



**PRESS RELEASE – THURSDAY 4 MARCH 2010**  
**BOLAND TEAM TO 2010 WESTERN CAPE SCHOOLS ATHLETICS CHAMPIONSHIPS**

For 279 youth and junior athletes in the Boland, the dream to represent South Africa in 2010 were kept alive when Boland High Schools Athletics announced a team to represent the Boland at the 2010 Western Cape High Schools Championships that will take place at the Dal Josaphat Stadium from 12-13 March 2010.

The athletes will attempt to qualify for the following teams during the next few weeks:

1. The Western Cape Team to the 2010 SA High Schools Championships 25-27 March 2010 in Sasolburg
2. The Boland Athletics Team to the 2010 SA Youth and Junior Championships 10-11 April in Germiston.
3. The South African team to the African Southern Region Youth Track and Field Championships 14-16 may 2010 in Pretoria
4. The 13<sup>th</sup> IAAF World Junior Track and Field Championships 20-25 June 2010 in Moncton, Canada

The Boland High Schools Team as well as the programme for the 2010 Western Cape High Schools Championships is attached.

Athletics greetings

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## BOLAND SPAN NA 2010 WESKAAP HOËRSKOLE B&V KAMPIOENSKAPPE

### Dogters 15

	Naam	Van	SKOOL	Item 1	Item 2	Item 3
1.	Alet	Stofberg	Paarl Gimnasium	Driesprong		
2.	Chanice	Klink	Wellington Sek	5km stap		
3.	Diandra	Carelse	Hottentots Holland Hoër	5km stap		
4.	Kara	Pretorius	Hopefield Hoër	5km stap		
5.	Sunai	Badenhorst	Hopefield Hoër	5km stap		
6.	Leannè	Britz	Hopefield Hoër	5km stap		
7.	Angelique	Le roux	Hopefield Hoër	5km stap		
8.	Merissa	Meiring	Vredendal Hoër	5km stap		
9.	Mia	Van der berg	Hopefield Hoër	Spies		
10.	Esther	Cilliers	La Rochelle	Spies		
11.	Charnè	Swart	Hawston Sek	Spies		
12.	Marise	Malherbe	Paarl Gimnasium	800m		
13.	Alexandra	Quenet	Worcester Gim	800m	1 500m	
14.	Annereen	Malan	Swartland	800m	1 500m	
15.	Sune	Smit	Paarl Gimnasium	Paal		
16.	Taylia	Visagie	Worcester Gim	Verspring	Hoogspring	
17.	Nadia	Van staden	Swartland	Hoogspring		
18.	Kyla	Carstens	Paarl Gimnasium	Hoogspring		
19.	Chesney	Stevens	Worcester Gim	300m h	90m h	
20.	Helene	Swanepoel	Paarl Gimnasium	300m h	400m	
21.	Esti	Burger	Paarl Gimnasium	300m h		
22.	Cherè	Mostert	Parel Vallei	1 500m		
23.	Laura (d14)	Labuschagne	Paarl Gimnasium	1 500m		
24.	Suzaan	Jacobs	Paarl Gimnasium	90m h		
25.	Rochelle	Rossouw	Paarl Gimnasium	90m h		
26.	A	Grain	Klein Nederburg Sek	Verspring		
27.	Marsunet	Breytenbach	Paarl Gimnasium	Verspring		
28.	Chenique	Thys	Bella Vista Sek	Spies		
29.	B	Jordaan	Lutzville	Gewig		
30.	Laura-lee	Erenstzen	La Rochelle	Gewig		
31.	Anmari	Smith	Bloemhof	Gewig		
32.	Christel	Van tonder	Paarl Girls High	100m	200m	400m
33.	Helene	Schaefer	Bloemhof	100m	200m	
34.	Cuinlicya	Titus	Montagu	100m		
35.	Cathy-ann	Morkel	Overberg Hoër	100m	200m	
36.	Danell	Ras	Strand	Verspring		
37.	Marikie	Bruwer	Paarl Gimnasium	400m		
38.	Christine	Bosch	Paarl Gimnasium	400m		
39.	Shannen	Bouwer-bosch	Paarl Gimnasium	200m		
40.	Felrie	Oettle	Paarl Gimnasium	Diskus		
41.	U	Blom	Schoonspruit Sek	Diskus		
42.	Nielke	Matthee	Paarl Gimnasium	Diskus		
43.	Tarinka	Truter	Hugenote	Diskus		
44.	Mardi	Breytenbach	Porterville	Diskus		

### Dogters 17

	Naam	Van	SKOOL	Item 1	Item 2	Item 3
45.	Sune	Swarts	Hawston Sek	Hamer		
46.	Anke	Van dyk	Citrusdal	Hamer		
47.	Juanita	Koen	Strand	Hamer		

48.	Melissa	Meyer	Strand	5km stap		
49.	Alida	Kruger	Hopefield Hoër	5km stap		
50.	Bea	Le roux	Hopefield Hoër	5km stap		
51.	Marcelle	Du plessis	Bloemhof	Hoogspring		
52.	Karin	Burger	Vredendal Hoër	Hoogspring		
53.	Gizelle	De nysschen	HTS Drostyd	Hoogspring		
54.	Gira	Carstens	Rhenish Girls High	400m	800m	
55.	Sunel	Jacobs	Bloemhof	400m	800m	
56.	Suzaan	Broodryk	Paarl Gimnasium	800m		
57.	Janey	Van der merwe	Worcester Gim	1 500m	3 000m	
58.	Annie	Bothma	Bloemhof	3 000m		
59.	Annamart	Laubscher	Parel Vallei	1 500m	3 000m	
60.	Taahirah	Kozain	Paarl Gimnasium	Paal		
61.	Jani	Smit	Paarl Gimnasium	Paal		
62.	Nadia	Gillomee	Hugenote	Paal		
63.	Hibre	Arries	La Rochelle	Paal		
64.	Kulthoom	Gaidien	Paarl Gimnasium	Paal		
65.	Cari	Swart	Bloemhof	Spies		
66.	Sulizma	Schultz	Paarl Gimnasium	Spies		
67.	Marina	Griebenauw	HTS Drostyd	Spies		
68.	Marina	Swanepoel	Paarl Gimnasium	400m	400m h	
69.	Rozaan	Joubert	Montagu	100m h	400m h	
70.	Doreen	Heyns	Bredasdorp Hoër	400m h		
71.	Maryke	Brits	Bloemhof	Verspring	100m h	100m
72.	Mariska	Smit	Bloemhof	100m h		
73.	Lu-mae	Malan	Bloemhof	1 500m		
74.	Annemarie	Wessels	HTS Drostyd	Gewig		
75.	Aletta	Swart	Paarl Gimnasium	Gewig	Diskus	
76.	Tameryn	Kiewiets	Emil Weder Sek	Gewig		
77.	Ciani	Loubser	Hugenote	Verspring	Driesprong	
78.	Courtney	Du plessis	La Rochelle	Driesprong		
79.	Alexa	Norman	La Rochelle	Driesprong		
80.	Francis	Martens	Hermanus Hoër	100m		
81.	Tamryn	Cupido	Paarl Girls High	100m	Verspring	
82.	Charnè	Augustyn	Piketberg	200m	400m	
83.	Saskia	Kotze	Bloemhof	200m	400m	
84.	Chloè	Pheiffer	La Rochelle	Verspring		
85.	Rozane	Meintjies	Overberg Hoër	Spies		
86.	Zelda	Dames	Vredenburg	200m		
87.	Stephanie	Van rooyen	Overberg Hoër	Diskus		
88.	Bea	Fourie	Gansbaai Academia	Diskus		

#### Dogters 19

	Naam	Van	SKOOL	Item 1	Item 2	Item 3
89.	Anke	Uys	Hugenote	Spies	Hamer	
90.	Gerda	Smit	Swellendam Sek	Hamer		
91.	Sonja	Kruger	Dirkie Uys	Hamer		
92.	Monique-ann	Lombaard	La Rochelle	1 500m	3 000m	
93.	Mari	Scott	Vredenburg	3 000m		
94.	Rentia	Retief	Overberg Hoër	3 000m		
95.	Deonita	Phillipus	Worcester Sek	Verspring		
96.	Remina	Stephan	Vredendal Hoër	Verspring	Hoogspring	Diskus
97.	Hanli	Cilliers	Swellendam Hoër	100m	200m	Verspring
98.	Heleen	Malan	Swartland	800m	1 500m	400m h
99.	Heleen	Malan	Swartland	2 000m sc	Driesprong	

100.	Annei	Van wermeskerken	Stellenbosch Hoër	800m	1 500m	
101.	Annei	Kloppers	Stellenbosch Hoër	800m		
102.	Beva	Swartz	Bloemhof	2 000m sc		
103.	Jean-marè	Senekal	Paarl Gimnasium	100m h	400m h	
104.	Rune	Cronje	Bloemhof	400m	400m h	
105.	Sumarie	Claasen	Bloemhof	400m h		
106.	Sandra	Laubscher	Porterville	100m h		
107.	Anke	Lockhorst	Hermanus Hoër	100m h		
108.	Danielle	Koegelenberg	Hopefield Hoër	10km stap		
109.	Inge	Kotze	Stellenbosch Hoër	10km stap		
110.	Bianca	Swanepoel	Hopefield Hoër	10km stap		
111.	Elerie	Koegelenberg	Hopefield Hoër	10km stap		
112.	Bianca	Scanavino	Bredasdorp Hoër	Gewig	Diskus	
113.	Rena	Kriel	Montagu	Gewig		
114.	Lea-nè	Van zyl	Porterville	100m	200m	
115.	Charlene	Hamer-nel	Hottentots Holland Hoër	100m		
116.	Talita	Theart	Overberg Hoër	Hoogspring	Driesprong	
117.	Mari-lena	Joubert	Montagu	Spies		
118.	Dezre	Van schalkwyk	Vredenburg	Hoogspring	Spies	
119.	Bronwyn	Campbell	Parel Vallei	Hoogspring		
120.	Dominique	Scott	Rhenish Girls High	1 500m	3 000m	
121.	Leandri	Groeneveld	Rhenish Girls High	400m		
122.	Marelle	Husfeld	Bloemhof	200m		
123.	Ilse	Louw	Paarl Gimnasium	Diskus		
124.	Marichen	Groenewald	Swartland	Diskus		

#### Seuns 15

	Naam	Van	SKOOL	Item 1	Item 2	Item 3
125.	Duwayne	Boer	Paul Roos Gim	Verspring	Driesprong	
126.	Malcolm	Davis	Lutzville	Verspring		
127.	Heinrich	Buhr	Botrivier Primêr	Verspring		
128.	Erasmus	Du toit	HTS Drostyd	Gewig	Diskus	Hamer
129.	Thomas	Du toit	Hoër Jongensskool Paarl	Gewig	Hamer	
130.	Johan	Louw	Hopefield Hoër	Diskus	Hamer	
131.	Dewald	Louw	Hopefield Hoër	Hamer		
132.	Chriswin	Arendhs	Bredasdorp Hoër	Driesprong		
133.	Allastair	Otto	Porterville	Driesprong		
134.	Hilmer	Bester	Hopefield Hoër	5km stap		
135.	Christopher	Makeleni	Parel Vallei	5km stap		
136.	G	Liebenberg	Klein Nederburg Sek	5km stap		
137.	Llewellyn	Groeneveld	Paul Roos Gim	800m	1 500m	
138.	Jan-hendrik	Theron	Paul Roos Gim	800m	1 500m	
139.	Ryno	Singh	Klein Nederburg Sek	800m		
140.	Neil	Gillomee	Paarl Gimnasium	Paal		
141.	Brendan	De villiers	Hoër Jongensskool Paarl	Paal		
142.	Stef	Malan	Hoër Jongensskool Paarl	Paal		
143.	Dylon	Fairbridge	Paarl Gimnasium	100m h	300m h	
144.	Tiaan	Smit	Paul Roos Gim	100m h	300m h	
145.	Ryan	De wee	Hottentots Holland Hoër	300m h		
146.	Marquin	Solomons	Hoër Jongensskool Paarl	300m h		
147.	Peter-john	Waterboer	Worcester Gim	300m h		
148.	Wehan	Van der merwe	Calvinia	Spies		
149.	Jason	Le roux	Hugenote	Spies		
150.	Bradwill	Cleophas	Schoonspruit Sek	3 000m		
151.	Cheslin	Aford	Citrusdal Primêr	3 00m		

152.	Werner	Martin	Botrivier Primêr	3 000m		
153.	Daylan	Daniels	Paul Roos Gim	100m h	100m	200m
154.	Fernando	Kermis	Hoër Jongensskool Paarl	100m h		
155.	Wayne-lee	Oliphant	Bergrivier Sek	1 500m		
156.	Conrad	Burger	Boland Landbou	Gewig	Diskus	
157.	Dewald	Cook	Paul Roos Gim	Gewig		
158.	Dian	Koen	Overberg Hoër	Gewig		
159.	Vincent	Van voore	Paul Roos Gim	100m		
160.	Darren	Papier	Hoër Jongensskool Paarl	100m	200m	
161.	Dewald	Naude	Hoër Jongensskool Paarl	100m	200m	
162.	Eldren	Van rooyen	New Orleans Sek	100m		
163.	Leaviel (s14)	Gouws	Piketberg	100m	200m	
164.	Vuycini	Hendry	Wellington Sek	Driesprong		
165.	Carlton	Soldaat	Worcester Gim	Hoogspring		
166.	Auldrin	Van wyk	Worcester Sek	Hoogspring		
167.	David	De wet	HTS Drostyd	Hoogspring		
168.	Damian	Cloete	Kylemore	Hoogspring		
169.	Eric	Olwage	Paarl Gimnasium	Diskus		
170.	Alwyn	Lombard	Paarl Gimnasium	400m		
171.	Rally	Fredericks	Swartland	400m		
172.	Clinton	Vlotman	VP	400m		
173.	Damian	Readien	Overberg Hoër	400m		
174.	Malcolm	Don	Hoër Jongensskool Paarl	200m		

#### Seuns 17

	Naam	Van	SKOOL	Item 1	Item 2	Item 3
175.	Willem	Van schalkwyk	Bredasdorp Hoër	Hoogspring		
176.	Roberto	Beyers	HT	Hoogspring		
177.	Marco	Van huysteen	Swartland	Hoogspring		
178.	Percival	Visser		Hoogspring		
179.	Venchesco	Adonis	Hottentots Holland Hoër	3 000m		
180.	Benjamin	Fourie	Swartland	3 000m	2 000m sc	1 500m
181.	Nicolin	Farmer	Albert Myburgh Sek	3 000m		
182.	Prieur	Van der merwe	Robertson Hoër	Hamer		
183.	Isak	De vries	Robertson Hoër	Hamer		
184.	Wayne	Van deventer	Boland Landbou	Hamer		
185.	Marcell	Van der spuy	Hoër Jongensskool Paarl	Hamer		
186.	Emile	Pieterse	Paul Roos Gim	800m		
187.	Jannie	Briers-louw	Paarl Gimnasium	800m		
188.	Erhard	Killowan	New Orleans Sek	400m	800m	
189.	Albert	Korf	Paul Roos Gim	Paal		
190.	Juan	De swart	Paul Roos Gim	Paal		
191.	Dirk	Lutz	Paul Roos Gim	Paal		
192.	Zinraldo	Bosman	Paarl Gimnasium	Paal		
193.	Duncan	Mathews	Swartland	Verspring	400m h	
194.	Geavan	Pietersen	Groenberg Sek	Verspring	Driesprong	
195.	Morne	Goedeman	Paulus Joubert Sek	Verspring		
196.	Schalk	Burger	Paarl Gimnasium	110m h	400m h	
197.	Tiaan	Mouton	Hoër Jongensskool Paarl	400m h		
198.	Jan-louw	Kotze	Paarl Gimnasium	Gewig	Diskus	
199.	Petrus	Uys	Swellendam Hoër	Gewig	Diskus	
200.	Kirk	Jacobs	Hoër Jongensskool Paarl	110m h		
201.	Joseph	Sellar	Overberg Hoër	110m h		
202.	Arno	Smit	Hoër Jongensskool Paarl	1 500m		
203.	Marco	Jansen	Jurie Hayes Primêr	1 500m		

204.	Timothy	Cleophas	Hopefield Hoër	10km stap		
205.	Willezano	Theron	Hopefield Hoër	10km stap		
206.	Ghanton	Cesar	Worcester Gim	10km stap		
207.	Stefan	Louw	HTS Drostdy	10km stap		
208.	Johannes	Swart	Boland Landbou	Diskus		
209.	Wernich	Singleton	Paul Roos Gim	Diskus		
210.	Bradley	Erasmus	Hopefield Hoër	10km stap		
211.	Andrew	Beerwinkel	Porterville	Diskus		
212.	Wesley	Adonis	Hoër Jongensskool Paarl	Diskus		
213.	Henrico	Bruintjies	Klein Nederburg Sek	100m	200m	
214.	Kurtley	Du plessis	Hoër Jongensskool Paarl	100m	200m	
215.	Arthur	Festus	Hoër Jongensskool Paarl	100m		
216.	Kyle	Leukes	Swartland	100m		
217.	Hilford	Clarke	Worcester Sek	100m		
218.	Quinton	Dowie	Albert Myburgh Sek	Driesprong		
219.	Grantham	Davids	Groenberg Sek	Driesprong		
220.	Jade	Smith	Emil Weder Sek	Driesprong		
221.	Daniel	Du toit	Paarl Gimnasium	Spies		
222.	Johannes	Peers	Hoër Jongensskool Paarl	Spies		
223.	Louis	Scheepers	Hexvallei	Spies		
224.	Jacques	Rossouw	Piketberg	Spies		
225.	Willem	Viljoen	HTS Drostdy	Spies		
226.	Lorenzo	Adams	Swartland	200m	400m	
227.	Tiaan	Schoeman	Calvinia	400m		
228.	Warren	De kock	Cloetesville Sek	400m		
229.	Jayden	Flagg	Parel Vallei	400m		
230.	Mzwandile	Qashani	Desmond Tutu Sek	200m		
231.	Gerhard	Fortuin	Charleston Hill Sek	2 000m sc		
232.	Sherigo	September	Bergrivier Sek	2 000m sc		

### Seuns 19

233.	Naam	Van	SKOOL	Item 1	Item 2	Item 3
234.	Ignatius	Davids	Groenberg Sek	5 000m	1 500m	
235.	Willem	Kaptein	Robertson Hoër	5 000m		
236.	Shaun	Lekay	Langeberg Sek	5 000m		
237.	Ferdi	Geldenhuis	Boland Landbou	800m	1 500m	
238.	Marshall	Rooi	Weltevrede Sek	800m		
239.	Jeremy	Papier	Worcester Sek	800m		
240.	Luvo	Nkewu	Hoër Jongensskool Paarl	110m h	Hoogspring	
241.	Carl	Van eeden	Hoër Jongensskool Paarl	Hoogspring		
242.	Hein	Smit	Strand	Hoogspring		
243.	Tertius	Bruwer	Robertson Hoër	Hamer		
244.	Renaldo	Frechou	Hoër Jongensskool Paarl	Hamer		
245.	Freddie	Boonzaaier	Hoër Jongensskool Paarl	Hamer		
246.	E j	Du toit	Bredasdorp Hoër	Gewig	Diskus	
247.	Pieter-steph	Du toit	Swartland	Gewig	Diskus	
248.	Carlin	Carolissen	Klein Nederburg Sek	Diskus		
249.	Ruaan	Van wyk	Paul Roos Gim	Paal	100m	
250.	Samuel	Pellissier	Paul Roos Gim	Paal		
251.	Ben	Vd westhuizen	Hoër Jongensskool Paarl	Paal		
252.	Pierre	Vermeulen	Paul Roos Gim	Paal		
253.	Leroy	Bitterhout	Klein Nederburg Sek	200m	400m	400m h
254.	Herman	Langenhoven	Swellendam Hoër	200m	400m h	
255.	John-william	Durr	Swartland	110m h	400m h	
256.	Lyndon	De vries	Mispah	10km stap		

257.	Brent	Adams	Hopefield Hoër	10km stap		
258.	Albert	Smit	Paul Roos Gim	110m h		
259.	Van zyl	Horn	Porterville	Hamer		
260.	Fernandez	Sebonicke	Langeberg Sek	1 500m		
261.	Trevor	Lane	Bergrivier Sek	1 500m	3 000m sc	
262.	Edward	Edons	Swellendam Sek	Driesprong	Verspring	
263.	Clint	Reid	Paul Roos Gim	Driesprong		
264.	Heinwille	Oerson	Lutzville	Driesprong	Verspring	
265.	Benjamin	Harmse	Hopefield Hoër	Spies		
266.	Pierre	Van rhyn	Augsburg Landbou Gim	Spies		
267.	Jeremi	Swanepoel	Paul Roos Gim	Spies		
268.	Hendrik	Mathese	Schoonspruit Sek	100m		
269.	Devon	Williams	Hoër Jongensskool Paarl	100m		
270.	Mervin	Coert	Bredasdorp Hoër	100m		
271.	Virgil	Philander	Worcester Gim	100m	200m	
272.	Alrico	Retief	Swartland	Gewig		
273.	Rian	Lategan	Hugenote	Gewig		
274.	Solms	Dykman	Paul Roos Gim	400m		
275.	M	Kraziya	Kyamandi Sek	400m		
276.	Luvo	Manyonga	Desmond Tutu Sek	Driesprong	Verspring	
277.	Stefan	Brits	Paul Roos Gim	Verspring		
278.	Lochner	Slabbert	Hoër Jongensskool Paarl	3 000m sc		
279.	Morne	Louw	Paarl Gimnasium	3 000m sc		

## COMPETITION PROGRAMME

### WESTERN CAPE SCHOOLS ATHLETICS PROVINCIAL SECONDARY SCHOOLS TRACK & FIELD CHAMPIONSHIPS - 2010

FIRST DAY OF COMPETITION - FRIDAY 12 MARCH 2010						
	No	Time	Group	Event		
	1	15:30	Boys 15	Pole vault	Final	
	2	15:30	Boys 19	400m Hurdles	Heats	
	3	15:35	Boys 17	400m Hurdles	Heats	
	4	15:40	Girls 19	400 m Hurdles	Heats	
	5	15:45	Girls 17	400m Hurdles	Heats	
	6	15:55	Boys 15	300m Hurdles	Heats	
	7	16:00	Boys 17	Hammer Throw	Final	
	8	16:00	Girls 15	300m Hurdles	Heats	
	9	16:05	Girls 15	5000m Walk	Final	
	10	16:15	Boys 17	Pole vault	Final	
	11	16:30	Boys 15	Hammer Throw	Final	
	12	16:45	Boys 15	5000m Walk	Final	
	13	17:00	Boys 19	Pole vault	Final	
	14	17:00	Girls 19	Hammer Throw	Final	
	15	17:00	Girls 17	Hammer Throw	Final	
	16	17:30	Girls 15	Pole vault	Final	
	17	17:30	Girls 17	5000m Walk	Final	
	18	18:00	Girls 17	Pole vault	Final	
	19	18:00	Girls 19	Pole vault	Final	
	20	18:00	Boys 17	10 000m Walk	Final	
	21	19:00	Girls 19	10 000m Walk	Final	
	22	19:00	Boys 19	10 000m Walk	Final	
	23	20:00	Boys 19	400m Hurdles	Final	
	24	20:05	Boys 17	400m Hurdles	Final	
	25	20:10	Girls 19	400 m Hurdles	Final	
	26	20:15	Girls 17	400m Hurdles	Final	
	27	20:25	Boys 15	300m Hurdles	Final	
	28	20:30	Girls 15	300m Hurdles	Final	
SECOND DAY OF COMPETITION - SATURDAY 13 MARCH 2010						
	29	08:00	Girls 15	90m Hurdles	Heats	
	30	08:00	Boys 19	Triple Jump	Final	
	31	08:00	Girls 17	Long Jump	Final	

	32	08:00	Boys 15	High Jump	Final	
	33	08:00	Girls 15	High Jump	Final	
	34	08:00	Girls 15	Javelin	Final	
	35	08:00	Girls 17	Shot-put	Final	
	36	08:00	Boys 15	Shot-put	Final	
	37	08:00	Boys 19	Discus	Final	
	38	08:10	Boys 15	100m Hurdles	Heats	
	39	08:15	Girls 17	100m Hurdles	Heats	
	40	08:20	Girls 19	100m Hurdles	Heats	
	41	08:30	Boys 17	110m Hurdles	Heats	
	42	08:35	Boys 19	110 M Hurdles	Heats	
	43	08:40	Girls 15	800m	Final	
	44	08:45	Boys 15	800m	Final	
	45	08:50	Girls 17	800m	Final	
	46	08:55	Boys 17	800m	Final	
	47	09:00	Girls 19	800m	Final	
	48	09:00	Girls 15	Triple Jump	Final	
	49	09:00	Boys 17	Long Jump	Final	
	50	09:00	Girls 19	Javelin	Final	
	51	09:00	Boys 17	Shot-put	Final	
	52	09:00	Girls 19	High Jump	Final	
	53	09:00	Boys 17	High Jump	Final	
	54	09:00	Girls 19	Discus	Final	
	55	09:00	Girls 15	Shot-put	Final	
	56	09:05	Boys 19	800m	Final	
	57	09:10	Girls 15	100m	Heats	
	58	09:15	Boys 15	100m	Heats	
	59	09:20	Girls 17	100m	Heats	
	60	09:25	Boys 17	100m	Heats	
	61	09:30	Girls 19	100m	Heats	
	62	09:35	Boys 19	100m	Heats	
	63	09:40	Girls 19	3000m	Final	
	64	09:45	Boys 17	3000m	Final	
	65	10:00	Girls 17	3000m	Final	
	66	10:00	Boys 15	Triple Jump	Final	
	67	10:00	Boys 15	Javelin	Final	
	68	10:00	Boys 17	Discus	Final	
	69	10:00	Boys 19	Long Jump	Final	
	70	10:00	Boys 17	Javelin	Final	
	71	10:00	Girls 17	High Jump	Final	

	72	10:00	Girls 19	Shot-put	Final	
	73	10:00	Boys 19	Shot-put	Final	
	74	10:15	Boys 15	3000m	Final	
	75	10:30	Girls 15	100m	Final	
	76	10:30	Boys 19	High Jump	Final	
	77	10:33	Boys 15	100m	Final	
	78	10:36	Girls 17	100m	Final	
	79	10:39	Boys 17	100m	Final	
	80	10:42	Girls 19	100m	Final	
	81	10:45	Boys 19	100m	Final	
	82	10:50	Boys 17	2000m SC	Final	
	83	11:00	Girls 19	Triple Jump	Final	
	84	11:00	Girls 15	400m	Heats	
	85	11:00	Girls 15	Discus	Final	
	86	11:00	Girls 15	Long Jump	Final	
	87	11:00	Girls 17	Javelin	Final	
	88	11:05	Boys 15	400m	Heats	
	89	11:10	Girls 17	400m	Heats	
	90	11:15	Boys 17	400m	Heats	
	91	11:20	Girls 19	400m	Heats	
	92	11:25	Boys 19	400m	Heats	
	93	11:30	Boys 19	5000m	Final	
	94	11:50	Girls 15	90m Hurdles	Final	
	95	11:55	Boys 15	100m Hurdles	Final	
	96	12:00	Girls 17	Triple Jump	Final	
	97	12:00	Girls 17	100m Hurdles	Final	
	98	12:00	Boys 15	Long Jump	Final	
	99	12:00	Boys 15	Discus	Final	
	100	12:00	Boys 19	Javelin	Final	
	101	12:05	Girls 19	100m Hurdles	Final	
	102	12:10	Boys 17	110m Hurdles	Final	
	103	12:15	Boys 19	110m Hurdles	Final	
	104	12:20	Girls 15	200m	Heats	
	105	12:25	Boys 15	200m	Heats	
	106	12:30	Girls 17	200m	Heats	
	107	12:35	Boys 17	200m	Heats	
	108	12:40	Girls 19	200m	Heats	
	109	12:45	Boys 19	200m	Heats	
	110	12:50	Boys 19	3000m SC	Final	
	111	13:00	Girls 15	400m	Final	

	112	13:00	Girls 17	Discus	Final	
	113	13:00	Girls 19	Long Jump	Final	
	114	13:00	Boys 17	Triple Jump	Final	
	115	13:05	Boys 15	400m	Final	
	116	13:10	Girls 17	400m	Final	
	117	13:15	Boys 17	400m	Final	
	118	13:20	Girls 19	400m	Final	
	119	13:25	Boys 19	400m	Final	
	120	13:30	Girls 15	1500m	Final	
	121	13:38	Boys 15	1500m	Final	
	122	13:46	Girls 17	1500m	Final	
	123	13:54	Boys 17	1500m	Final	
	124	14:09	Girls 19	1500m	Final	
	125	14:17	Boys 19	1500m	Final	
	126	14:20	Girls 15	200m	Final	
	127	14:25	Boys 15	200m	Final	
	128	14:30	Girls 17	200m	Final	
	129	14:35	Boys 17	200m	Final	
	130	14:40	Girls 19	200m	Final	
	131	14:45	Boys 19	200m	Final	