474	Chanaix Nice	Gauteng	3	00:64.53	759	0	E	
NWP021	1232	M Janse van Rensburg	North West Province	4	00:65.83	710	0	E	
NWP007	1218	Anel Oberholzer	North West Province	5	00:66.28	694	0	E	
GAU099	470	Danica Myburg	Gauteng	6	00:66.67	680	0	E	
WCP047	1415	Marizaan Rossouw	Western Cape	7	00:68.31	623	0	E	
ECA010	8	Jolanda Loubser	Eastern Cape	8	00:68.74	608	0	E	

1	G-19	10000 m Stap		/ 10000 m Walk				Final	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP051	1419	Amorette van Daalen	Western Cape	1	57:08.18	0	0	E	
GAU088	459	Michelle Hopkins	Gauteng	2	58:31.36	0	0	E	
WCP043	1411	Jenine Mostert	Western Cape	3	61:17.03	0	0	E	
WCP045	1413	Whilnesia Persens	Western Cape	4	61:31.29	0	0	E	
FSA144	301	Merriam Tladi	Free State	5	64:42.47	0	0	E	
FSA203	360	Carien Basson	Free State	6	69:10.72	0	0	E	

96	G-19	4X100 m Aflos		/ 4X100 m Relay				Final	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA03	1565	Western Cape	Western Cape	1	00:47.98	848	0	E	
GAUA11	643	Gauteng A	Gauteng	2	00:48.84	802	0	E	
KZNA05	800	Kwazulu Natal	Kwazulu Natal	3	00:50.68	710	0	E	
NWPA05	1363	North West	North West Province	4	00:51.57	668	0	E	
LIMA01	971	Limpopo	Limpopo	5	00:52.83	612	0	E	

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177	G-19	4 X400 m Aflos	/ 4X400 m Relay				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA24	3001	Western Cape	Western Cape	1	03:55.61	797	0	E	
GAUA23	655	Gauteng A	Gauteng	2	03:55.66	797	0	E	
FSAA09	370	Free State	Free State	3	03:57.56	776	0	E	
NWPA06	1364	North West	North West Province	4	04:12.64	628	0	E	
KZNA06	801	Kwazulu Natal	Kwazulu Natal	5	04:12.88	626	0	E	
LIMA02	972	Limpopo	Limpopo	6	04:19.53	566	0	E	

102	G-19	Hoogspring	/ High Jump				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA004	4	Rene du Toit	Eastern Cape	1	1.60	813	0	E	
ECA014	11	Lorren Smith	Eastern Cape	1	1.60	813	0	E	
LIM018	825	Jacqueline vd Walt	Limpopo	1	1.65	861	0	E	
LIM012	819	Meriam Nemavitidi	Limpopo	1	1.61	822	0	E	
NCP023	1146	Bernadine Diergaardt	Northern Cape Province	1	1.50	718	0	E	
NCP026	1149	Jo-Mari vd Walt	Northern Cape Province	1	1.50	718	0	E	
WCP041	1409	Talita Lombard	Western Cape	1	1.55	765	0	E	
NWP010	1221	Lani van Heerden	North West Province	1	1.65	861	0	E	
GAU082	453	Basetsana Dibetswe	Gauteng	1	1.45	672	0	E	
GAU108	479	Tertia Stander	Gauteng	1	1.65	861	0	E	
GAU106	477	Charlotte Redelinghuys	Gauteng	1	1.60	813	0	E	
GAU101	472	Tillanie Neethling	Gauteng	1	1.70	910	0	E	
MPU051	1041	Jeannie Haasbroek	Mpumalanga	1	1.60	813	0	E	

132	G-19	Hoogspring	/ High Jump				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU108	479	Tertia Stander	Gauteng	1	1.68	890	0	E	
GAU101	472	Tillanie Neethling	Gauteng	2	1.68	890	0	E	
GAU106	477	Charlotte Redelinghuys	Gauteng	3	1.63	841	0	E	
ECA014	11	Lorren Smith	Eastern Cape	4	1.63	841	0	E	
ECA004	4	Rene du Toit	Eastern Cape	5	1.53	747	0	E	
NWP010	1221	Lani van Heerden	North West Province	5	1.53	747	0	E	
NCP023	1146	Bernadine Diergaardt	Northern Cape Province	7	1.53	747	0	E	
MPU051	1041	Jeannie Haasbroek	Mpumalanga	7	1.53	747	0	E	

57	G-19	Paalspring	/ Pole Vault				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP054	1422	Leanne Viviers	Western Cape	1	3.60	896	0	E	
GAU091	462	Deune Joubert	Gauteng	2	3.10	745	0	E	
WCP050	1418	Yolandi Stemmet	Western Cape	3	3.10	745	0	E	
WCP041	1409	Talita Lombard	Western Cape	4	3.00	716	0	E	
FSA140	297	Mariska Groenewald	Free State	5	3.00	716	0	E	
FSA142	299	Eugenie Burger	Free State	6	3.00	716	0	E	

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37	G-19 Verspring			/ Long Jump			Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU096	467 Juanita Minnaar	Gauteng	1	5.47	818	1.59	E		
MPU048	1038 Magda du Plessis	Mpumalanga	2	5.39	795	1.37	E		
GAU105	476 Elize-Mari Prinsloo	Gauteng	3	5.36	787	2.05	E		
GAU111	482 Bianca vd Merwe	Gauteng	4	5.28	765	2.68	E		
KZN049	705 Grethe Nel	Kwazulu Natal	5	5.23	751	-0.47	E		
LIM001	808 Louise de Kock	Limpopo	6	5.21	745	1.55	E		
MPU049	1039 Valencia Enslin	Mpumalanga	7	5.21	745	1.4	E		
GAU080	451 Belinda Burger	Gauteng	8	5.13	723	1.1	E		

76	G-19 Driesprong			/ Triple Jump			Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU105	476 Elize-Mari Prinsloo	Gauteng	1	11.46	785	0	E		
KZN049	705 Grethe Nel	Kwazulu Natal	2	11.44	782	-0.7	E		
GAU096	467 Juanita Minnaar	Gauteng	3	11.25	758	-0.2	E		
MPU049	1039 Valencia Enslin	Mpumalanga	4	11.13	742	-1.1	E		
WCP044	1412 Stephanie Mostert	Western Cape	5	10.98	723	-0.1	E		
LIM003	810 Matjie Dikotla	Limpopo	6	10.96	720	-0.5	E		
FSA139	296 Lize Fouche	Free State	7	10.93	717	0.2	E		
FSA138	295 Wilna Koen	Free State	8	10.73	691	-0.2	E		

138	G-19 Gewigstoot			/ Shot Put			Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU085	456 Simone du Toit	Gauteng	1	16.17	1077	0	E	R	
GAU116	487 Bianca van Rooyen	Gauteng	2	13.48	842	0	E		
GAU083	454 C du Plessis	Gauteng	3	12.03	733	0	E		
NCP024	1147 Jeannerie Karsten	Northern Cape Province	4	11.82	717	0	E		
ECA003	3 Louise du Plessis	Eastern Cape	5	11.35	683	0	E		
FSA129	286 Iselma Parkin	Free State	6	11.34	682	0	E		
MPU053	1043 Henriette Loggenberg	Mpumalanga	7	11.30	679	0	E		
FSA131	288 Lizaan Muller	Free State	8	10.78	641	0	E		

74	G-19 Diskusgooi			/ Discus Throw			Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU085	456 Simone du Toit	Gauteng	1	45.75	855	0	E		
MPU053	1043 Henriette Loggenberg	Mpumalanga	2	44.39	824	0	E		
GAU097	468 Charlotte Moolman	Gauteng	3	38.53	694	0	E		
MPU055	1045 Maryke van Aswegen	Mpumalanga	4	35.54	629	0	E		
NWP009	1220 N van der Walt	North West Province	5	34.77	612	0	E		
FSA132	289 Nadia Swart	Free State	6	33.11	576	0	E		
ECA018	14 Claudia Van Rensburg	Eastern Cape	7	29.95	506	0	E		
NWP023	1234 C Smith	North West Province	8	27.66	454	0	E		

115	G-19 Spiesgooi			/ Javelin			Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP036	1406 Lizelle Jacobs	Western Cape	1	44.80	824	0	E		
GAU115	486 Sunee van Niekerk	Gauteng	2	41.30	746	0	E		
GAU092	463 Yolandi Koekemoer	Gauteng	3	40.28	724	0	E		
FSA136	293 Heloise Labuschagne	Free State	4	40.00	718	0	E		
FSA134	291 Gezelle Janse v Rensburg	Free State	5	39.58	709	0	E		
FSA135	292 Simone Rithvern	Free State	6	38.46	684	0	E		
LIM016	823 Jani Strydom	Limpopo	7	37.94	673	0	E		
MPU134	1124 Irmgard Schoonraad	Mpumalanga	8	36.88	650	0	E		

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54	G-19	Hamergooi		/ Hammer Throw				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
FSA130	287	Jolene van Zyl	Free State	1	48.87	821	0	E	R	
FSA137	294	Mandi Stassen	Free State	2	37.27	590	0	E		
NWP016	1227	L du Preez	North West Province	3	34.22	529	0	E		

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14	B-15	100 m	/ 100 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN074	730	Siyanda Nyuswa	Kwazulu Natal	1	00:11.31	962	1.9	E	
WCP089	1457	Dean Swart	Western Cape	1	00:11.30	965	0.2	E	
GAU119	490	S Barnard	Gauteng	1	00:11.16	1000	0.8	E	
MPU056	1046	Abednego Mamushi	Mpumalanga	1	00:11.13	1008	-0.8	E	
WCP082	1450	Liam Peterson	Western Cape	2	00:11.33	957	0	E	
WCP085	1453	Curt Ruiters	Western Cape	2	00:11.21	987	0	E	
GAU148	519	T Mngqibisa	Gauteng	2	00:11.24	980	0	E	
MPU064	1054	Clearance Khumalo	Mpumalanga	2	00:11.34	955	0	E	
ECA143	132	Phaphama Hoyi	Eastern Cape	3	00:11.25	977	0	E	
ECA142	131	Dillion Hosphere	Eastern Cape	3	00:11.34	955	0	E	
FSA086	243	Chegane Mellane	Free State	3	00:11.51	914	0	E	
MPU058	1048	R Collins	Mpumalanga	3	00:11.36	950	0	E	
FSA088	245	Heathcliff Nyambiya	Free State	4	00:11.38	945	0	E	
LIM134	941	Jan-Hendrik Kock	Limpopo	4	00:11.50	916	0	E	
NCP041	1164	Andrew Louw	Northern Cape Province	4	00:11.32	960	0	E	
GAU133	504	Hein du Plooy	Gauteng	5	00:11.40	940	0	E	

49	B-15	100 m	/ 100 m				Semi-Finals		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP085	1453	Curt Ruiters	Western Cape	1	00:11.49	919	0	E	
GAU119	490	S Barnard	Gauteng	1	00:11.24	980	0	E	
WCP089	1457	Dean Swart	Western Cape	2	00:11.25	977	0	E	
MPU056	1046	Abednego Mamushi	Mpumalanga	2	00:11.50	916	0	E	
ECA142	131	Dillion Hosphere	Eastern Cape	3	00:11.25	977	0	E	
WCP082	1450	Liam Peterson	Western Cape	3	00:11.50	916	0	E	
ECA143	132	Phaphama Hoyi	Eastern Cape	4	00:11.52	911	0	E	
MPU058	1048	R Collins	Mpumalanga	4	00:11.37	947	0	E	

84	B-15	100 m	/ 100 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA142	131	Dillion Hosphere	Eastern Cape	1	00:11.26	975	-0.7	E	
WCP085	1453	Curt Ruiters	Western Cape	2	00:11.28	970	0	E	
GAU119	490	S Barnard	Gauteng	3	00:11.30	965	0	E	
MPU056	1046	Abednego Mamushi	Mpumalanga	4	00:11.32	960	0	E	
WCP082	1450	Liam Peterson	Western Cape	5	00:11.38	945	0	E	
WCP089	1457	Dean Swart	Western Cape	6	00:11.43	933	0	E	
ECA143	132	Phaphama Hoyi	Eastern Cape	7	00:11.43	933	0	E	
MPU058	1048	R Collins	Mpumalanga	8	00:11.45	928	0	E	

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105	B-15	200 m	/ 200 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA157	146	Apelele Rasmeni	Eastern Cape	1	00:22.97	941	0.3	E	
NCP041	1164	Andrew Louw	Northern Cape Province	1	00:22.55	992	1	E	
WCP089	1457	Dean Swart	Western Cape	1	00:22.59	987	0.6	E	
MPU056	1046	Abednego Mamushi	Mpumalanga	1	00:22.89	950	0.6	E	
ECA143	132	Phaphama Hoyi	Eastern Cape	2	00:22.91	948	0	E	
WCP082	1450	Liam Peterson	Western Cape	2	00:23.02	935	0	E	
GAU119	490	S Barnard	Gauteng	2	00:23.20	913	0	E	
MPU064	1054	Clearance Khumalo	Mpumalanga	2	00:23.06	930	0	E	
FSA086	243	Chegane Mellane	Free State	3	00:23.25	908	0	E	
FSA087	244	Olebogang Moroka	Free State	3	00:23.76	850	0	E	
LIM134	941	Jan-Hendrik Kock	Limpopo	3	00:23.01	936	0	E	
WCP085	1453	Curt Ruiters	Western Cape	3	00:23.07	929	0	E	
KZN067	723	Mawada Myeni	Kwazulu Natal	4	00:23.15	919	0	E	
GAU144	515	James Marais	Gauteng	4	00:23.35	896	0	E	
GAU140	511	Tsholofelo Makgamathe	Gauteng	4	00:23.17	917	0	E	
NWP121	1332	T Geldenhuys	North West Province	5	00:23.51	878	0	E	

140	B-15	200 m	/ 200 m				Semi-Finals		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NCP041	1164	Andrew Louw	Northern Cape Province	1	00:22.75	967	-1.8	E	
WCP089	1457	Dean Swart	Western Cape	1	00:22.53	995	-1.2	E	
LIM134	941	Jan-Hendrik Kock	Limpopo	2	00:22.77	965	0	E	
MPU056	1046	Abednego Mamushi	Mpumalanga	2	00:23.15	919	0	E	
ECA143	132	Phaphama Hoyi	Eastern Cape	3	00:22.96	942	0	E	
ECA157	146	Apelele Rasmeni	Eastern Cape	3	00:23.23	910	0	E	
WCP085	1453	Curt Ruiters	Western Cape	4	00:23.31	901	0	E	
MPU064	1054	Clearance Khumalo	Mpumalanga	4	00:22.97	941	0	E	

167	B-15	200 m	/ 200 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP089	1457	Dean Swart	Western Cape	1	00:22.70	974	-3	E	
NCP041	1164	Andrew Louw	Northern Cape Province	2	00:22.79	962	0	E	
ECA157	146	Apelele Rasmeni	Eastern Cape	3	00:22.86	954	0	E	
MPU056	1046	Abednego Mamushi	Mpumalanga	4	00:23.18	916	0	E	
LIM134	941	Jan-Hendrik Kock	Limpopo	5	00:23.25	908	0	E	
MPU064	1054	Clearance Khumalo	Mpumalanga	6	00:23.26	906	0	E	
WCP085	1453	Curt Ruiters	Western Cape	7	00:23.40	890	0	E	
ECA143	132	Phaphama Hoyi	Eastern Cape	8	00:23.99	825	0	E	

22	B-15	400 m	/ 400 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP089	1457	Dean Swart	Western Cape	1	00:50.20	1007	0	E	
GAU132	503	Christo Hattingh	Gauteng	1	00:51.04	960	0	E	
MPU064	1054	Clearance Khumalo	Mpumalanga	1	00:51.04	960	0	E	
ECA144	133	Roche Jooste	Eastern Cape	2	00:51.71	924	0	E	
LIM130	937	Ryno de Lange	Limpopo	2	00:51.07	958	0	E	
NWP123	1334	Gert Swanepoel	North West Province	2	00:51.54	933	0	E	
FSA089	246	Ofentse Lephoi	Free State	3	00:52.16	900	0	E	
GAU153	524	Arno Poley	Gauteng	3	00:52.21	898	0	E	

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62	B-15 400 m		/ 400 m				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP089	1457 Dean Swart	Western Cape	1	00:49.58	1045	0	E		
MPU064	1054 Clearance Khumalo	Mpumalanga	2	00:50.32	1000	0	E		
LIM130	937 Ryno de Lange	Limpopo	3	00:50.44	993	0	E		
GAU132	503 Christo Hattingh	Gauteng	4	00:50.45	993	0	E		
NWP123	1334 Gert Swanepoel	North West Province	5	00:51.77	921	0	E		
FSA089	246 Ofentse Lephoi	Free State	6	00:51.88	915	0	E		
ECA144	133 Roche Jooste	Eastern Cape	7	00:52.57	879	0	E		
GAU153	524 Arno Poley	Gauteng	8	00:52.94	861	0	E		

126	B-15 800 m		/ 800 m				Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
ECA137	126 Anele Faku	Eastern Cape	1	01:59.47	1077	0	E		
FSA089	246 Ofentse Lephoi	Free State	1	02:02.32	1001	0	E		
LIM130	937 Ryno de Lange	Limpopo	2	02:02.61	994	0	E		
GAU129	500 Dirk Fourie	Gauteng	2	01:59.57	1074	0	E		
KZN073	729 Sthembiso Ntuli	Kwazulu Natal	3	02:03.69	968	0	E		
GAU156	527 V Tshoba	Gauteng	3	01:59.91	1064	0	E		
WCP093	1461 Anrich Visser	Western Cape	4	02:00.24	1055	0	E		
ECA148	137 Jacques Louw	Eastern Cape	5	02:00.86	1038	0	E		

155	B-15 800 m		/ 800 m				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU129	500 Dirk Fourie	Gauteng	1	01:57.24	1154	0	E		
GAU156	527 V Tshoba	Gauteng	2	01:58.04	1124	0	E		
LIM130	937 Ryno de Lange	Limpopo	3	01:59.38	1080	0	E		
ECA148	137 Jacques Louw	Eastern Cape	4	02:01.18	1029	0	E		
KZN073	729 Sthembiso Ntuli	Kwazulu Natal	5	02:02.54	995	0	E		
FSA089	246 Ofentse Lephoi	Free State	6	02:05.76	922	0	E		
WCP093	1461 Anrich Visser	Western Cape	7	02:11.00	811	0	E		

33	B-15 1500 m		/ 1500 m				Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
ECA136	125 Mfuneko Fandane	Eastern Cape	1	04:13.68	973	0	E		
GAU129	500 Dirk Fourie	Gauteng	1	04:16.57	940	0	E		
KZN064	720 Thato Masitsa	Kwazulu Natal	2	04:18.19	923	0	E		
GAU157	528 Michael van Aswegen	Gauteng	2	04:14.31	965	0	E		
ECA150	139 S Mangola	Eastern Cape	3	04:14.34	965	0	E		
GAU155	526 H Sithole	Gauteng	3	04:19.02	914	0	E		
ECA137	126 Anele Faku	Eastern Cape	4	04:14.36	965	0	E		
KZN063	719 Sibusiso Madikizela	Kwazulu Natal	4	04:19.33	910	0	E		
ECA160	149 Bongani Tutu	Eastern Cape	5	04:14.72	961	0	E		
LIM147	954 Prince Mokumo	Limpopo	5	04:20.48	898	0	E		
WCP071	1439 Antonio May	Western Cape	6	04:18.32	921	0	E		
NWP127	1338 L Bothoiboile	North West Province	6	04:21.23	890	0	E		

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68	B-15	1500 m	/ 1500 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA136	125	Mfuneko Fandane	Eastern Cape	1	04:06.95	1055	0	E	
ECA137	126	Anele Faku	Eastern Cape	2	04:08.13	1039	0	E	
KZN063	719	Sibusiso Madikizela	Kwazulu Natal	3	04:08.64	1032	0	E	
GAU129	500	Dirk Fourie	Gauteng	4	04:08.97	1028	0	E	
ECA150	139	S Mangola	Eastern Cape	5	04:09.12	1026	0	E	
NWP127	1338	L Bothoboile	North West Province	6	04:14.64	962	0	E	
GAU157	528	Michael van Aswegen	Gauteng	7	04:15.41	953	0	E	
WCP071	1439	Antonio May	Western Cape	8	04:18.16	923	0	E	
ECA160	149	Bongani Tutu	Eastern Cape	9	04:21.88	884	0	E	
GAU155	526	H Sithole	Gauteng	10	04:23.40	868	0	E	

134	B-15	3000 m	/ 3000 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN057	713	Slindile Gumede	Kwazulu Natal	1	08:44.27	1154	0	E	
ECA134	123	Sityilelo Diko	Eastern Cape	2	08:46.06	1138	0	E	
ECA136	125	Mfuneko Fandane	Eastern Cape	3	08:51.37	1097	0	E	
ECA150	139	S Mangola	Eastern Cape	4	09:03.31	1021	0	E	
NWP127	1338	L Bothoboile	North West Province	5	09:08.46	993	0	E	
GAU150	521	(Kgotha) D Molebatsi	Gauteng	6	09:08.90	991	0	E	
GAU157	528	Michael van Aswegen	Gauteng	7	09:19.54	936	0	E	
FSA093	250	Ratlale Mokone	Free State	8	09:31.59	877	0	E	
KZN084	740	Themba Zondo	Kwazulu Natal	9	09:33.80	867	0	E	
KZN054	710	Sfiso Dlamini	Kwazulu Natal	10	09:35.34	859	0	E	

42	B-15	100 m Hekies	/ 100 m Hurdles				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP060	1428	Jacques du Plessis	Western Cape	1	00:13.74	952	-0.2	E	
GAU124	495	Van Zyl de Kock	Gauteng	1	00:13.52	998	-0.1	E	
MPU061	1051	Johan Fourie	Mpumalanga	1	00:13.48	1006	-1.1	E	
LIM160	967	D Tselane	Limpopo	2	00:13.77	946	0	E	
NWP129	1340	Jean van Staden	North West Province	2	00:14.23	857	0	E	
GAU138	509	Ruan Kok	Gauteng	2	00:13.61	979	0	E	
WCP057	1425	Ruben Burger	Western Cape	3	00:13.97	907	0	E	
GAU143	514	Albert Mans	Gauteng	3	00:14.17	869	0	E	

79	B-15	100 m Hekies	/ 100 m Hurdles				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU124	495	Van Zyl de Kock	Gauteng	1	00:13.44	1015	-0.2	E	
WCP060	1428	Jacques du Plessis	Western Cape	2	00:13.45	1013	0	E	
MPU061	1051	Johan Fourie	Mpumalanga	3	00:13.49	1004	0	E	
LIM160	967	D Tselane	Limpopo	4	00:13.87	926	0	E	
GAU143	514	Albert Mans	Gauteng	5	00:13.94	912	0	E	
WCP057	1425	Ruben Burger	Western Cape	6	00:14.40	826	0	E	

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119	B-15	300 m Hekkie		/ 300 m Hurdles			Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN056	712	Silungile Gantso	Kwazulu Natal	1	00:40.82	838	0	E	
GAU132	503	Christo Hattingh	Gauteng	1	00:40.07	887	0	E	
MPU061	1051	Johan Fourie	Mpumalanga	1	00:39.66	914	0	E	
WCP059	1427	Ricardo Cornelis	Western Cape	2	00:40.93	831	0	E	
WCP063	1431	Curtis Joubert	Western Cape	2	00:39.68	913	0	E	
NWP123	1334	Gert Swanepoel	North West Province	2	00:40.35	868	0	E	
GAU138	509	Ruan Kok	Gauteng	3	00:40.36	867	0	E	
FSA095	252	David Knight	Free State	4	00:40.42	863	0	E	

146	B-15	300 m Hekkie		/ 300 m Hurdles			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU061	1051	Johan Fourie	Mpumalanga	1	00:39.37	934	0	E	
GAU132	503	Christo Hattingh	Gauteng	2	00:39.93	896	0	E	
WCP063	1431	Curtis Joubert	Western Cape	3	00:39.99	892	0	E	
WCP059	1427	Ricardo Cornelis	Western Cape	4	00:40.26	874	0	E	
FSA095	252	David Knight	Free State	5	00:40.89	833	0	E	
NWP123	1334	Gert Swanepoel	North West Province	6	00:41.23	812	0	E	
KZN056	712	Silungile Gantso	Kwazulu Natal	7	00:41.54	793	0	E	
GAU138	509	Ruan Kok	Gauteng	8	00:41.63	787	0	E	

3	B-15	5000 m Stap		/ 5000 m Walk			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP138	1349	E Walters	North West Province	1	29:06.27	528	0	E	
WCP077	1445	Stephan Nieuwoudt	Western Cape	2	29:08.71	525	0	E	
FSA124	281	Theo Roux	Free State	3	31:53.14	0	0	E	
ECA139	128	Kemp Gerber	Eastern Cape	4	31:54.14	0	0	E	
FSA122	279	Manie Marais	Free State	5	32:18.03	0	0	E	
WCP074	1442	Taswill Munnik	Western Cape	6	32:19.22	0	0	E	
FSA120	277	JC Steyn	Free State	7	32:56.77	0	0	E	
FSA123	280	Rufus Ralekoata	Free State	8	33:51.06	0	0	E	
ECA161	150	Cornelius van der Merwe	Eastern Cape	9	34:44.27	0	0	E	
GAU161	532	Morne Walters	Gauteng	10	35:45.74	0	0	E	

174	B-15	4X100 m Aflos		/ 4X100 m Relay			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA04	1566	Western Cape	Western Cape	1	00:43.93	1045	0	E	
GAUA01	633	Gauteng A	Gauteng	2	00:44.16	1028	0	E	
ECAA04	160	Eaastern Cape	Eastern Cape	3	00:44.38	1013	0	E	
KZNA07	802	Kwazulu Natal	Kwazulu Natal	4	00:45.02	972	0	E	
LIMA11	981	Limpopo	Limpopo	5	00:45.50	943	0	E	
NCPA03	1209	Northern Cape	Northern Cape Province	6	00:45.74	928	0	E	
NWPA07	1365	North West	North West Province	7	00:46.40	889	0	E	

93	B-15	Sweedse Aflos		/ Swedish Relay			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA13	645	Gauteng A	Gauteng	1	02:01.89	1021	0	E	
KZNA08	803	Kwazulu Natal	Kwazulu Natal	2	02:03.41	985	0	E	
FSAA10	371	Free State	Free State	3	02:03.55	982	0	E	
NWPA08	1366	North West	North West Province	4	02:06.91	908	0	E	
LIMA12	982	Limpopo	Limpopo	5	02:07.47	896	0	E	

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24	B-15 Hoogspring		/ High Jump				Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP066	1434	Heinrich Kuhn	Western Cape	1	1.80	951	0	E	
GAU154	525	Eric Schoeman	Gauteng	1	1.80	951	0	E	
FSA108	265	Wilhelm Grunow	Free State	2	1.80	951	0	E	
LIM159	966	Tumisang Shika	Limpopo	2	1.80	951	0	E	
WCP083	1451	Prenenshan Pillay	Western Cape	3	1.80	951	0	E	
GAU128	499	W Faurie	Gauteng	4	1.80	951	0	E	
KZN079	735	Troy vd Westhuizen	Kwazulu Natal	5	1.80	951	0	E	
MPU076	1066	Johan Pretorius	Mpumalanga	6	1.80	951	0	E	
WCP092	1460	Dean Vermeulen	Western Cape	7	1.80	951	0	E	
MPU063	1053	Christiaan Karl	Mpumalanga	8	1.80	951	0	E	
ECA149	138	Regan Makwena	Eastern Cape	9	1.80	951	0	E	
ECA138	127	Andre Fourie	Eastern Cape	10	1.75	903	0	E	

156	B-15 Hoogspring		/ High Jump				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP066	1434	Heinrich Kuhn	Western Cape	1	1.97	1124	0	E R	
GAU128	499	W Faurie	Gauteng	2	1.90	1051	0	E	
WCP083	1451	Prenenshan Pillay	Western Cape	3	1.85	1000	0	E	
ECA149	138	Regan Makwena	Eastern Cape	4	1.85	1000	0	E	
MPU076	1066	Johan Pretorius	Mpumalanga	5	1.85	1000	0	E	
ECA138	127	Andre Fourie	Eastern Cape	6	1.85	1000	0	E	
KZN079	735	Troy vd Westhuizen	Kwazulu Natal	6	1.85	1000	0	E	
WCP092	1460	Dean Vermeulen	Western Cape	8	1.85	1000	0	E	

39	B-15 Paalspring		/ Pole Vault				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU260	630	Cheyne Rahme	Gauteng	1	4.30	1061	0	E R	
WCP079	1447	Christiaan Norman	Western Cape	2	4.20	1024	0	E R	
FSA112	269	Sebastian Wessels	Free State	3	3.90	925	0	E	
FSA114	271	Pierre Lombard	Free State	4	3.30	752	0	E	
ECA135	124	Francois du Plessis	Eastern Cape	5	3.30	752	0	E	
FSA115	272	Phillip Oosthuizen	Free State	6	3.20	724	0	E	
FSA116	273	Heinrich Odendaal	Free State	7	3.20	724	0	E	
FSA111	268	Henno Furstenburg	Free State	8	3.00	670	0	E	

113	B-15 Verspring		/ Long Jump				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
FSA109	266	Lesly Coleman	Free State	1	6.76	1088	-0.9	E	
FSA088	245	Heathcliff Nyambiya	Free State	2	6.33	963	-2.4	E	
GAU138	509	Ruan Kok	Gauteng	3	6.20	927	-0.3	E	
MPU065	1055	Andy Mabizela	Mpumalanga	4	6.07	892	-0.1	E	
GAU120	491	Stefan Brits	Gauteng	5	6.07	892	-0.8	E	
ECA152	141	Sibulele Minya	Eastern Cape	6	6.03	881	-1.7	E	
NWP133	1344	O Mathabe	North West Province	7	5.96	862	-0.1	E	
ECA157	146	Apelele Rasmeni	Eastern Cape	8	5.95	859	-0.6	E	

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38	B-15 Driesprong			/ Triple Jump			Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
MPU071	1061	Colin Ngomane	Mpumalanga	1	12.60	918	0.3	E	N
ECA157	146	Apelele Rasmeni	Eastern Cape	2	12.48	902	-0.6	E	N
MPU082	1072	Njabulo Zwane	Mpumalanga	3	12.35	885	-0.6	E	N
KZN082	738	Jordan Wilkons	Kwazulu Natal	4	12.29	877	0	E	N
NWP134	1345	A Suping	North West Province	5	12.25	872	1.6	E	N
WCP084	1452	Phillip Pretorius	Western Cape	6	12.15	858	0.5	E	N
GAU152	523	Andre Peterson	Gauteng	7	11.98	836	-1.1	E	N
WCP078	1446	Marco Nomdoe	Western Cape	8	11.73	804	1	E	N

53	B-15 Gewigstoot			/ Shot Put			Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP064	1432	Brynn-Peter Kemp	Western Cape	1	19.01	1310	0	E	R
MPU081	1071	Donovan Stebbing	Mpumalanga	2	17.75	1123	0	E	
GAU158	529	Dewald van Heerden	Gauteng	3	17.15	1062	0	E	
WCP088	1456	Stephan Schoeman	Western Cape	4	15.85	950	0	E	
NCP039	1162	Stefan Kotze	Northern Cape Province	5	15.80	946	0	E	
FSA098	255	Petrie Coetzee	Free State	6	15.29	906	0	E	
GAU126	497	Jacques du Toit	Gauteng	7	15.10	891	0	E	
ECA146	135	Wayne Lemley	Eastern Cape	8	15.01	885	0	E	

101	B-15 Diskusgooi			/ Discus Throw			Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU158	529	Dewald van Heerden	Gauteng	1	58.82	1401	0	E	
WCP064	1432	Brynn-Peter Kemp	Western Cape	2	54.35	1140	0	E	
FSA101	258	Charles Burger	Free State	3	52.59	1079	0	E	
LIM158	965	Eben Saayman	Limpopo	4	49.13	977	0	E	
FSA103	260	Pierre Coetzee	Free State	5	49.04	974	0	E	
WCP091	1459	Adam van Heerden	Western Cape	6	48.83	969	0	E	
FSA099	256	Alwyn van Straten	Free State	7	48.45	958	0	E	
NWP130	1341	R Murrey	North West Province	8	48.13	950	0	E	

7	B-15 Spiesgooi			/ Javelin			Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
ECA140	129	S Grassman	Eastern Cape	1	53.29	840	0	E	
FSA100	257	Hanno Ferreira	Free State	1	57.20	918	0	E	
FSA105	262	Heinrich Kotze	Free State	1	59.66	971	0	E	
LIM135	942	Wynand Kruger	Limpopo	1	55.60	885	0	E	
NCP050	1172	Carlo vd Westhuizen	Northern Cape Province	1	46.32	708	0	E	
NCP028	1151	Ruan Botes	Northern Cape Province	1	46.38	709	0	E	
WCP090	1458	Adriaan vd Merwe	Western Cape	1	56.59	906	0	E	
WCP055	1423	Corne Barnado	Western Cape	1	70.82	1343	0	E	R
WCP061	1429	Ernst du Toit	Western Cape	1	56.73	909	0	E	
NWP146	1357	H de Beer	North West Province	1	49.56	768	0	E	
NWP135	1346	Waldo Stoop	North West Province	1	58.07	937	0	E	
MPU057	1047	Ulrich Beyers	Mpumalanga	1	56.80	910	0	E	
FSA104	261	Charl Willemse	Free State	1	00:00.00	0	0	E	
LIM132	939	Dewald Els	Limpopo	1	00:00.00	0	0	E	
GAU131	502	T Gouws	Gauteng	1	00:00.00	0	0	E	
GAU160	531	Derik van Wyk	Gauteng	1	00:00.00	0	0	E	
GAU152	523	Andre Peterson	Gauteng	1	00:00.00	0	0	E	

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43	B-15	Spiesgooi		/ Javelin				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP055	1423	Corne Barnado	Western Cape	1	70.83	1343	0	E	R	
WCP090	1458	Adriaan vd Merwe	Western Cape	2	58.36	943	0	E		
FSA100	257	Hanno Ferreira	Free State	3	57.65	928	0	E		
GAU131	502	T Gouws	Gauteng	4	56.85	911	0	E		
ECA140	129	S Grassman	Eastern Cape	5	56.68	908	0	E		
NWP135	1346	Waldo Stoop	North West Province	6	56.61	906	0	E		
MPU057	1047	Ulrich Beyers	Mpumalanga	7	55.68	887	0	E		
FSA105	262	Heinrich Kotze	Free State	8	54.86	871	0	E		

137	B-15	Hamergooi		/ Hammer Throw				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP072	1440	Dean Morgan	Western Cape	1	47.98	891	0	E		
WCP070	1438	Phillip Marx	Western Cape	2	47.51	880	0	E		
FSA097	254	Rudolph Roodt	Free State	3	46.31	852	0	E		
ECA145	134	Elrich Koch	Eastern Cape	4	45.81	841	0	E		
ECA147	136	Gerhard Lotz	Eastern Cape	5	44.60	814	0	E		
WCP058	1426	Hannes Carstens	Western Cape	6	42.92	776	0	E		
FSA107	264	Serwyn Serfontein	Free State	7	42.23	761	0	E		
WCP069	1437	Mikhail Manuel	Western Cape	8	35.65	620	0	E		

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16	B-17	100 m	/ 100 m				Heats		
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
FSA043	203	Leon du Toit	Free State	1	00:11.18	869	-0.2	E	
FSA037	199	Johannes Mosala	Free State	1	00:11.02	908	-1.8	E	
WCP129	1495	Wilhelm vd Vyver	Western Cape	1	00:10.73	981	1.1	E	
WCP112	1479	Julian Karolis	Western Cape	1	00:11.00	912	-0.4	E	
GAU207	578	Patrick Vosloo	Gauteng	1	00:11.15	876	-1.6	E	
ECA130	120	Lwazi Tetyana	Eastern Cape	2	00:11.53	789	0	E	
FSA039	200	Daniel Matopa	Free State	2	00:11.02	908	0	E	
FSA040	201	Mogomotsi Galosikwe	Free State	2	00:11.22	860	0	E	
GAU165	536	J Capazario	Gauteng	2	00:11.20	864	0	E	
GAU197	568	Gavin Sadler	Gauteng	2	00:11.01	910	0	E	
ECA131	121	William Travill	Eastern Cape	3	00:11.08	893	0	E	
KZN116	772	Andreas Theochandes	Kwazulu Natal	3	00:11.06	898	0	E	
GAU183	554	B Mecuur	Gauteng	3	00:11.28	846	0	E	
ECA122	113	Avumile Ngetu	Eastern Cape	4	00:11.32	836	0	E	
GAU163	534	David Bernstein	Gauteng	4	00:11.08	893	0	E	

55	B-17	100 m	/ 100 m				Semi-Finals		
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
WCP129	1495	Wilhelm vd Vyver	Western Cape	1	00:10.83	955	0	E	
WCP112	1479	Julian Karolis	Western Cape	1	00:10.99	915	0	E	
GAU163	534	David Bernstein	Gauteng	2	00:11.10	888	0	E	
GAU207	578	Patrick Vosloo	Gauteng	2	00:11.16	874	0	E	
FSA039	200	Daniel Matopa	Free State	3	00:11.16	874	0	E	
GAU197	568	Gavin Sadler	Gauteng	3	00:11.21	862	0	E	
FSA037	199	Johannes Mosala	Free State	4	00:11.24	855	0	E	
KZN116	772	Andreas Theochandes	Kwazulu Natal	4	00:11.16	874	0	E	

86	B-17	100 m	/ 100 m				Final		
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
WCP129	1495	Wilhelm vd Vyver	Western Cape	1	00:10.78	968	-0.2	E	
GAU197	568	Gavin Sadler	Gauteng	2	00:11.02	908	0	E	
KZN116	772	Andreas Theochandes	Kwazulu Natal	3	00:11.03	905	0	E	
GAU207	578	Patrick Vosloo	Gauteng	4	00:11.04	903	0	E	
WCP112	1479	Julian Karolis	Western Cape	5	00:11.06	898	0	E	
FSA037	199	Johannes Mosala	Free State	6	00:11.06	898	0	E	
FSA039	200	Daniel Matopa	Free State	7	00:11.08	893	0	E	

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107	B-17	200 m	/ 200 m				Heats		
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
FSA043	203	Leon du Toit	Free State	1	00:22.32	924	-0.6	E	
FSA037	199	Johannes Mosala	Free State	1	00:22.52	900	-0.9	E	
KZN101	757	Magnificent Mathonsi	Kwazulu Natal	1	00:23.05	838	0.9	E	
WCP129	1495	Wilhelm vd Vyver	Western Cape	1	00:21.36	1051	0.7	E	
FSA039	200	Daniel Matopa	Free State	2	00:22.41	913	0	E	
LIM082	889	Hardy Dikgale	Limpopo	2	00:23.32	808	0	E	
WCP119	1485	Aneeb Moses	Western Cape	2	00:22.69	879	0	E	
GAU197	568	Gavin Sadler	Gauteng	2	00:22.21	937	0	E	
LSE005	987	Yanda Mbalati	LSEN	3	00:23.67	770	0	E	
GAU165	536	J Capazario	Gauteng	3	00:22.95	849	0	E	
GAU187	558	Vincent Mooki	Gauteng	3	00:22.51	901	0	E	
MPU088	1078	Dennis Groenewald	Mpumalanga	3	00:22.76	871	0	E	
KZN116	772	Andreas Theocharides	Kwazulu Natal	4	00:22.55	896	0	E	
NCP067	1188	Danie van Eeden	Northern Cape Province	4	00:23.11	831	0	E	
MPU091	1081	Pierre Lombard	Mpumalanga	4	00:22.98	846	0	E	
ECA122	113	Avumile Ngetu	Eastern Cape	5	00:22.84	862	0	E	

142	B-17	200 m	/ 200 m				Semi-Finals		
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
WCP129	1495	Wilhelm vd Vyver	Western Cape	1	00:21.45	1038	-0.1	E	
GAU197	568	Gavin Sadler	Gauteng	1	00:22.11	950	0.1	E	
FSA037	199	Johannes Mosala	Free State	2	00:22.44	909	0	E	
KZN116	772	Andreas Theocharides	Kwazulu Natal	2	00:22.19	940	0	E	
ECA122	113	Avumile Ngetu	Eastern Cape	3	00:22.67	882	0	E	
FSA043	203	Leon du Toit	Free State	3	00:22.19	940	0	E	
WCP119	1485	Aneeb Moses	Western Cape	4	00:22.68	881	0	E	
GAU187	558	Vincent Mooki	Gauteng	4	00:22.31	925	0	E	

169	B-17	200 m	/ 200 m				Final		
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
WCP129	1495	Wilhelm vd Vyver	Western Cape	1	00:21.30	1060	-1.6	E	
GAU197	568	Gavin Sadler	Gauteng	2	00:21.99	965	0	E	
FSA043	203	Leon du Toit	Free State	3	00:22.32	924	0	E	
KZN116	772	Andreas Theocharides	Kwazulu Natal	4	00:22.43	910	0	E	
GAU187	558	Vincent Mooki	Gauteng	5	00:22.45	908	0	E	
ECA122	113	Avumile Ngetu	Eastern Cape	6	00:22.55	896	0	E	
FSA037	199	Johannes Mosala	Free State	7	00:22.75	872	0	E	
WCP119	1485	Aneeb Moses	Western Cape	8	00:22.84	862	0	E	

26	B-17	400 m	/ 400 m				Heats		
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
FSA042	202	Hendri Muller	Free State	1	00:49.16	938	0	E	
LIM082	889	Hardy Dikgale	Limpopo	1	00:48.78	960	0	E	
WCP122	1488	Valentino Nomdoe	Western Cape	1	00:49.53	918	0	E	
GAU176	547	Heinrich Maartens	Gauteng	1	00:49.30	930	0	E	
ECA111	102	Shenzhen Gordon	Eastern Cape	2	00:49.65	911	0	E	
FSA046	206	Corne Viljoen	Free State	2	00:49.47	921	0	E	
KZN092	748	Senzo Khalala	Kwazulu Natal	2	00:49.56	916	0	E	
WCP127	1493	Andries Strydom	Western Cape	3	00:49.66	910	0	E	

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64	B-17	400 m	/ 400 m				Final		
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
LIM082	889	Hardy Dikgale	Limpopo	1	00:47.73	1022	0	E	
GAU176	547	Heinrich Maartens	Gauteng	2	00:47.75	1021	0	E	
FSA042	202	Hendri Muller	Free State	3	00:48.78	960	0	E	
WCP122	1488	Valentino Nomdoe	Western Cape	4	00:49.35	928	0	E	
FSA046	206	Corne Viljoen	Free State	5	00:50.23	880	0	E	

128	B-17	800 m	/ 800 m				Heats		
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
WCP108	1475	Raagib Fredericks	Western Cape	1	01:58.19	944	0	E	
NWP120	1331	Jaco King	North West Province	1	01:58.32	941	0	E	
FSA047	207	Dumisane Hlaselo	Free State	2	01:58.33	941	0	E	
GAU193	564	Andre Olivier	Gauteng	2	01:58.31	941	0	E	
WCP104	1471	Marcelino Davids	Western Cape	3	01:58.52	936	0	E	
GAU189	560	Tseko Motaung	Gauteng	3	01:58.47	938	0	E	
KZN093	749	Bongi Khumalo	Kwazulu Natal	4	01:58.64	934	0	E	
NWP098	1309	Louis Smith	North West Province	5	01:58.65	933	0	E	

159	B-17	800 m	/ 800 m				Final		
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
FSA047	207	Dumisane Hlaselo	Free State	1	01:49.81	1216	0	E	
GAU193	564	Andre Olivier	Gauteng	2	01:50.16	1197	0	E	
WCP104	1471	Marcelino Davids	Western Cape	3	01:54.48	1038	0	E	
WCP108	1475	Raagib Fredericks	Western Cape	4	01:54.66	1033	0	E	
KZN093	749	Bongi Khumalo	Kwazulu Natal	5	02:00.13	899	0	E	
NWP120	1331	Jaco King	North West Province	6	02:01.30	872	0	E	
GAU189	560	Tseko Motaung	Gauteng	7	02:02.18	853	0	E	
NWP098	1309	Louis Smith	North West Province	8	02:06.57	761	0	E	

35	B-17	1500 m	/ 1500 m				Heats		
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
WCP103	1470	Willem Darries	Western Cape	1	04:03.78	941	0	E	
NWP100	1311	D Mokhuane	North West Province	1	04:04.67	930	0	E	
FSA048	208	Windy Jonas	Free State	2	04:05.75	918	0	E	
GAU193	564	Andre Olivier	Gauteng	2	04:04.08	937	0	E	
FSA047	207	Dumisane Hlaselo	Free State	3	04:04.12	937	0	E	
GAU202	573	P Strydom	Gauteng	3	04:05.89	917	0	E	
FSA049	209	Enock Manyandi	Free State	4	04:04.19	936	0	E	
KZN105	761	Mzomuhle Mkhwanazi	Kwazulu Natal	4	04:06.38	911	0	E	
ECA108	99	Lungile Faku	Eastern Cape	5	04:05.21	924	0	E	
KZN109	765	Senzo Nkosi	Kwazulu Natal	5	04:11.98	850	0	E	
LIM098	905	Boldwin Selepe	Limpopo	6	04:12.42	845	0	E	
GAU186	557	Stanley Mofu	Gauteng	7	04:16.33	805	0	E	

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71	B-17	1500 m	/ 1500 m				Final		
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
FSA047	207	Dumisane Hlaselo	Free State	1	03:48.95	1152	0	E	R
GAU193	564	Andre Olivier	Gauteng	2	03:52.59	1086	0	E	
FSA048	208	Windy Jonas	Free State	3	03:54.24	1061	0	E	
FSA049	209	Enock Manyandi	Free State	4	03:54.62	1055	0	E	
GAU202	573	P Strydom	Gauteng	5	04:05.28	924	0	E	
ECA108	99	Lungile Faku	Eastern Cape	6	04:08.11	892	0	E	
KZN105	761	Mzomuhle Mkhwanazi	Kwazulu Natal	7	04:12.41	845	0	E	
GAU186	557	Stanley Mofu	Gauteng	8	04:13.76	831	0	E	
WCP103	1470	Willem Darries	Western Cape	9	04:14.30	826	0	E	
LIM098	905	Boldwin Selepe	Limpopo	10	04:20.96	759	0	E	

165	B-17	3000 m	/ 3000 m				Final		
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
FSA049	209	Enock Manyandi	Free State	1	08:42.93	937	0	E	
FSA048	208	Windy Jonas	Free State	2	08:42.98	937	0	E	
KZN109	765	Senzo Nkosi	Kwazulu Natal	3	08:48.38	908	0	E	
GAU200	571	F Sehohle	Gauteng	4	08:50.93	895	0	E	
KZN105	761	Mzomuhle Mkhwanazi	Kwazulu Natal	5	08:59.59	851	0	E	
MPU098	1088	Pat Mtsweni	Mpumalanga	6	09:07.62	812	0	E	
GAU182	553	Thulane Mdakane	Gauteng	7	09:08.38	809	0	E	
KZN099	755	Thokozani Manatha	Kwazulu Natal	8	09:12.76	788	0	E	
WCP103	1470	Willem Darries	Western Cape	9	09:14.47	780	0	E	
NWP100	1311	D Mokhuane	North West Province	10	09:15.41	776	0	E	

45	B-17	110 m Hekkies	/ 110 m Hurdles				Heats		
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
FSA052	212	HJ Gordon	Free State	1	00:14.01	961	-2.7	E	
WCP110	1477	James Jagers	Western Cape	1	00:13.96	971	-2.1	E	
WCP107	1474	Cornel Fredericks	Western Cape	1	00:14.24	916	-2.7	E	
KZN110	766	Philani Nkosi	Kwazulu Natal	2	00:14.76	821	0	E	
GAU176	547	Heinrich Maartens	Gauteng	2	00:14.36	894	0	E	
MPU108	1098	Pieter Wasserfall	Mpumalanga	2	00:14.58	853	0	E	
ECA107	98	Johannes J Engelbrecht	Eastern Cape	3	00:14.81	813	0	E	
GAU174	545	B Kruger	Gauteng	3	00:14.58	853	0	E	

81	B-17	110 m Hekkies	/ 110 m Hurdles				Final		
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
FSA052	212	HJ Gordon	Free State	1	00:13.68	1030	-1.3	E	
WCP110	1477	James Jagers	Western Cape	2	00:13.77	1011	0	E	
WCP107	1474	Cornel Fredericks	Western Cape	3	00:13.92	979	0	E	
KZN110	766	Philani Nkosi	Kwazulu Natal	4	00:14.25	914	0	E	
ECA107	98	Johannes J Engelbrecht	Eastern Cape	5	00:14.51	866	0	E	
GAU174	545	B Kruger	Gauteng	6	00:14.53	862	0	E	
MPU108	1098	Pieter Wasserfall	Mpumalanga	7	00:14.56	857	0	E	
GAU176	547	Heinrich Maartens	Gauteng	8	00:15.12	760	0	E	

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122	B-17	400 m Hekkie	/ 400 m Hurdles				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA045	205	PC Beneke	Free State	1	00:53.59	955	0	E	
WCP107	1474	Cornel Fredericks	Western Cape	1	00:53.59	955	0	E	
WCP120	1486	Ryan Nel	Western Cape	1	00:54.73	897	0	E	
KZN110	766	Philani Nkosi	Kwazulu Natal	2	00:55.15	877	0	E	
WCP115	1481	Gabriel le Roux	Western Cape	2	00:55.07	881	0	E	
MPU108	1098	Pieter Wasserfall	Mpumalanga	2	00:55.03	882	0	E	
GAU177	548	Boitshoko Mahloko	Gauteng	3	00:55.28	870	0	E	
NWP106	1317	F van Staden	North West Province	4	00:55.38	866	0	E	

149	B-17	400 m Hekkie	/ 400 m Hurdles				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP107	1474	Cornel Fredericks	Western Cape	1	00:52.20	1031	0	E	
FSA045	205	PC Beneke	Free State	2	00:52.74	1000	0	E	
KZN110	766	Philani Nkosi	Kwazulu Natal	3	00:52.92	990	0	E	
WCP120	1486	Ryan Nel	Western Cape	4	00:54.16	926	0	E	
MPU108	1098	Pieter Wasserfall	Mpumalanga	5	00:54.34	916	0	E	
WCP115	1481	Gabriel le Roux	Western Cape	6	00:55.05	882	0	E	
NWP106	1317	F van Staden	North West Province	7	00:55.09	880	0	E	
GAU177	548	Boitshoko Mahloko	Gauteng	8	00:55.64	853	0	E	

47	B-17	2000 m Hindernis	/ 2000 m Steeple Chase				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP121	1487	Virginia Ngudlumano	Western Cape	1	06:03.13	967	0	E	
FSA051	211	Antonie Peens	Free State	2	06:03.60	963	0	E	
GAU192	563	Tshepo Nkomo	Gauteng	3	06:13.40	889	0	E	
FSA085	242	Khalala Mofokeng	Free State	4	06:14.88	878	0	E	
ECA112	103	Sakhele Gwayi	Eastern Cape	5	06:16.46	867	0	E	
WCP198	1562	Charlton September	Western Cape	6	06:19.90	843	0	E	
LIM079	886	Benton Chokoe	Limpopo	7	06:23.90	815	0	E	
GAU185	556	Simon Mofokeng	Gauteng	8	06:26.10	800	0	E	
NCP060	1182	Trevor Robertson	Northern Cape Province	9	06:28.47	784	0	E	
KZN108	764	Themba Nkosi	Kwazulu Natal	10	06:33.10	754	0	E	

98	B-17	10000 m Stap	/ 10000 m Walk				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP115	1326	Christo Booyens	North West Province	1	50:34.80	0	0	E	
FSA078	236	Gert Smit	Free State	2	51:00.10	0	0	E	
FSA083	241	Kenny Mbele	Free State	3	53:48.88	0	0	E	
WCP098	1466	Nicolas Brink	Western Cape	4	55:08.21	0	0	E	
WCP097	1465	Lorenzo Blouw	Western Cape	5	55:10.48	0	0	E	
NWP116	1327	L Geel	North West Province	6	57:05.75	0	0	E	
MPU093	1083	Rudolph Maseko	Mpumalanga	7	57:14.27	0	0	E	
FSA081	239	Bryan Clouch	Free State	8	58:40.80	0	0	E	
ECA110	101	Xolisile Gingqini	Eastern Cape	9	59:47.62	0	0	E	
FSA080	238	Vuyo Nomatye	Free State	10	62:43.72	0	0	E	

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176	B-17	4X100 m Aflos		/ 4X100 m Relay			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA03	635	Gauteng A	Gauteng	1	00:42.96	927	0	E	
WCPA05	1567	Western Cape	Western Cape	2	00:43.10	919	0	E	
FSAA05	366	Free State	Free State	3	00:43.43	898	0	E	
KZNA09	804	Kwazulu Natal	Kwazulu Natal	4	00:43.83	873	0	E	
LSEA01	990	LSEN	LSEN	5	00:44.19	852	0	E	
NWPA09	1367	North West	North West Province	6	00:44.48	835	0	E	
LIMA07	977	Limpopo	Limpopo	7	00:44.75	819	0	E	
NCPA04	1210	Northern Cape	Northern Cape Province	8	00:44.48	835	0	E	

95	B-17	Sweedse Aflos		/ Swedish Relay			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA15	647	Gauteng A	Gauteng	1	01:57.31	920	0	E	
KZNA10	805	Kwazulu Natal	Kwazulu Natal	2	01:58.57	891	0	E	
LIMA08	978	Limpopo	Limpopo	3	01:59.64	867	0	E	
NWPA10	1368	North West	North West Province	4	01:59.70	866	0	E	

72	B-17	Hoogspring		/ High Jump			Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA120	111	Mario Neethling	Eastern Cape	1	1.95	912	0	E	
NWP110	1321	JP van der Schyff	North West Province	1	1.95	912	0	E	
ECA131	121	William Travill	Eastern Cape	2	1.95	912	0	E	
GAU184	555	Dian Meyer	Gauteng	2	1.95	912	0	E	
NWP111	1322	Rudi van Wyk	North West Province	3	1.95	912	0	E	
GAU166	537	Ruan Claassen	Gauteng	3	1.95	912	0	E	
WCP132	1498	Willem Voigt	Western Cape	4	1.95	912	0	E	
GAU179	550	Andrew Mardon	Gauteng	4	1.90	869	0	E	
FSA071	229	Gerrie Coetzee	Free State	5	1.95	912	0	E	
FSA070	228	Hennie Alers	Free State	6	1.95	912	0	E	
KZN089	745	D Geef	Kwazulu Natal	7	1.95	912	0	E	
MPU092	1082	Andre Louw	Mpumalanga	8	1.90	869	0	E	

112	B-17	Hoogspring		/ High Jump			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP110	1321	JP van der Schyff	North West Province	1	2.05	1000	0	E	
GAU166	537	Ruan Claassen	Gauteng	2	2.00	956	0	E	
NWP111	1322	Rudi van Wyk	North West Province	3	2.00	956	0	E	
ECA131	121	William Travill	Eastern Cape	4	1.95	912	0	E	
GAU179	550	Andrew Mardon	Gauteng	4	1.95	912	0	E	
ECA120	111	Mario Neethling	Eastern Cape	6	1.95	912	0	E	
FSA071	229	Gerrie Coetzee	Free State	7	1.95	912	0	E	
FSA070	228	Hennie Alers	Free State	7	1.95	912	0	E	

6	B-17	Paalspring		/ Pole Vault			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA125	116	Jeff Puttersill	Eastern Cape	1	4.20	840	0	E	
WCP096	1464	Neil Benade	Western Cape	2	4.00	791	0	E	
WCP105	1472	Hendrick du Plessis	Western Cape	3	3.90	767	0	E	
WCP099	1467	Francois Burger	Western Cape	3	3.90	767	0	E	
FSA077	235	Eben Beukes	Free State	5	3.80	744	0	E	
ECA117	108	Lesley Luiters	Eastern Cape	6	3.80	744	0	E	
FSA076	234	Conrad Welthagen	Free State	7	3.80	744	0	E	
FSA074	232	Francois Fouche	Free State	8	3.70	720	0	E	

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23	B-17	Verspring	/ Long Jump				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP112	1479	Julian Karolis	Western Cape	1	7.16	965	2.34	E	
ECA113	104	Jason Karolison	Eastern Cape	2	6.94	911	1.03	E	
ECA099	90	Riaan Arendse	Eastern Cape	3	6.91	904	1.32	E	
LSE006	988	Brent Stevens	LSEN	4	6.75	866	0.4	E	
FSA073	231	Zach Visser	Free State	5	6.64	840	1	E	
ECA114	105	Reginald Kleinbooi	Eastern Cape	6	6.63	837	0.77	E	
LIM078	885	Corne Botha	Limpopo	7	6.52	812	0.73	E	
GAU199	570	Connie Segeel	Gauteng	8	6.47	800	-0.09	E	

131	B-17	Driesprong	/ Triple Jump				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA099	90	Riaan Arendse	Eastern Cape	1	14.71	968	1.64	E	
GAU180	551	Neo Marie	Gauteng	2	14.45	937	2.16	E	
FSA073	231	Zach Visser	Free State	3	14.08	893	2.04	E	
WCP117	1483	Esdale Litz	Western Cape	4	13.88	870	1.22	E	
MPU118	1108	Xolani Mahlangu	Mpumalanga	5	13.81	862	1.93	E	
WCP106	1473	Rafiq Esburg	Western Cape	6	13.79	860	3.22	E	
LIM078	885	Corne Botha	Limpopo	7	13.52	829	3.02	E	
LIM095	902	Rendan Ramovha	Limpopo	8	13.34	808	0.92	E	

10	B-17	Gewigstoot	/ Shot Put				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP108	1319	S Brink	North West Province	1	18.11	1038	0	E	
MPU103	1093	Theo van Schalkwyk	Mpumalanga	2	17.88	1019	0	E	
FSA058	217	DL Dennis	Free State	3	17.38	979	0	E	
GAU167	538	Orazio Cremona	Gauteng	4	17.29	972	0	E	
GAU175	546	Stefan le Roux	Gauteng	5	17.16	962	0	E	
LIM100	907	Thumelo Thage	Limpopo	6	16.66	925	0	E	
GAU205	576	Ryno van Winkel	Gauteng	7	16.61	921	0	E	
FSA059	218	Janre Marais	Free State	8	16.33	901	0	E	

150	B-17	Diskusgooi	/ Discus Throw				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP109	1476	Victor Hogan	Western Cape	1	51.45	907	0	E	
WCP126	1492	Christiaan Stander	Western Cape	2	50.68	890	0	E	
NWP108	1319	S Brink	North West Province	3	48.46	841	0	E	
GAU205	576	Ryno van Winkel	Gauteng	4	47.75	826	0	E	
GAU167	538	Orazio Cremona	Gauteng	5	47.56	822	0	E	
WCP100	1468	Damian Ceylon	Western Cape	6	44.96	767	0	E	
ECA116	107	Gideon Lotter	Eastern Cape	7	42.03	707	0	E	
LIM099	906	Gerrit Strydom	Limpopo	8	41.96	706	0	E	

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29	B-17	Spiesgooi	/ Javelin				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA133	122	Jacques Viljoen	Eastern Cape	1	62.79	894	0	E	
ECA126	117	Kyle Ricks	Eastern Cape	1	54.29	747	0	E	
FSA066	224	Jaco Griesel	Free State	1	61.24	866	0	E	
FSA064	223	Marinus Els	Free State	1	66.07	955	0	E	
LIM103	910	R van Rensburg	Limpopo	1	68.20	998	0	E	
KZN106	762	Thabani Mpungose	Kwazulu Natal	1	49.81	673	0	E	
NCP063	1184	Frans Smit	Northern Cape Province	1	52.61	719	0	E	
WCP102	1469	Ulrich Damon	Western Cape	1	66.70	967	0	E	
WCP130	1496	Francois van Eeden	Western Cape	1	62.77	893	0	E	
NWP114	1325	C van Wyk	North West Province	1	59.51	835	0	E	
NWP113	1324	Charl Muller	North West Province	1	65.61	946	0	E	
MPU104	1094	Reinhardt van Vreden	Mpumalanga	1	58.85	824	0	E	
GAU206	577	Hardus Viljoen	Gauteng	1	00:00.00	0	0	E	
GAU170	541	Janneman Espach	Gauteng	1	00:00.00	0	0	E	
GAU195	566	Nicholaas Orfao	Gauteng	1	00:00.00	0	0	E	

70	B-17	Spiesgooi	/ Javelin				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA064	223	Marinus Els	Free State	1	67.55	984	0	E	
LIM103	910	R van Rensburg	Limpopo	2	66.20	958	0	E	
GAU170	541	Janneman Espach	Gauteng	3	65.19	938	0	E	
NWP113	1324	Charl Muller	North West Province	4	64.90	933	0	E	
ECA133	122	Jacques Viljoen	Eastern Cape	5	64.70	929	0	E	
WCP102	1469	Ulrich Damon	Western Cape	6	61.97	879	0	E	
NWP114	1325	C van Wyk	North West Province	7	59.38	833	0	E	
FSA066	224	Jaco Griesel	Free State	8	56.35	781	0	E	

124	B-17	Hamergooi	/ Hammer Throw				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP131	1497	Nicolas van Zyl	Western Cape	1	60.30	938	0	E	
NWP109	1320	J Smith	North West Province	2	54.20	819	0	E	
ECA128	119	Nandus Schoultz	Eastern Cape	3	53.61	808	0	E	
ECA109	100	F Gerber	Eastern Cape	4	50.67	755	0	E	
FSA067	225	Louwtjie Prinsloo	Free State	5	48.23	711	0	E	
MPU083	1073	Jonathan Croeser	Mpumalanga	6	47.86	705	0	E	
GAU175	546	Stefan le Roux	Gauteng	7	46.55	681	0	E	
FSA068	226	Dean Janse v Rensburg	Free State	8	42.72	613	0	E	

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20	B-19	100 m	/ 100 m				Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
ECA086	78	Baphiwe Mfundisi	Eastern Cape	1	00:11.00	872	-0.2	E	
FSA002	164	Kagiso Kumbane	Free State	1	00:10.96	882	-2.3	E	
WCP150	1516	Dayne la Kay	Western Cape	1	00:10.83	914	-1.4	E	
WCP165	1531	Chatlin Smith	Western Cape	1	00:10.86	906	-0.3	E	
GAU235	606	R Louw	Gauteng	1	00:10.82	916	1.9	E	
ECA085	77	Litha Mayekiso	Eastern Cape	2	00:10.91	894	0	E	
ECA081	73	Duncan Maclean	Eastern Cape	2	00:10.97	879	0	E	
WCP149	1515	Geuron Kulsen	Western Cape	2	00:11.06	858	0	E	
NWP069	1280	T Mputle	North West Province	2	00:10.82	916	0	E	
GAU257	627	Le Roux van Tonder	Gauteng	2	00:11.05	860	0	E	
NCP082	1203	Davé Seekoei	Northern Cape Province	3	00:11.07	855	0	E	
GAU229	600	Leon Joubert	Gauteng	3	00:11.17	832	0	E	
MPU132	1122	Wessels Weber	Mpumalanga	3	00:11.09	850	0	E	
MPU119	1109	Thebogo Makgato	Mpumalanga	3	00:11.17	832	0	E	
MPU125	1115	Louis Peacock	Mpumalanga	3	00:11.15	836	0	E	
LIM045	852	Kohl Namane	Limpopo	4	00:11.15	836	0	E	

59	B-19	100 m	/ 100 m				Semi-Finals		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP150	1516	Dayne la Kay	Western Cape	1	00:10.83	914	-2.2	E	
WCP165	1531	Chatlin Smith	Western Cape	1	00:10.83	914	1.4	E	
ECA086	78	Baphiwe Mfundisi	Eastern Cape	2	00:10.85	909	0	E	
ECA085	77	Litha Mayekiso	Eastern Cape	2	00:10.88	901	0	E	
FSA002	164	Kagiso Kumbane	Free State	3	00:10.87	904	0	E	
NWP069	1280	T Mputle	North West Province	3	00:10.89	899	0	E	
GAU235	606	R Louw	Gauteng	4	00:11.04	862	0	E	
GAU257	627	Le Roux van Tonder	Gauteng	4	00:10.91	894	0	E	

88	B-19	100 m	/ 100 m				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP150	1516	Dayne la Kay	Western Cape	1	00:10.59	976	-0.3	E	
NWP069	1280	T Mputle	North West Province	2	00:10.74	937	0	E	
GAU257	627	Le Roux van Tonder	Gauteng	3	00:10.75	934	0	E	
ECA085	77	Litha Mayekiso	Eastern Cape	4	00:10.76	931	0	E	
FSA002	164	Kagiso Kumbane	Free State	5	00:10.81	919	0	E	
WCP165	1531	Chatlin Smith	Western Cape	6	00:10.86	906	0	E	
ECA086	78	Baphiwe Mfundisi	Eastern Cape	7	00:10.91	894	0	E	
GAU235	606	R Louw	Gauteng	8	00:11.03	865	0	E	

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109	B-19	200 m	/ 200 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA086	78	Baphiwe Mfundisi	Eastern Cape	1	00:21.73	919	1.3	E	
FSA002	164	Kagiso Kumbane	Free State	1	00:21.80	910	1.2	E	
NWP069	1280	T Mputle	North West Province	1	00:21.52	946	1.2	E	
GAU219	590	Reuben Diphoko	Gauteng	1	00:22.26	855	-0.1	E	
FSA005	167	Thabiso Mofokeng	Free State	2	00:22.48	829	0	E	
WCP165	1531	Chatlin Smith	Western Cape	2	00:21.94	893	0	E	
NWP070	1281	Bertie Visser	North West Province	2	00:21.89	899	0	E	
GAU216	587	Willie de Beer	Gauteng	2	00:21.89	899	0	E	
FSA007	169	Kobus Olivier	Free State	3	00:22.11	873	0	E	
LSE007	989	M Phatang	LSEN	3	00:22.75	799	0	E	
WCP149	1515	Geuron Kulsen	Western Cape	3	00:21.96	891	0	E	
MPU132	1122	Wessels Weber	Mpumalanga	3	00:22.62	813	0	E	
NCP085	1206	Francois van Breda	Northern Cape Province	4	00:22.44	834	0	E	
MPU119	1109	Thebogo Makgato	Mpumalanga	4	00:22.95	777	0	E	
ECA068	60	Antonio Blom	Eastern Cape	5	00:22.58	818	0	E	
LIM045	852	Kohl Namane	Limpopo	6	00:22.91	781	0	E	

144	B-19	200 m	/ 200 m				Semi-Finals		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA086	78	Baphiwe Mfundisi	Eastern Cape	1	00:21.91	897	-2	E	
NWP069	1280	T Mputle	North West Province	1	00:21.82	908	-1.5	E	
FSA002	164	Kagiso Kumbane	Free State	2	00:21.97	890	0	E	
NWP070	1281	Bertie Visser	North West Province	2	00:22.22	860	0	E	
WCP165	1531	Chatlin Smith	Western Cape	3	00:22.27	854	0	E	
GAU216	587	Willie de Beer	Gauteng	3	00:22.03	882	0	E	
FSA007	169	Kobus Olivier	Free State	4	00:22.41	837	0	E	
WCP149	1515	Geuron Kulsen	Western Cape	4	00:22.14	869	0	E	

171	B-19	200 m	/ 200 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP069	1280	T Mputle	North West Province	1	00:21.50	948	-1.9	E	
GAU216	587	Willie de Beer	Gauteng	2	00:21.59	937	0	E	
FSA002	164	Kagiso Kumbane	Free State	3	00:21.95	892	0	E	
ECA086	78	Baphiwe Mfundisi	Eastern Cape	4	00:21.96	891	0	E	
NWP070	1281	Bertie Visser	North West Province	5	00:21.96	891	0	E	
WCP149	1515	Geuron Kulsen	Western Cape	6	00:22.25	856	0	E	
FSA007	169	Kobus Olivier	Free State	7	00:22.45	833	0	E	

30	B-19	400 m	/ 400 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA008	170	Dirk Gouws	Free State	1	00:49.60	816	0	E	
GAU223	594	T Gopane	Gauteng	1	00:48.31	885	0	E	
GAU216	587	Willie de Beer	Gauteng	1	00:48.08	898	0	E	
FSA004	166	Solly Moleko	Free State	2	00:49.08	844	0	E	
KZN124	780	Thokozani Khambule	Kwazulu Natal	2	00:48.93	852	0	E	
WCP162	1528	Francois September	Western Cape	2	00:49.64	814	0	E	
LIM043	850	Martin Molomgwana	Limpopo	3	00:48.99	849	0	E	
GAU237	608	Sihle Mahlangu	Gauteng	3	00:49.50	822	0	E	

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66	B-19	400 m	/ 400 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU216	587	Willie de Beer	Gauteng	1	00:46.88	968	0	E	
FSA008	170	Dirk Gouws	Free State	2	00:47.17	951	0	E	
GAU223	594	T Gopane	Gauteng	3	00:48.04	901	0	E	
FSA004	166	Solly Moleko	Free State	4	00:48.12	896	0	E	
LIM043	850	Martin Molomgwana	Limpopo	5	00:49.63	815	0	E	
WCP162	1528	Francois September	Western Cape	6	00:52.02	698	0	E	

133	B-19	800 m	/ 800 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM043	850	Martin Molomgwana	Limpopo	1	01:54.90	909	0	E	
GAU250	620	Erwin Schmidt	Gauteng	1	01:55.16	903	0	E	
NCP084	1205	C harl Swiegers	Northern Cape Province	2	01:55.59	893	0	E	
WCP146	1512	Warren Hendricks	Western Cape	2	01:55.20	902	0	E	
MPU122	1112	Maine Moeketsi	Mpumalanga	3	01:55.99	883	0	E	
MPU116	1106	Johan Koch	Mpumalanga	3	01:55.61	892	0	E	
WCP159	1525	Rowen Prins	Western Cape	4	01:55.69	890	0	E	
WCP138	1504	Lloyd Bosman	Western Cape	5	01:55.70	890	0	E	

161	B-19	800 m	/ 800 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU250	620	Erwin Schmidt	Gauteng	1	01:53.74	937	0	E	
LIM043	850	Martin Molomgwana	Limpopo	2	01:54.34	923	0	E	
WCP146	1512	Warren Hendricks	Western Cape	3	01:54.54	918	0	E	
NCP084	1205	C harl Swiegers	Northern Cape Province	4	01:54.92	909	0	E	
WCP138	1504	Lloyd Bosman	Western Cape	5	01:54.93	908	0	E	
MPU116	1106	Johan Koch	Mpumalanga	6	01:55.61	892	0	E	
MPU122	1112	Maine Moeketsi	Mpumalanga	7	01:59.72	799	0	E	
WCP159	1525	Rowen Prins	Western Cape	8	02:01.04	771	0	E	

12	B-19	1500 m	/ 1500 m				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA013	175	Michael Mazibuko	Free State	1	03:57.42	906	0	E	
GAU236	607	M Luther	Gauteng	1	03:59.20	885	0	E	
ECA164	153	Xolisa Tyhali	Eastern Cape	2	03:59.48	882	0	E	
GAU230	601	A Khumalo	Gauteng	2	03:58.00	899	0	E	
WCP158	1524	Jacques Pretorius	Western Cape	3	04:00.07	875	0	E	
WCP152	1518	Leeroy Mitchell	Western Cape	3	03:58.42	894	0	E	
LIM022	829	Phillemon Choshi	Limpopo	4	03:59.55	881	0	E	
WCP138	1504	Lloyd Bosman	Western Cape	4	04:00.51	870	0	E	
FSA015	177	Maxwell Ramohloane	Free State	5	04:00.10	875	0	E	
FSA012	174	Tokelo Putsoenyane	Free State	5	04:00.94	866	0	E	
ECA096	88	Lufeze Xinwa	Eastern Cape	6	04:01.95	854	0	E	
LIM044	851	Alfred Mukusha	Limpopo	6	04:00.79	867	0	E	

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90	B-19	1500 m	/ 1500 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA012	174	Tokelo Putsoenyane	Free State	1	03:50.63	988	0	E	
WCP138	1504	Lloyd Bosman	Western Cape	2	03:52.50	965	0	E	
GAU236	607	M Luther	Gauteng	3	03:52.83	961	0	E	
FSA013	175	Michael Mazibuko	Free State	4	03:53.07	958	0	E	
WCP158	1524	Jacques Pretorius	Western Cape	5	03:53.88	948	0	E	
FSA015	177	Maxwell Ramohloane	Free State	6	03:57.98	899	0	E	
GAU230	601	A Khumalo	Gauteng	7	03:58.56	893	0	E	
LIM022	829	Phillemon Choshi	Limpopo	8	04:04.18	830	0	E	
WCP152	1518	Leeroy Mitchell	Western Cape	9	04:05.04	821	0	E	
ECA164	153	Xolisa Tyhali	Eastern Cape	10	04:06.11	809	0	E	

172	B-19	5000 m	/ 5000 m				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA012	174	Tokelo Putsoenyane	Free State	1	15:00.16	872	0	E	
ECA164	153	Xolisa Tyhali	Eastern Cape	2	15:03.66	862	0	E	
FSA016	178	Tshepo Motsehela	Free State	3	15:06.88	852	0	E	
MPU124	1114	Cansas Nhlapo	Mpumalanga	4	15:41.04	756	0	E	
GAU215	586	Jacson Chauke	Gauteng	5	15:43.06	751	0	E	
NWP075	1286	M Lekopa	North West Province	6	16:03.55	697	0	E	
WCP151	1517	Tom Lusaseni	Western Cape	7	16:08.30	685	0	E	
KZN133	789	Richman Ntsusha	Kwazulu Natal	8	16:09.59	682	0	E	
NWP074	1285	G Monegi	North West Province	9	16:10.36	680	0	E	
GAU240	611	Thandolweth Mantshule	Gauteng	10	16:15.57	667	0	E	

46	B-19	110 m Hekies	/ 110 m Hurdles				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA024	186	Marius Erasmus	Free State	1	00:14.50	937	-2.8	E	
NWP079	1290	Korst Smits	North West Province	1	00:14.69	902	-2.5	E	
GAU231	602	Busang Kolisang	Gauteng	1	00:14.84	874	-3.2	E	
LIM037	844	Ezekiel Mashau	Limpopo	2	00:14.98	850	0	E	
WCP164	1530	Louw Smit	Western Cape	2	00:14.51	935	0	E	
GAU228	599	Wiekus Jonck	Gauteng	2	00:14.72	896	0	E	
FSA022	184	Divan Strydom	Free State	3	00:15.03	841	0	E	
FSA023	185	Helmar Bruwer	Free State	4	00:15.19	814	0	E	

82	B-19	110 m Hekies	/ 110 m Hurdles				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP164	1530	Louw Smit	Western Cape	1	00:14.14	1008	-0.6	E	R
FSA024	186	Marius Erasmus	Free State	2	00:14.27	982	0	E	R
NWP079	1290	Korst Smits	North West Province	3	00:14.32	972	0	E	R
GAU228	599	Wiekus Jonck	Gauteng	4	00:14.44	949	0	E	
FSA022	184	Divan Strydom	Free State	5	00:14.54	930	0	E	
LIM037	844	Ezekiel Mashau	Limpopo	6	00:14.71	898	0	E	
FSA023	185	Helmar Bruwer	Free State	7	00:14.77	887	0	E	
GAU231	602	Busang Kolisang	Gauteng	8	00:15.51	761	0	E	

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123	B-19	400 m Hekkie		/ 400 m Hurdles			Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU231	602	Busang Kolisang	Gauteng	1	00:54.35	849	0	E	
GAU210	581	Juan Bloem	Gauteng	1	00:52.30	953	0	E	
MPU125	1115	Louis Peacock	Mpumalanga	1	00:54.64	835	0	E	
ECA071	63	C de Villiers	Eastern Cape	2	00:55.00	818	0	E	
WCP140	1506	Divan du Plessis	Western Cape	2	00:56.45	752	0	E	
MPU129	1119	Adriaan Vermaak	Mpumalanga	2	00:55.09	814	0	E	
NWP081	1292	Tebogo Rabuthu	North West Province	3	00:55.04	816	0	E	
KZN130	786	Swelihle Ngubane	Kwazulu Natal	4	00:55.92	776	0	E	

153	B-19	400 m Hekkie		/ 400 m Hurdles			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU210	581	Juan Bloem	Gauteng	1	00:52.74	929	0	E	
GAU231	602	Busang Kolisang	Gauteng	2	00:53.50	891	0	E	
MPU125	1115	Louis Peacock	Mpumalanga	3	00:54.09	861	0	E	
NWP081	1292	Tebogo Rabuthu	North West Province	4	00:54.86	825	0	E	
ECA071	63	C de Villiers	Eastern Cape	5	00:54.96	820	0	E	
MPU129	1119	Adriaan Vermaak	Mpumalanga	6	00:55.90	777	0	E	
KZN130	786	Swelihle Ngubane	Kwazulu Natal	7	00:56.27	760	0	E	
WCP140	1506	Divan du Plessis	Western Cape	8	00:56.63	744	0	E	

60	B-19	3000 m Hindernis		/ 3000 m Steeple Chase			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA018	180	Seun van Wyk	Free State	1	09:19.59	886	0	E	
LIM042	849	Max Molala	Limpopo	2	09:28.73	842	0	E	
GAU238	609	Lesenyego Makhobalo	Gauteng	3	09:37.21	803	0	E	
FSA017	179	Elvis Tatas	Free State	4	09:42.68	779	0	E	
FSA021	183	Molefi Matsepe	Free State	5	09:45.85	765	0	E	
GAU239	610	Godfrey Mamogale	Gauteng	6	09:46.14	764	0	E	
GAU253	623	Eugene Titus-Tau	Gauteng	7	09:58.35	712	0	E	
LIM029	836	Johnican Lepota	Limpopo	8	10:01.56	699	0	E	
GAU258	628	Nzima Wandile	Gauteng	9	10:05.39	684	0	E	
WCP160	1526	Henrico Rooi	Western Cape	10	10:11.14	661	0	E	

2	B-19	10000 m Stap		/ 10000 m Walk			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP087	1298	A Beker	North West Province	1	48:05.66	0	0	E	
FSA035	197	Michael Modise	Free State	2	48:46.83	0	0	E	
KZN119	775	Professor Cele	Kwazulu Natal	3	50:02.31	0	0	E	
NWP088	1299	Deon Smith	North West Province	4	50:59.70	0	0	E	
ECA073	65	Kevin Eagleton	Eastern Cape	5	51:52.10	0	0	E	
GAU211	582	Hendrik Botha	Gauteng	6	52:09.11	0	0	E	
KZN122	778	Thami Hadebe	Kwazulu Natal	7	52:18.66	0	0	E	
WCP153	1519	Timothy Morgendal	Western Cape	8	53:14.29	0	0	E	

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97	B-19	4X100 m Aflos	/ 4X100 m Relay				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA05	637	Gauteng A	Gauteng	1	00:41.77	884	0	E	
ECAA06	162	Eastern Cape	Eastern Cape	2	00:42.08	864	0	E	
WCPA06	1568	Western Cape	Western Cape	3	00:42.15	860	0	E	
NWPA11	1369	North West	North West Province	4	00:42.27	853	0	E	
LIMA03	973	Limpopo	Limpopo	5	00:42.34	848	0	E	
NCPA05	1211	Northern Cape	Northern Cape Province	6	00:43.05	805	0	E	
FSAA06	367	Free State	Free State	7	00:43.89	757	0	E	
KZNA11	806	Kwazulu Natal	Kwazulu Natal	8	00:44.28	735	0	E	

178	B-19	4 X400 m Aflos	/ 4X400 m Relay				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA17	649	Gauteng A	Gauteng	1	03:11.25	959	0	E	R
FSAA12	373	Free State	Free State	2	03:16.51	885	0	E	
KZNA12	807	Kwazulu Natal	Kwazulu Natal	3	03:20.53	832	0	E	
LIMA04	974	Limpopo	Limpopo	4	03:24.89	777	0	E	
NWPA12	1370	North West	North West Province	5	03:29.29	724	0	E	

51	B-19	Hoogspring	/ High Jump				Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA075	67	Gideon Groenewald	Eastern Cape	1	1.93	826	0	E	
FSA030	192	Henning Greyling	Free State	1	2.04	916	0	E	
LIM023	830	H de Beer	Limpopo	1	2.05	924	0	E	
LIM019	826	Gideon Barnard	Limpopo	1	2.00	883	0	E	
NCP072	1193	Maghiel de Jongh	Northern Cape Province	1	1.80	724	0	E	
NCP078	1199	Elisa Langenhoven	Northern Cape Province	1	1.95	843	0	E	
NCP077	1198	Ruhan Kotze	Northern Cape Province	1	1.95	843	0	E	
WCP166	1532	Sean Stone	Western Cape	1	2.05	924	0	E	
WCP168	1534	Allan Syce	Western Cape	1	2.10	966	0	E	
WCP145	1511	Monray Hendricks	Western Cape	1	2.00	883	0	E	
NWP083	1294	Pieter Smith	North West Province	1	2.10	966	0	E	
NWP092	1303	Eugene Cohn	North West Province	1	1.95	843	0	E	
GAU234	605	C Louw	Gauteng	1	1.85	763	0	E	
GAU220	591	T Dorfling	Gauteng	1	1.85	763	0	E	
GAU241	612	Crowen McMaster	Gauteng	1	1.98	867	0	E	
MPU115	1105	Paul Fritz	Mpumalanga	1	1.90	803	0	E	
MPU113	1103	Michael de Beer	Mpumalanga	1	2.10	966	0	E	

130	B-19	Hoogspring	/ High Jump				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU113	1103	Michael de Beer	Mpumalanga	1	2.10	966	0	E	
WCP166	1532	Sean Stone	Western Cape	2	2.05	924	0	E	
LIM023	830	H de Beer	Limpopo	3	2.00	883	0	E	
NWP083	1294	Pieter Smith	North West Province	4	2.00	883	0	E	
NCP078	1199	Elisa Langenhoven	Northern Cape Province	5	2.00	883	0	E	
WCP145	1511	Monray Hendricks	Western Cape	5	2.00	883	0	E	
NWP092	1303	Eugene Cohn	North West Province	7	2.00	883	0	E	
WCP168	1534	Allan Syce	Western Cape	8	2.00	883	0	E	

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135	B-19	Paalspring	/ Pole Vault				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA032	194	JG Blignaut	Free State	1	4.90	939	0	E	R
ECA089	81	Gustaf Munro	Eastern Cape	2	4.60	866	0	E	
WCP142	1508	Francois Germishuys	Western Cape	3	4.40	820	0	E	
GAU261	631	Jacques Groenewald	Gauteng	4	4.20	774	0	E	
ECA072	64	Christopher Dyson	Eastern Cape	5	3.90	708	0	E	
FSA033	195	Paul Farrel	Free State	6	3.90	708	0	E	
FSA034	196	Riaan Jordaan	Free State	7	3.80	686	0	E	

5	B-19	Verspring	/ Long Jump				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP171	1537	Keenan Watson	Western Cape	1	7.60	1022	0	E	
NWP079	1290	Korst Smits	North West Province	2	7.03	886	0.5	E	
ECA080	72	Russell Kingwell	Eastern Cape	3	6.86	846	1.1	E	
GAU225	596	A Harmse	Gauteng	4	6.83	839	0.2	E	
NWP084	1295	K Ford	North West Province	5	6.77	826	0	E	
MPU128	1118	Lourens Swanepoel	Mpumalanga	6	6.71	812	0.6	E	
WCP161	1527	Methwan Sauls	Western Cape	7	6.66	801	1.5	E	
NCP079	1200	Wilven Louw	Northern Cape Province	8	6.47	758	1.8	E	

100	B-19	Driesprong	/ Triple Jump				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP170	1536	Reinhart van Wyk	Western Cape	1	14.76	886	-0.9	E	
GAU225	596	A Harmse	Gauteng	2	14.41	848	-0.56	E	
ECA080	72	Russell Kingwell	Eastern Cape	3	14.26	832	-0.64	E	
NWP079	1290	Korst Smits	North West Province	4	14.11	815	1.23	E	
GAU234	605	C Louw	Gauteng	5	14.03	807	-0.64	E	
NWP093	1304	Divan Stoop	North West Province	6	14.02	806	0.58	E	
LIM038	845	Nakedi Modiba	Limpopo	7	13.89	791	-0.29	E	
ECA076	68	H Horak	Eastern Cape	8	13.89	791	-0.67	E	

28	B-19	Gewigstoot	/ Shot Put				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU227	598	JP Hoffman	Gauteng	1	19.24	1065	0	E	R
FSA025	187	Nico Grobler	Free State	2	17.42	926	0	E	
LIM021	828	Louis Botha	Limpopo	3	15.79	818	0	E	
WCP135	1501	Dirk Badenhorst	Western Cape	4	15.33	789	0	E	
FSA026	188	Kevin Rademeyer	Free State	5	15.06	772	0	E	
MPU110	1100	Pieter Boer	Mpumalanga	6	14.84	758	0	E	
ECA090	82	Andre Oosthuizen	Eastern Cape	7	14.40	731	0	E	
GAU244	615	Dewald Moolman	Gauteng	8	14.00	707	0	E	

111	B-19	Diskusgooi	/ Discus Throw				Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU227	598	JP Hoffman	Gauteng	1	48.17	768	0	E	
LIM021	828	Louis Botha	Limpopo	2	46.64	739	0	E	
GAU244	615	Dewald Moolman	Gauteng	3	46.44	735	0	E	
KZN123	779	Patrick Kay	Kwazulu Natal	4	45.61	719	0	E	
MPU110	1100	Pieter Boer	Mpumalanga	5	43.71	683	0	E	
FSA025	187	Nico Grobler	Free State	6	43.23	674	0	E	
NCP070	1191	Willem Britz	Northern Cape Province	7	41.92	649	0	E	
LIM025	832	Kallie Erasmus	Limpopo	8	41.53	642	0	E	

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Result per Age

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17	B-19	Spiesgooi	/ Javelin			Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
ECA070	62	Nico Brewis	Eastern Cape	1	57.70	793	0	E	
FSA028	190	GC Bothma	Free State	1	53.68	727	0	E	
FSA027	189	Johan Swart	Free State	1	55.23	752	0	E	
LIM050	857	B vd Westhuizen	Limpopo	1	52.63	710	0	E	
LIM024	831	Nico Doma	Limpopo	1	52.15	702	0	E	
KZN136	792	Dawid van Aswegen	Kwazulu Natal	1	53.93	731	0	E	
KZN118	774	Andries Badenhorst	Kwazulu Natal	1	50.06	668	0	E	
NCP070	1191	Willem Britz	Northern Cape Province	1	52.35	705	0	E	
NCP073	1194	Johannes de la Rey	Northern Cape Province	1	56.54	774	0	E	
WCP141	1507	Jacques du Preez	Western Cape	1	57.63	792	0	E	
WCP148	1514	Ferney Kitshoff	Western Cape	1	70.14	1022	0	E	
WCP155	1521	Ryan Oliver	Western Cape	1	58.63	809	0	E	
NWP094	1305	H Lambrechts	North West Province	1	58.79	812	0	E	
NWP085	1296	Noël Meyer	North West Province	1	70.40	1027	0	E	
GAU224	595	Martin Gouws	Gauteng	1	57.40	788	0	E	
GAU212	583	Johan Botha	Gauteng	1	58.59	808	0	E	
MPU111	1101	Christo Bosch	Mpumalanga	1	55.65	759	0	E	
KZN134	790	Henry Nyuswa	Kwazulu Natal	1	00:00.00	0	0	E	
GAU218	589	Stephan de Villiers	Gauteng	1	00:00.00	0	0	E	

56	B-19	Spiesgooi	/ Javelin			Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
NWP085	1296	Noël Meyer	North West Province	1	72.36	1071	0	E	R
WCP148	1514	Ferney Kitshoff	Western Cape	2	64.76	916	0	E	
WCP155	1521	Ryan Oliver	Western Cape	3	60.83	846	0	E	
NCP073	1194	Johannes de la Rey	Northern Cape Province	4	59.78	828	0	E	
WCP141	1507	Jacques du Preez	Western Cape	5	58.33	804	0	E	
GAU212	583	Johan Botha	Gauteng	6	57.82	795	0	E	
KZN134	790	Henry Nyuswa	Kwazulu Natal	7	57.22	785	0	E	
KZN136	792	Dawid van Aswegen	Kwazulu Natal	8	55.55	757	0	E	

163	B-19	Hamergooi	/ Hammer Throw			Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
ECA094	86	Clinton Williams	Eastern Cape	1	62.56	873	0	E	R
WCP143	1509	Heinrich Gonzales	Western Cape	2	61.52	855	0	E	R
WCP172	1538	Jayde Wiggins	Western Cape	3	54.89	744	0	E	
NWP086	1297	D Strydom	North West Province	4	51.13	682	0	E	
ECA093	85	J Senekal	Eastern Cape	5	49.99	664	0	E	
WCP144	1510	Johannes Hanekom	Western Cape	6	48.48	640	0	E	
GAU208	579	Martin Barnard	Gauteng	7	39.68	496	0	E	
FSA029	191	Werner Pretorius	Free State	8	36.74	446	0	E	