

ASSIZE CERTIFICATE

MEETING

Meeting: _____ Date of Meeting: _____

Item no: _____ Time of Item: _____

City: _____

ATHLETE

Athlete: _____

Province / Country: _____ Registration No: _____

Men: ↑ Women: ↑ Age group: _____

IMPLEMENT

SHOT

Rule 188.4 - 5

Name of Implement: _____

Construction Material: _____

Weight: _____ gr

Diameter: _____ mm

ASSIZER

Registration no.

DATE

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Men: ¹ Women: ¹ Age group: _____

IMPLEMENT

DISCUS

Rule 189.1 - .2

Name of Implement: _____

Weight: _____ gr

Outside diameter of metal rim: _____ mm

Diameter of metal plate or flat centre area: _____ mm

Thickness of metal plate or flat centre area: _____ mm

Thickness of rim (6mm from edge): _____ mm

ASSIZER

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Province / Country: _____ Registration No: _____

Men: Women: Age group: _____

IMPLEMENT

HAMMER

Rule 191.4 - .9

Name of Implement: _____

Weight: _____ gr

Length of Hammer measured from inside of grip: _____ mm

Diameter of head: _____ mm

Thickness of wire: _____ mm

Length of Grip: _____ mm

Centre of gravity of head: Yes: No:

ASSIZER

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Province / Country: _____ Registration No: _____

Men: Women: Age group: _____

IMPLEMENT

JAVELIN

Rule 193.3 - 9

Name of Implement: _____ Weight: _____ gr

Lengths	Mm	Diameters	mm
Overall		In front of Grip	
Tip to Centre of Gravity		At rear of Grip	
Half from Tip to C of G		150mm from Tip	
Tail to Centre of Gravity		At rear of Head	
Half from Tail to C of G		Immediately behind Head	
Head		Half way Tip to C of G	
Grip		Over Grip	
		Half way Tail to C of G	
		150mm from Tail	
		At Tail	

ASSIZER

Registration no.

DATE

NOTICE OF NEW RECORD SET

RECORD CERTIFICATE

Level: National/ Provincial/Club School

This is to certify that

Name of Athlete

set a new Record at

venue

Date

State Event

Age Category

Gender

Performance (time, distance, height)

Wind meter reading / weight of the implement

Signature of Organizer

Date of Signature

ACADEMY

CERTIFICATE

in

COACHING

This certificate serves to confer on

(Name in full)

the status of an

(Introductory / Advanced) Level Coach

in accordance with the requirements and procedures
of the Academy Education and Certification System for Coaches

DATE ISSUED: _____

President

ACADEMY

CERTIFICATE

in

TECHNICAL OFFICIATING

This certificate serves to confer on

(Name in full)

the status of an

(Introductory / Advanced) Level Technical Official

in accordance with the requirements and procedures
of the Academy Education and Certification System for Coaches

DATE ISSUED: _____

President

ACADEMY

CERTIFICATE

in

ADMINISTRATION

This certificate serves to confer on

(Name in full)

the status of an

(Introductory / Advanced) Level Administration

in accordance with the requirements and procedures
of the Academy Education and Certification System for Coaches

DATE ISSUED: _____

President